

2019 Provider Directory

AK Heritage Network
For Individual and Family plans

About this provider directory

This directory includes providers and facilities in the AK Heritage network supporting Premera Blue Cross Blue Shield of Alaska's 2019 individual and family plans. For 2019, providers outside of Alaska and Washington state are out of network. Providers in Clark County, WA are also out of network.

For plans with dental coverage, you can search for in-network dental providers by visiting <https://www.premera.com/ak/visitor/find-a-doctor/doctor-dentists-and-more/> and selecting the Dental Choice option under "Search as a visitor".

Please note: While we make every effort to ensure the accuracy of this directory, provider status in this directory may change without notice. This directory was updated November 21, 2018.

For more information: To confirm a provider's participation or to access advanced search options, please contact customer service at 800-508-4722 (TTY: 711) between 5 a.m. and 8 p.m. Pacific Time, Monday through Friday. Or, log in at premera.com to search for providers in your network.

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Alaska Heritage Network

The information presented in this directory is current as of November 21, 2018.

Specialists and Other Providers

Sisodia, Wendy E LPC
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(907) 771-0536

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Medland, Jeffrey D DO
3260 Providence Dr Ste 5
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