

PRE-ABORTION INSTRUCTIONS (Houston ASC)

Date: _____

If you choose to have an abortion, here are your instructions.

If you choose to have an abortion, your abortion appointment is on:

Tue 8/20/13 8:40
(Day) (Date) am / pm ,
Time

with Dr. Scruvane

If you miss this appointment and are unable to make an appointment within 3 weeks of your initial ultrasound, we will need to schedule you for another ultrasound. There will be an additional fee of \$100 for this ultrasound.

If you decide to have an in-clinic abortion:

1. No food or drinks – except water – for 6 hours before your appointment time above. You can drink water or ice chips until 2 hours before your appointment.
2. We offer oral or IV sedation to help you relax. If you choose to have sedation, you must have a responsible adult come with you and stay on the premises until you are discharged.
3. Dress comfortably in a 2-piece outfit with short sleeves. Bring a sweater or jacket – our clinic gets cold. You should bring an extra pair of comfortable underpants (NOT thongs) with you.
4. Plan to be in the clinic at least 3 hours. It may be longer if you are over 12 weeks pregnant.
5. Due to limited space in our waiting room, please bring no more than ONE adult with you. If you choose, this person can come with you into the clinic area ONLY during the counseling and payment portions of your visit.
6. **CHILDREN ARE NOT ALLOWED TO ACCOMPANY YOU** for an abortion-related appointment. These restrictions are for the ultrasound visit, the visit when you have your abortion AND for any follow up visits you need. Your appointment may be rescheduled if you arrive with a child — unless you have an adult to take care of that child. Children may not be left anywhere on our property without a responsible adult to take care of the child. We do not have child-friendly space on our property. You cannot leave a child alone in our lobby, in the garden or in your care in the parking lot while you are here for an abortion-related visit.
7. If you have diabetes: If you take insulin to control your diabetes, you should take half of your usual morning dose of intermediate or long-acting insulin on the morning of your procedure. Please bring your insulin and glucose monitor to the clinic with you. If you take oral medication to control your diabetes, do not take your medication the morning of your procedure.
8. If you have high blood pressure: Please take your normal medications on the morning of the procedure with a few sips of water. If your blood pressure is high when you come in for your appointment, we may need to reschedule your procedure.
9. If you have other chronic medical conditions, such as seizures: Please take your normal medications on the morning of the procedure with a few sips of water. Please make sure to speak with an educator or physician about your medical condition BEFORE the day of your procedure about your health conditions so that we can plan properly. Certain medical conditions require clearance from your treating provider before the procedure.

If you choose the abortion pill:

1. You must be under 9 weeks by ultrasound on your appointment day.
2. You will be required to have a total of three (3) visits. The 1st visit is for the ultrasound you had today. The 2nd visit will be to obtain the abortion pill. Plan to be at the clinic for at least two (2) hours for the 1st and 2nd visits. The 3rd visit will be about one (1) week later for your follow-up ultrasound. This visit should only take about one (1) hour.
3. Please have a pharmacy phone number & fax number ready on your appointment day for your prescriptions.
4. You must be willing to have an in-clinic abortion if the abortion pill fails.
5. In case you decide to have an in-clinic abortion, see the instructions above for the in-clinic abortion.
6. Due to limited space in our reception area, please bring no more than ONE adult with you to stay in the waiting area. This one adult may accompany you during the visit for payment & a portion of your abortion counseling session only.
7. **CHILDREN ARE NOT ALLOWED TO ACCOMPANY YOU** for an abortion-related appointment. These restrictions are for the ultrasound visit, the visit when you pick up the abortion pill AND for any follow up visits you need. Your appointment may be rescheduled if you arrive with a child — unless you have an adult to take care of that child. Children may not be left anywhere on our property without a responsible adult to take care of the child. We do not have child-friendly space on our property. You cannot leave a child alone in our lobby, in the garden or in your care in the parking lot while you are here for an abortion-related visit.

Based on your ultrasound today, you are: 7 wks 2 days.

You paid \$ 100 today. If you choose to have an abortion, the fee for your abortion will be \$ 730. The payment will be due the day of your abortion.

We DO NOT accept insurance payment. We can provide you with a receipt to submit to your insurance carrier.

If you are going to use a check or a credit/debit card that does not have your name on it, the person whose name IS on the check/card must be with you in the clinic and provide a picture ID.