



February 26, 2018 · CMA

Doc Spotlight of the Week: Dr. Caroline Romanos



Doctor Caroline Romanos

Where you were born and/raised?

I was born and raised in a town of 2000 people in Northwestern Connecticut.

What was your first job?

My first job was working in the cafeteria at the Yale Summer School of Art and Music. I was horrible at it and didn't last very long. Looking back this seems odd to me considering how much I love cooking now.

What made you decide to be a physician?

I decided to be a physician and ultimately a family physician for a very cliché reason. I felt that medicine was the best way to help people. I think I made the right decision.

What hobbies do you participate in your free time?

I love cooking and baking.

What would you like your fellow CMA physicians to know about you?

I speak Spanish and I love seeing Spanish speaking patients.

What is your favorite thing to do in the Winter?

It's repetitive but...bake!!

In your opinion, which animal is the best animal?

I am not an animal person, to the great dismay of my partner who feels very deprived of a dog in our home.

Why did you choose to serve as a delegate?

I think that I can help my patients one by one in my daily practice but the best way to make change on a population level is to participate in advocacy activities.



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