

# Stephanie Teal, MD

## Professor, Ob/Gyn-Family Planning

Division Chief  
Fellowship Director

Clinic (720) 848-1600

 Print Profile

 Email Profile



**Gender:** Female

**Languages:** Spanish, English

**Department, Section/Division:**

Ob/Gyn-Family Planning

Pediatrics-Adolescent Medicine

## Practice Locations

### UCH - Anschutz Outpatient Pavilion

1635 Aurora Ct

Aurora, CO 80045

720-848-0000

More providers at this location

### Hospital Affiliation

- University of Colorado Hospital

## Specialty Information

### Specialties

- Obstetrics and Gynecology, Board Certification (2001,2010)
- Family Planning, Specialized Training (2003)

### Conditions & Treatments

- **Child and Teen Health**
  - Teen Health
- **Pregnancy and Reproduction**
- **Women's Health**
  - Women's Health - Adolescent Reproductive Health - Adolescent Gynecology
  - Women's Health - Contraception

### Clinical Interest for Patients

I have always been passionate about promoting reproductive health for all women. As director of the Special Contraception Clinic, I concentrate on safe and highly effective birth control for women with a variety of medical disorders, from lupus, to diabetes, to cystic fibrosis. We also excel at providing contraception for patients with other complex needs, such as adolescents or those with developmental disability. I provide in-office awake sterilization procedures, traditional sterilization in the OR, and management of miscarriage or abnormal pregnancy.

**Care Philosophy**

I believe that the health care that works for the patient is the one that is consistent with her beliefs, values, and needs, and recognize that reproductive health needs of women evolve over time.

**Personal Interests**

In my spare time, I enjoy hiking, reading, and biking with my children.

**Volunteer Activities**

As a professional educator/clinician, I teach about Women's Health to community groups, at churches and synagogues, and to professional organizations of midwives, nurse practitioners and physicians. I am the Medical Consultant for the Family Planning Program of the Colorado Department of Public Health.

**Public Speaking**

Yes

I am frequently asked to speak on topics related to adolescent development, new birth control options, immediate post-partum birth control, birth spacing, and long-acting contraceptive methods.

## Education & Training

**Medical Schools:**

- MD, University of California, San Francisco, School of Medicine (1994)

**Graduate Schools:**

- MPH, Columbia University (2003)

**Undergraduate Schools:**

- BS, Stanford University (CA) (1989)

**Internships:**

- University of California (San Diego) Program (1995)

**Residency Program:**

- University of California (San Diego) Program, Chief Resident (1998)

**Fellowships:**

- New York Presbyterian Hospital (Columbia Campus) Program, Obstetrics and Gynecology (2003)

## Recognition & Awards

- Excellence in Resident Education Award, University of Colorado Chief Resident Class, (2010)

- Dorothea Howe Award , Freedom Fund of Colorado, (2008)  
*Promoting reproductive health for financially disadvantaged women*
- Alex Lukens Faith and Freedom Award, Religious Coalition for Reproductive Choice, (2006)

## Professional Memberships

- American College of Obstetricians and Gynecologists, Fellow
- Association of Reproductive Health Professionals, Member
- Colorado Gynecology and Obstetrics Society, Member
- Society of Family Planning, Fellow, Secretary to President

## Research & Grants

[http://www.ncbi.nlm.nih.gov/pubmed?term="Teal SB"\[Author\]](http://www.ncbi.nlm.nih.gov/pubmed?term=)

### Research interests for Patients:

My research interests are in ambivalence towards pregnancy and its effect on contraceptive use, adolescents and the use of long-acting birth control methods, long-acting contraception after pregnancy termination, and contraceptive decision-making in diabetics.

## Information for Referring Providers

### Clinical Interests for Referring Providers

I have always been passionate about promoting reproductive health for all women. As director of the Special Contraception Clinic, I concentrate on safe and highly effective contraception for women with a variety of medical disorders, such as lupus and other rheumatologic disorders, diabetes, cystic fibrosis, coagulation and thrombosis disorders, and cancer. We also excel at providing contraception for patients with other complex needs, including adolescents, the developmentally disabled, or morbidly obese. I provide in-office awake sterilization procedures, traditional sterilization in the OR, and management of miscarriage or abnormal pregnancy.

### Research Interest for Referring Providers

My research interests are in ambivalence towards pregnancy and its effect on contraceptive use, adolescents and the use of long-acting contraceptives, long-acting contraception after pregnancy termination, and contraceptive decision-making in diabetics.

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