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PRIMARY CARE

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COMING SOON: Primary Care Services For All Your Basic Health Care



Exciting news! Planned Parenthood of Orange and San Bernardino Counties will soon offer primary care along with reproductive health services. That means you will now be able to get all of the basic care you need from the people you know and trust at Planned Parenthood.

We will still offer reproductive health, nutrition services, and educational programs. But we will add these services, and more:

Asthma
Flu shots
Immunizations
Blood pressure management

Cholesterol management
Reproductive care
Skin conditions (acne)
Well-woman exams

Starting in 2014, you can visit a Planned Parenthood provider at certain locations for any of these conditions. To find out more, text "more care 1" to 69866* now or [sign up for updates](#).

Access Your Health Center Online



Planned Parenthood has an online patient tool to help you keep track of your medical history. You can log in privately to look at:

- A review of your visit
- Your medicines
- Your lab results

To set up your own online patient account, visit a Planned Parenthood health center and ask for your login information.

Dr. Russo has worked at Planned Parenthood offices in San Diego and in Pennsylvania. She speaks Spanish, and has worked at a clinic in Guatemala and given health talks in Bogotá, Colombia.

Dr. Russo taught Health Sciences at UC Irvine and Obstetrics at the University of Pittsburgh, and has written articles for professionals on birth control, anti-abortion violence, and family planning issues.

Here is a list of some of her education, training, and honors:

- Fellow of the American Congress of Obstetrics and Gynecology
- Fellowship in Family Planning and Masters in Public Health from the University of Pittsburgh
- Junior fellow of the Society of Family Planning
- Completed medical school at George Washington University
- Medical residency in OB/GYN at Harbor-UCLA Medical Center
- Completed undergraduate school at Cornell University
- Society of Family Planning and the American Congress of Obstetricians and Gynecologists

Emily Jackson, MD, MPH

Associate Medical Director, Director of Primary Care Services

Emily Jackson, MD, MPH, has been a family doctor for the past 10 years. She focuses on women's health and cares about expanding access to health care and family planning to people in need.

"By adding primary care services, we can now provide all the medical care our clients need with the same compassion, respect, and quality they expect," explains Dr. Jackson. "I'm excited to be a part of this project, knowing it will make our community healthier."

Dr. Jackson taught family medicine at the USC Keck School of Medicine, and family planning and reproductive health at universities in New York. She has also written articles for professionals on improving reproductive health care in family medicine.

Dr. Jackson has done extensive international work in sexual and reproductive health, and has served as a medical officer in the Department of Reproductive Health and Research for the World Health Organization in Switzerland.

Here is a list of some of her education, training, and professional associations:

- Board certified in Family Medicine
- Fellow of the Society of Family Planning and member of the American Academy of Family Physicians
- Fellowship in Family Planning from Albert Einstein College of Medicine in New York
- Internship and residency in Family and Social Medicine at Montefiore Medical Center in New York
- Completed medical school at UC San Diego
- Master's of Public Health in Child, Adolescent and Reproductive Health from Columbia University
- Completed undergraduate degree at UCLA

Choose Planned Parenthood During Open Enrollment



Starting in October**, you can sign up with a health plan that lets you choose Planned Parenthood as your primary care doctor for all of your basic health care needs. The Affordable Insurance Exchange through **Covered California** will have many health plan choices, and there will be benefits at different prices to meet your needs.

If you are covered by Medi-Cal or an insurance plan under your employer, you can also get primary care services through Planned Parenthood.

To find out which plan you can get, go to **Which Health Care Coverage Is Right For You?**



For more information on Planned Parenthood visit www.plannedparenthood.org
or to make an appointment call 1-800-230-PLAN or visit www.plannedparenthood.org/health-center

