



Sierra Washington, MD, FACOG

Obstetrician/Gynecologist

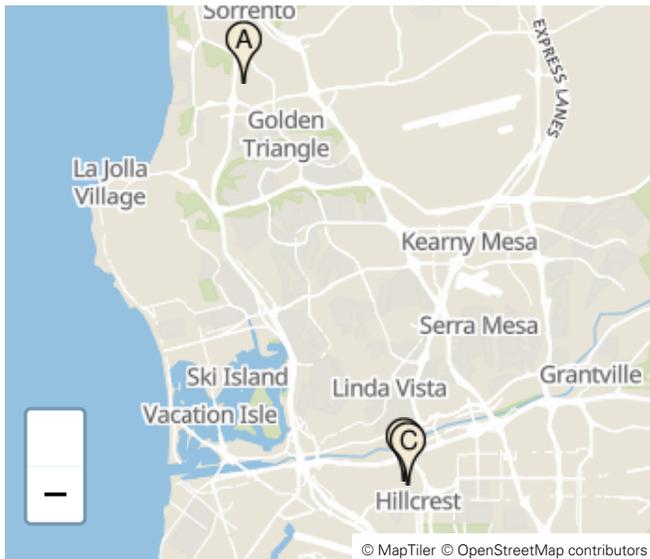
Associate Professor of Obstetrics, Gynecology, and Reproductive Sciences

Obstetrics & Gynecology (*Primary Specialty*)



[No Rating Available?](#)

## Practice Locations



[Jacobs Medical Center](#)  
 UC San Diego Health - La Jolla  
 9300 Campus Point Drive  
 La Jolla, CA 92037

[Hillcrest - UC San Diego Medical Center](#)  
 UC San Diego Health - Hillcrest  
 200 West Arbor Drive  
 San Diego, CA 92103

[Hillcrest - Medical Offices South](#)  
 UC San Diego Health - Hillcrest  
 Medical Offices South  
 4168 Front Street  
 San Diego, CA 92103

### Contact Numbers

New Patient Registration:

(800) 926-8273

Direct Clinic Line - Hillcrest:

(619) 543-7878

Direct Clinic Line - La Jolla:

(858) 249-5900

#### About Sierra Washington, MD, FACOG

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##### Bio

Sierra Washington, MD, is a board-certified obstetrician and gynecologist who provides labor and delivery care at UC San Diego Health. Dr. Washington sees patients at the Hillcrest campus for prenatal care and family planning services. She aims to provide a holistic approach to patient care and a natural birthing experience for parents and their newborns within Hillcrest and Jacobs Medical Center's state-of-the-art obstetrical environment.

At UC San Diego School of Medicine, she is an associate professor in the Department of Obstetrics, Gynecology, and Reproductive Sciences, where she instructs OB/GYN residents in the areas of contraception and abortion. She also teaches and supervises residents in the inpatient setting.

Dr. Washington has published numerous articles and her work has appeared in *International Journal of Gynecology Obstetrics* and *Journal of Acquired Immune Deficiency Syndromes*, among others. She has spoken regionally, nationally and internationally on a range of topics, including HIV and pregnancy and prevention of mother to child transmission of HIV in the U.S. and abroad.

Her experience also includes working as a physician in sub-Saharan Africa, where she helped fight the HIV epidemic. She has worked for many years at the intersection of HIV and reproductive health in countries such as Zambia, Cameroon, Kenya, Rwanda, and Tanzania.

Dr. Washington completed a residency in obstetrics and gynecology at the UC San Francisco School of Medicine, where she also served as chief resident. She earned her medical degree from Harvard Medical School and holds a Master of Science in Public Health from London School of Hygiene & Tropical Medicine. She is board certified in obstetrics and gynecology and is a fellow of the American College of Obstetricians and Gynecologists (ACOG).

Outside of work Dr. Washington enjoys music and dancing. She speaks fluent French and Spanish and is conversant in Swahili and Portuguese.

**UC San Diego Health Links**

For more information, see [Pregnancy and Childbirth](#).

Gender

Female

Date Joined Staff

2/16/2016

Languages Spoken

French

Spanish

## Education

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Master's Degree

London School of Hygiene & Tropical Medicine, London, UK

Medical Degree

Harvard Medical School, Boston, MA

Residency

UC San Francisco, School of Medicine, San Francisco, CA

Board Certifications

American Board of Obstetrics and Gynecology

Treatments and Conditions

Family Planning

Natural Birth

Obstetrics Care

Pregnancy

Prenatal Care