



Home > News > Maryam Guiahi, MD, MSc

News

Chair's Blog

Department Highlights

- Administrative Highlights
- Education Highlights
- Family Planning Highlights
- General Ob-Gyn Highlights
- Gynecologic Oncology Highlights
- MFM Highlights
- REI Highlights
- Reproductive Sciences Highlights
- Strategic Planning Updates
- Urogynecology Highlights

Spotlight

- Majik Abidzhanova, MBA
- Beth Bailey, PhD
- Brittney Bastow, MD
- Benjamin Bitler, PhD
- Christine Conageski, MD
- Maryam Guiahi, MD, MSc
- Saketh Guntupalli, MD
- Terry Harper, MD
- M. Camille Hoffman, MD, MSCS
- Patricia Huguelet, MD
- Deborah Jackson, MEd
- Daniel Jacobson, MD
- Josh Johnson, PhD
- Fredrick Rosario Joseph, PhD
- Cathy Kenworthy, BS
- Rajendra Kumar, PhD
- Darren Lange
- Ramón Lorca, PhD
- Alexandra (Lexa) Mackie, BA
- Torri Metz, MD, MSCI
- Tyler Muffly, MD
- Shonna Murray, MD
- Christine Raffaelli, BA
- Alejandro Rojas-Sosa, MBA, MHA
- Kirstin Runa, MA
- Emily Su, MD

FACULTY SPOTLIGHT



Maryam Guiahi, MD, MSc Assistant Professor, Department Obstetrics and Gynecology

Maryam Guiahi, MD, MSc completed her undergraduate training at Cornell University and trained in obstetrics and gynecology at Loyola University in Chicago. She was sub-specialty trained in contraception and family planning at Columbia University where she also received a Master's of Science in Epidemiology in order to have a broader public health perspective on women's healthcare.



What motivated you to choose to become an Ob-Gyn?

I have always been attracted to the field of women's health, but it was the very first day of my third year medical school clerkship that solidified this desire. I remember being on call and running from room to room delivering babies at a busy hospital. The residents told me to lay down around 5 am and I remember the rush of adrenalin and knowing in that moment that this was the field for me.

What brought you to the University of Colorado General Obstetrics & Gynecology and Family Planning teams?

I came to UCH for the mentorship I knew I would gain from Dr. Stephanie Teal and Dr. Jeanelle Sheeder. I also appreciated the collaborative nature of the UWC division and the more laid back mentality (compared to the east coast).

Which particular award or achievement is the most gratifying to you?

This year, I was awarded a Ryan Residency training program grant to train the St. Joseph Hospital residents in all aspects of family planning, including abortion. This interest stems from my own training experience at a Catholic hospital where I was unable to place LARC methods, perform tubals, or provide abortion care.



What would you consider to be the most significant discovery/innovation in the past 10 years for the field of Women's Care?

The Levonogestrel IUD (of course)!

What techniques do you use to manage your time effectively?

I am all about my paper calendar where I constantly update my list of things to do. Every check of a box motivates me to get the next item done!

What is the best advice you have ever received?

To focus on the impact my work has, not on the recognition I might receive for it.

What are some of your future goals and plans for your

Michael Zaretsky, MD

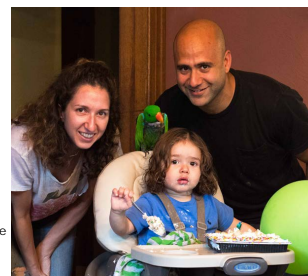
Newsletter

Research News

ARC Updates
 Metrics
 Policy Updates
 Research Support
 Resources

career?

It is a primary goal of mine to ensure that all residents throughout the country, regardless of what hospital they primarily train at, get comprehensive family planning training. I hope to extend the model at Saint Joseph Hospital to all Catholic and faith-based residency programs throughout the country. I received a career grant this year to address this goal, which involves conducting a needs assessment of the program directors at such programs. I also hope that my research will impact policies related to the provision of women's health care at Catholic healthcare facilities.



If you could do another job for just one day, what would it be?

I used to always say I wanted to be a back-up dancer for Janet Jackson, but given that she is 50 and pregnant, I'll settle for Selena Gomez.

Where can you most often be found on a weekend?

At Cheesman park with my son Sylas.



What is your favorite book/movie?

Dirty Dancing. I have watched it a million times and I am sure it has played an unconscious role in becoming an abortion provider.

What is the one thing you couldn't live without?

Pizza



School of Medicine Home	Affiliate/Partner Hospitals	Administrative Toolbox	Find a Researcher
Apply Now	CU Medicine	A-Z Index	Maps and Parking
Contact Us	Giving	AMC Library	Email
Alumni	Calendar	Anschutz Medical Campus	 
Departments	Find a Health Care Provider	Campus Directory	