

Start North Carolina Orange County Chapel Hill 27514



Dr. Clay C Whitehead

Psychiatrist, MD

(919) 351-9922

About

verified by **Psychology Today**

Located within walking distance of the UNC Campus, Dr. Whitehead specializes in understanding and solving the life problems of the individual which may cause depression and anxiety. He also works with couples and is interested in family issues. Dr. Whitehead is primarily interested in identifying and solving the issues which cause life and relational problems, however, he also has an appreciation of the use of medications which may speed the road to recovery from depression and anxiety. The creative personality has been a focus of Dr. Whitehead's practice, and he has worked with many writers, painters and sculptors.

Dr. Whitehead began studies in the 1980s which led to the elaboration of a modern therapeutic style emphasizing the possibilities of the present moment, focusing on the personal creation of the future. He has published papers proposing significant theoretical innovation and produced a new paradigm reuniting psychotherapy and traditional science.

A special area of experience is work with medical professionals of all specialties. Dr. Whitehead recently published on the developmental challenges of the Medical Identity. He has been closely associated with academia throughout his career. He received medical and psychiatric training at UCLA and taught at UCLA and UNC.

Take the first step to help. Call or [Email](#) Dr. Clay Whitehead now - **(919) 351-9922**

Qualifications

Years in Practice: 20+ Years

School: UCLA Department of Psychiatry

Year Graduated: 1972

License No. and State: 200001332 North Carolina

Finances

Sliding Scale: Yes

Accepted Payment Methods: Cash, Check

Accepted Insurance Plans:

- Medicare

Verify your health insurance coverage when you [arrange your first visit](#) .

Location

Advanced Psychotherapeutics
310 Davie Lane
Chapel Hill, North Carolina 27514
(919) 351-9922

[Email Me](#)[Show Map](#)[Nearby Areas](#)

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Searches containing Dr. Clay Whitehead

