

January 11, 2006

TIMOTHY S. KRESS, M.D.

Dr. Kress appeared before the Board pursuant to his request for release from the terms of his January 11, 2001 Consent Agreement.

In response to Board members' questions, Dr. Kress stated that he is doing very well in his recovery. He now has almost six and a half years of documented continuous recovery. He has a very strong support network in the Dayton area, where he lives, and a great sponsor. Everything is going very well as far as recovery is concerned.

Dr. Kress continued that, professionally, he works 25 hours a week for Planned Parenthood of Southwest Ohio, and he has done so for the last five years, since he entered his Step 2 Agreement in the year 2000. Professionally, that's going very well also. He has another part-time job, but it's not a medical job. Dr. Kress stated that he went to treatment at Shepherd Hill in Newark, and continued his aftercare for the two years after that. Dr. Kress stated that a very important part of his treatment was limiting what he did to make sure that he had some balance in his life as far as work is concerned. They were, as Caduceus is now, very aware of his work hours. He limits himself to between 40 to 50 hours of work a week. He has no call, nor does he work nights. Once every few months he might get a phone call from one of the nurse practitioners with a question. Dr. Kress stated that having his nights to work on himself is critical for him.

Concerning his plans for after his release from probation, Dr. Kress stated that he will continue to work part-time at Planned Parenthood. As far as recovery goes, he doesn't want to put anything behind him. When the Board involvement is terminated, his recovery activities will continue exactly the same as they have for the last six and a half years. He has a great recovery network in the Dayton area, including the Dayton Caduceus group, which continues to be very strong. The A.A. community is very close-knit. Dr. Kress stated that there comes a time when you no longer "have to" go to recovery activities, but you want to go to them. That was a big hurdle for him a number of years ago. He plans on making no changes in terms of his recovery activities once his Board involvement is done.

Dr. Kress advised that his family support is good. He has four children and a loving wife of eleven years, who has worked and grown with him through the whole process. His children are ages 18 (a stepdaughter), 9, and 7 year old twins.

DR. KUMAR MOVED TO RELEASE DR. KRESS FROM THE TERMS OF HIS JANUARY 11, 2001 CONSENT AGREEMENT. DR. STEINBERGH SECONDED THE MOTION. A vote was taken:

Vote:	Mr. Albert	- aye
	Dr. Egner	- aye
	Dr. Talmage	- aye
	Dr. Varyani	- aye
	Dr. Buchan	- aye

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Dr. Kumar	- aye
Mr. Browning	- aye
Ms. Sloan	- aye
Dr. Davidson	- aye
Dr. Saxena	- aye
Dr. Steinbergh	- aye
Dr. Robbins	- aye

The motion carried.

Dr. Kress at this time stated that he appreciates everything this Board has done for him and for the profession. Knowing the course he was going on, he feels the Board probably saved his life and his family.

ROBERT D. SMARSCH, D.O.

Dr. Smarsch appeared before the Board pursuant to his request for release from the terms of his January 10, 2001 Consent Agreement.

In response to Board members' questions, Dr. Smarsch stated that he is doing very well. His program is the same, with no change. He attends meetings, has a sponsor, and he sponsors a person also. He stays in contact with them regularly. Dr. Smarsch stated that he continues to work at the same place he was working before. Everyone at his workplace is aware that he is in the program and that he has a consent agreement. That was all revealed when he started with them at University. Dr. Smarsch stated that it was hard making that revelation, but it's part of the process. He does moonlighting jobs every once in a while, and he also tells them when he applies for those jobs. He stated that he does this because it was part of the consent agreement, and he's not sure that he would have had it not been a requirement. Dr. Smarsch stated that he has had very good reactions to the information. They seem to appreciate that he was up front and they knew what he was required to do. Most of them were very open to the idea. He didn't get any negative feedback whatsoever regarding that. He added that he doesn't believe that he has ever been turned down by anyone.

Dr. Smarsch stated that he was trained in family practice, but he works in an emergency room, in an area called "rapid care," which is like an urgent care within the emergency room. He sees the lower acuity type patients to take some of the volume off the main ER.

Concerning his 28-day inpatient treatment, Dr. Smarsch stated that he doesn't think that the 28 days is too long. He noted that there is a lot to learn and, emotionally, there's a lot to get through. There's a lot to learn about alcoholism; it takes a lot of time for acceptance. Dr. Smarsch stated that the 28-day requirement is probably appropriate. He added that, once released, he will continue in his recovery program.

DR. STEINBERGH MOVED TO RELEASE DR. SMARSCH FROM THE TERMS OF HIS JANUARY 10, 2001 CONSENT AGREEMENT. MR. BROWNING SECONDED THE MOTION.