

Program Report 2005-2006



Planned Parenthood®
Orange and San Bernardino Counties



Message from CEO and Board President

We will remember 2005-2006 for the handover in power that took place in our nation, most evident within the Supreme Court. If our instincts are correct about the new justices, a major campaign to reverse *Roe v. Wade* is under way. As a non-profit health agency with a mission to provide family planning, education, and protection of reproductive rights, we are getting organized.

How are we preparing for the challenges ahead at Planned Parenthood of Orange and San Bernardino Counties? We are forming allies in the community and advocating for policies that reflect a pro-choice perspective. We are building our capacity to fight future limitations on reproductive rights. Regardless of laws, regardless of politicians—we will continue with our mission by providing quality health care and education to the communities we serve.

We will also remember 2006 for our integrity and continuum of services despite these obstacles. We have many achievements to celebrate:

- 13.5% increase in the number of patients we served
- 17.1% increase in the number of individuals reached with our Health Education programs
- Resounding defeat of Prop 73—a dangerous proposition that would have required parental notification before abortions could be performed
- Launching of the Online Hotline which enables users to ask questions of health educators through one-on-one instant messaging

We don't know what tomorrow will bring, but we believe that great challenges also bring great opportunities for social change. Today and tomorrow, we at PPOSBC are thankful for you. Your support, your commitment to healthy communities, and your generosity make our mission possible.

Jon Dunn, President/CEO
Pam Bryant, Board Chair

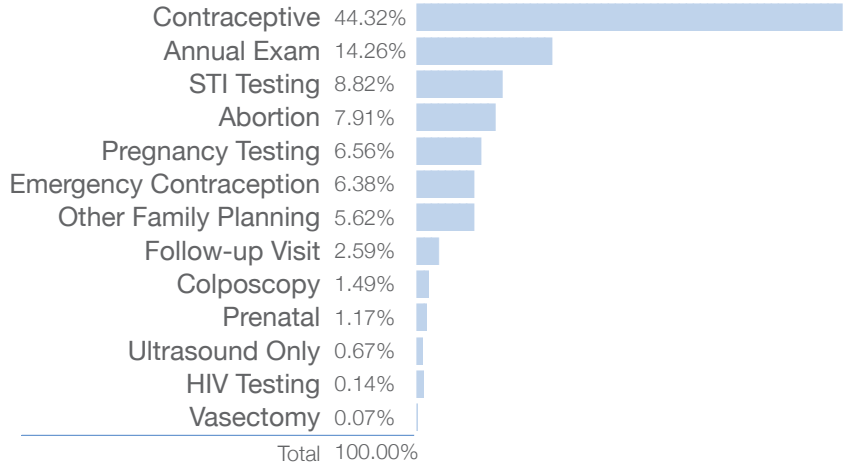


Special Note: Our accomplishments extend beyond this report. We encourage you to visit our website for an interactive view of our agency. Bookmark us as your favorite website – we have invaluable resources for everyone.

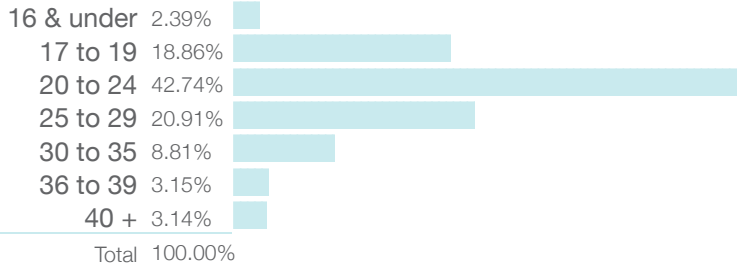
Lives We Have Touched This Year



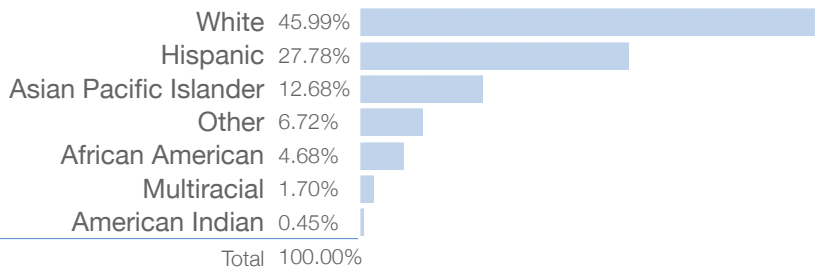
Patient Visits



Patient Age



Patient Ethnicity



Established Patients: 22,076

New Patients: 25,019

Total Patients: 47,095

Last Year's total: 41,497

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Mission Statement

Planned Parenthood of Orange and San Bernardino Counties provides confidential, affordable, high-quality reproductive health care and fights for your fundamental right to determine your own destiny. We believe that respect and value for diversity in all aspects of our work are essential, and enable you to make responsible and informed choices through comprehensive, honest sex education and health information.

key achievements

Even with the considerable challenges we faced in the public policy and legislative arenas, this past year was filled with numerous victories for PPOSBC. This section proudly recognizes our key achievements.

17.1% Increase in Health Education

Our expertly trained health educators increased their reach in our communities by 17.1%, providing comprehensive reproductive health education and complimentary education such as body image awareness, safe dating and healthy relationship sessions. Outreach increased 62.3% through new community partnerships. Presentations increased by 23.4% or an additional 2,591 in unduplicated session participants. Two existing programs, the Community Education Program, funded by the Coalition of Orange County Community Clinics, and our own agency-funded Healthy Bodies, Healthy Lives, and the new Community Challenge Grant, funded by the California State Office of Family Planning, accounted for the bulk of this increase.

13.5% Increase in Patients Served

This considerable growth is a result of our commitment to improving services and expanding access. For the first time, all of our medical centers opened for Saturday appointments, with Santa Ana touting additional Sunday hours. We also encouraged eligible patients to leave with a year's worth of birth control, freeing up additional appointment times for other visitors. Both of these new options resulted in a 13.5% increase in the amount of patients we served—a substantial jump over the average 8% growth we've seen in recent years.

Californians Say NO to Prop 73

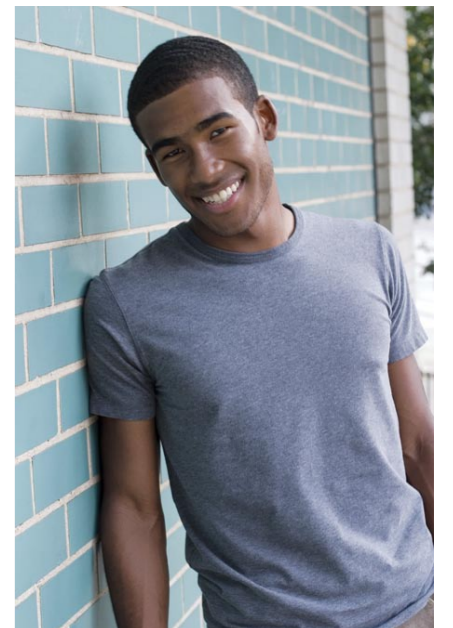
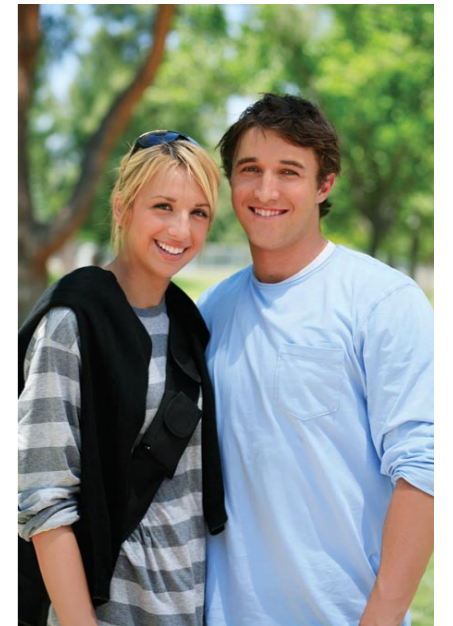
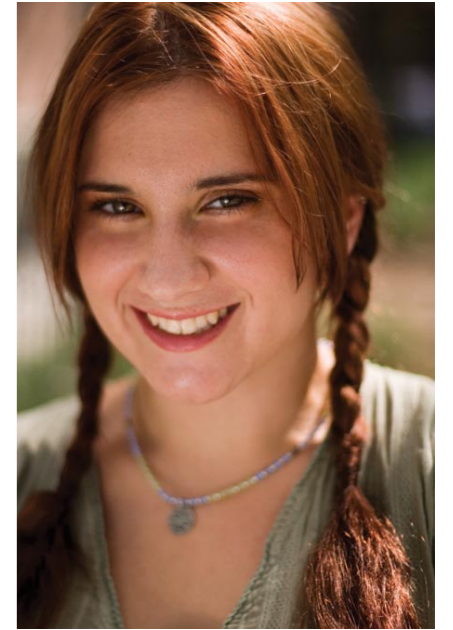
Prop 73—which was defeated at the November ballot—would have required parental notification before a minor could have an abortion. In a campaign led by our Public Affairs Department, our agency sent out a unified message on Prop 73: family communication is not something that can be forced by the government. Regardless of the fact that Prop 73 is just the first in a series of parental notification initiatives that we must defeat, this victory is an affirmation that Planned Parenthood is a political force to be reckoned with and we will, despite adversity, continue to stand up for reproductive rights.

Young Women's Health Conference

PPOSBC and the Women's Resource Center of California State University, San Bernardino, presented the First Annual Young Women's Health Conference (YWHC), held on November 19, 2005 at California State University, San Bernardino. The conference—themed “A Day of Q & A”—provided information to encourage healthy and responsible decision-making. Two hundred young women from local high schools participated in the free inaugural event. Some of the workshops included: body image and eating disorders, self esteem, nutrition, stress management, prevention of sexually transmitted infections including HIV, teenage pregnancy prevention, and life after high school.

Growth of Our Volunteer Program

One of the reasons PPOSBC is so successful is our impressive number of volunteers who give substantial amounts of their time to help further our various efforts. This year, due to some very active recruiting and regular Pro-Choice Volunteer Nights, we saw our network grow to over 400 amazing volunteers—a record for our agency! From our Haute Wired Ball committee who helped to raise an astounding \$180,000 for a single event to the 60 men and women who crammed into our offices one night to assemble breast health care kits, we feel privileged and honored to have one of the most dedicated and hard-working volunteer bases in the Southland.



As the needs of our diverse community grow and change, so do we. This section outlines a number of new initiatives that changed the way we provided health care in late 2005 and early 2006.



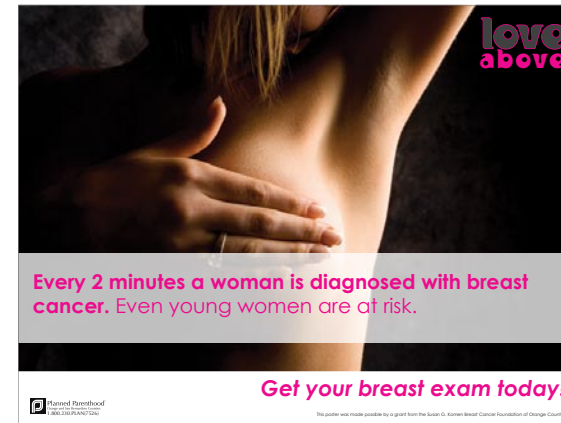
Online Appointments & the Online Hotline

This year, the PPOSBC website underwent a complete transformation—in look, feel and function. Two outstanding new features include our first-ever online appointment system and the Online Hotline. Now patients can schedule appointments from the convenience of a computer, while the Online Hotline allows them to instant-message health educators and receive one-on-one answers to reproductive health questions. We are particularly proud that the Online Hotline is the first of its kind among Planned Parenthood Affiliates in the nation. Since unveiling the new look of www.PlannedParenthoodOSBC.org, we have seen a 300% growth in the number of online visitors.



Childhood Obesity Prevention

In the push to prevent childhood obesity, PPOSBC WIC (Women, Infants and Children)— through a grant provided by the USDA and State Department of Health— initiated a nutrition education project that reached 17,800 people this year. The “Healthy Bees” classes promoted ways to be a physically active family, while “Healthy Eating Habits for Life” focused on the influence parents have regarding their children’s relationship to food and nutrition. Additionally, the WIC staff offered “What you should know before you begin breastfeeding” which focused on preventing obesity through breastfeeding.



Breast Health Care Campaign

As a health care provider whose majority of patients are under the age of 40, we know breast cancer is a young woman’s issue. Thanks to a generous \$91,000 grant from the Susan G. Komen Breast Cancer Foundation of Orange County, we unveiled our “Love Above” breast health care campaign in May 2006. The goal of Love Above is to reach 25,000 young women by year’s end with the message that breast self-examinations and regular check-ups are vitally important. Women under 40 years of age are given special Love Above breast health kits in our medical centers, during outreach activities and through our WIC sites. The kits contain informational flyers, brochures and self-exam cards, as well as a keepsake mirror.



Express Clinics

Because we’ve found that many at-risk patients are unable to travel to a PPOSBC medical center, this year we launched the “Express Clinic” program. This program enables a Registered Nurse and Reproductive Health Assistant to provide access to contraceptive methods including Emergency Contraception, as well as STI screening and education at designated community facilities on a monthly basis. Last year, 100 patients benefited from this program and we are committed to vastly expanding the program in the next year by building strong partnerships with local agencies and their clients.



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