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# UNC DEPARTMENT OF OBSTETRICS & GYNECOLOGY

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## Family Planning

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## Fellowship in Family Planning

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## Overview of Program

The University of North Carolina at Chapel Hill Fellowship in Family Planning started in July 2009.

The UNC Family Planning Fellowship provides individualized mentorship and exceptional clinical, educational, and research training. UNC-Chapel Hill is one of the top Universities in the country and thrives on interdisciplinary research and scholarship.

## Clinical Training

### Abortion

1. Comprehensive academic abortion clinic that includes management of induced and spontaneous abortions for social indications, maternal health, fetal indications. This academic clinic serves as a referral center for physicians and abortion clinics throughout the state of North Carolina. We provide an integrated service with additional expert medical, social, psychological/psychiatric, genetic and Maternal-Fetal-Medicine collaboration when needed/wanted by the patient or the physicians.
2. Outpatient abortion clinic training throughout both years of the fellowship.

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## Contraception and Sterilization

1. Comprehensive academic family planning/contraception clinics that are fellow-run, under supervision/consult by the family planning attending. These are teaching clinics that include a medical student and resident. These clinics serve as a referral center for community and UNC physicians, and state health department clinics for management of complicated contraception such as difficult IUD insertions or removals, implant removals and insertions, other consults, and sterilization counseling and surgery scheduling.

## General Gynecology

Family Planning Fellows have the official position of "Instructor" and thus they are credentialed as independent practicing gynecologists. As such they have full admitting and surgical privileges as a general gynecologist. All Family Planning Fellows participate in the general gynecology night and weekend call pool (2 to 3 nights a month). Fellows also are faculty for the benign gynecology service 3 to 4 weeks a year. During this time fellows have the opportunity to run their own gynecology service, teach and operate with residents and medical students.

## Obstetrics

Obstetrics is not included in the Family Planning Fellow activities. If a Fellow definitely wants to be able to include obstetrics in their clinical practice during fellowship then UNC is probably not the best choice.

## Masters Degree Options

The University of North Carolina at Chapel Hill is consistently ranked in the top three public health schools in the country. Fellows who do not already have an MPH or related degree are encouraged to enroll in the [Master's of Science in Clinical Research](#), however other Master's degree options are available through the School of Public Health including Maternal Child Health, Health Education and Health Policy.

## Research Opportunities

There are multiple research opportunities available to the Fellow throughout the UNC-CH campus given the strength of collaboration and multidisciplinary approach to teaching, learning and research at UNC Chapel Hill. Faculty and fellows in family planning at UNC are currently, or have in the past, collaborated with the following entities at UNC:

- [Eshelman School of Pharmacy](#)
- [Center for AIDS Research](#)
- [UNC Maternal-Fetal-Medicine](#)
- [UNC Global Women's Health](#)
- [Center for Maternal and Infant Child Health](#)
- [Wake Medical Center Obstetrics and Gynecology](#)

- [Wake County Health Department](#)
- [Health Behavior in the Gillings Global School of Public Health](#)
- [The Odum Institute](#)

## Mentorship

Mentorship is provided by regular standing meetings with fellowship faculty, and in weekly and monthly group meetings. Additional mentorship is provided for fellows through the other courses they take as part of their didactic training.

## Recent Publications

### Recent Publications

#### [Hormonal contraception, breastfeeding, and bedside advocacy: the case for patient-centered care.](#)

Hormonal contraception, breastfeeding, and bedside advocacy: the case for patient-centered care. Contraception. 2018 Nov 10;: Authors: Bryant AG, Lyerly AD, DeVane-Johnson S, Kistler CE, Stuebe AM Abstract Postpartum contraceptive decision-making is complex, and recommendations may be influenced by breastfeeding intentions. While biologically plausible, concerns about the adverse impact of hormonal contraception on breast milk production [...]

## UNC DEPARTMENT OF OBSTETRICS & GYNECOLOGY

Visit [this page](#) for clinic phone numbers or to make an appointment.

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