Family Planning Curriculum

University of Alabama at Birmingham
Department of Obstetrics and Gynecology
Family Planning Curriculum

Program Goal/Objectives: The goal of this program is to increase the quality of resident training and education in components of family planning. This program will counter the training limitations with increased didactic learning and increased experience in medically indicated procedures.

ACGME Obstetrics and Gynecology Program Requirement IV.A.2.d) states:
> No program or resident with a religious or moral objection shall be required to provide training in or to perform induced abortions. Otherwise, access to experience with induced abortion must be part of residency education. This education can be provided outside the institution. Experience with management of complications of abortion must be provided to all residents. If a residency program has a religious, moral, or legal restriction that prohibits the residents from performing abortions within the institution, the program must ensure that the residents receive satisfactory education and experience in managing the complications of abortion. Furthermore, such residency programs (1) must not impede residents in the programs who do not have religious or moral objections from receiving education and experience in performing abortions at another institution and (2) must publicize such policy to all applicants to those residency programs.

Resident Training Program
- There currently are 8 residents per year in the program.
- The residents will participate in the Family Planning Service during all four years of their training.

Course Objectives: The residents will be able to successfully manage the following procedures and situations:

- **First year** –
  - Basic contraception counseling
  - IUD insertion/removal
  - Implanon insertion/removal
  - Manual uterine aspiration (MUA) for medical indications
  - Dilation and curettage for medical indications
  - Pre-procedural counseling

- **Second year** –
  - Consultative services for ED regarding early pregnancy assessment
  - Consultative services for inpatients regarding contraception and medically indicated termination of pregnancy
  - Ultrasound in early pregnancy management
  - MUA in ED and office settings for medical indications
  - Dilation and curettage for medical indications
  - Pre-procedural counseling

- **Third year** –
  - Medically complicated contraceptive counseling and management
  - Supervisory role for PGY 1 and 2 in MUA use and other procedures
Ultrasound in early pregnancy management
Dilation and evacuation for medical indications
Pre-procedural counseling

Fourth year –
Medically complicated contraceptive counseling and management
Supervisory role for PGY 1, 2, and 3 in MUA use and other procedures
Ultrasound in early pregnancy management
Dilation and evacuation for medical indications
Pre-procedural counseling

Faculty Contacts

Director - Sabrina Wyatt, M.D., Assistant Professor
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Asst Director - Margaret Boozer, M.D., Assistant Professor
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Textbooks

- CDC – US Selected Practice Recommendations for Contraceptive Use, 2013 (Free download at CDC.gov – CDC eBook – Requires eReader app of your choice)

Reading Assignments (2 year rotating curriculum)

YEAR 1

Early Pregnancy Assessment

Miscarriage Management
- Chapter 17: Pregnancy Loss.
Medical Abortion
- Chapter 9: Medical Abortion in Early Pregnancy

Surgical Abortion
- Chapter 10: First Trimester Aspiration Abortion.
- Chapter 11: Dilation and evacuation.

Complication Management
- Chapter 15: Surgical Complications: Prevention and Management.

YEAR 2

Contraception – Overview and Reference Materials
- CDC Contraception Smart Phone Application: US Medical Eligibility Criteria

Contraception – Hormonal
- Emergency Contraception. ACOG Practice Bulletin 112. 2010
- Noncontraceptive Uses of Hormonal Contraceptives. ACOG Practice Bulletin 110. 2010
Use of Hormonal Contraception in Women with Coexisting Medical Conditions. *ACOG Practice Bulletin 73.* 2006


Depot Medroxyprogesterone Acetate and Bone Effects. *ACOG Committee Opinion 415.* 2008

**Contraception – LARC/Sterilization**

- Benefits and Risks of Sterilization. *ACOG Practice Bulletin 133.* 2013

**Contraception – Barrier/Other**