Reproductive Health (Family Planning) Selective
@ Johns Hopkins Bayview Medical Center

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Description:
The Family Planning section provides contraceptive and pregnancy termination services in a variety of outpatient settings. Students on service gain additional exposure to long term contraceptive methods (i.e. IUDs and implants), sterilization, contraceptive counseling and pregnancy options counseling. Students have the opportunity to observe both elective and medically indicated first and second trimester abortion procedures.

Students choosing the Family Planning selective will participate in all family planning and pregnancy termination clinics which occur during their two week rotation. The student is paired with the second year Family Planning Fellow under the direct supervision of a family planning faculty member. Students will receive individualized instruction on contraceptive counseling and pregnancy options counseling. Students will gain further experience in contraceptive counseling and performing preoperative histories and gynecologic physical exams. Students will observe pregnancy terminations and be exposed both surgical and medication abortion. Clinics are held at Johns Hopkins Hospital Outpatient Center, Johns Hopkins Bayview Medical Office, and at Planned Parenthood.

The selective includes dedicated time to complete reading assignments and research. Students are expected to give a 15 minute oral presentation at the end of their selective on a topic relevant to family planning.

A sample student schedule is noted below:

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<th>Wk 1</th>
<th>Monday</th>
<th>Tuesday</th>
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<th>Thursday</th>
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<tbody>
<tr>
<td>AM</td>
<td>Family Planning Clinic @ Bayview</td>
<td>Longitudinal clinic or reading</td>
<td>Therapeutic Abortion clinic @ Bayview</td>
<td>Fertility Control Clinic @ JHOC</td>
<td>Longitudinal clinic, AM surgery, or reading</td>
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<tr>
<td>PM</td>
<td>Planned Parenthood 330 N. Howard St</td>
<td></td>
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<td>Attend abortion procedures</td>
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**Family Planning Selective Objectives:**

*In addition to the core OB objectives, on completion of your Family Planning selective you should be able to:*

1. Understand the techniques for surgical and nonsurgical termination of pregnancy
2. Discuss potential complications of surgical abortion (i.e. uterine perforation, hemorrhage, infection)
3. Understand the basic mechanisms, efficacy and side-effects of available contraceptive methods
4. Demonstrate knowledge of appropriate contraceptive methods for women with medical problems.
5. Demonstrate understanding of the complexities involved in decision making for women facing an unintended pregnancy or an abnormal pregnancy.

**Student Responsibility/Expectations:**

1. Participation in values clarification exercise at start of selective
2. Attend procedures and all assigned clinics
   a) Scheduling conflicts should be discussed with Dr. Fox in advance
3. Reading assignments (Posted on Blackboard)
   a) ACOG Practice Bulletins:
      i) IUD, Medical abortion, Contraception for women with medical disorders
   b) Fact Sheet: Epidemiology of Abortion in the U.S.
   c) Fact Sheet: Epidemiology of Abortion Worldwide
   d) Chapter 15 National Abortion Federation Text (complications of abortion)
4. Complete Post-test (20 questions, open-book) and return to Dr. Fox by end of the selective
5. Log pelvic examinations, contraceptive counseling, and STI screening on OASIS Patient Experience Log
6. Attend Grand Rounds
7. Presentation (~15 min) to faculty, fellow and available residents on family planning topic of student’s choice