

## FAMILY MEDICINE RESIDENCY OF IDAHO

July 2012

Summer Newsletter

# Alumni and Friends

## Class of 2012

FMRI's graduation was held on Saturday, June 30, 2012 at the Grove Hotel. Congratulations to an outstanding group of family medicine physicians!



(Montpelier, Idaho).

Photo back row left (location in parenthesis is where the graduate is going): Erin Swenson, MD (Salmon, Idaho); Andrew Ellsworth, MD (Brookings, South Dakota); Matt Messerschmidt, MD (HIV Primary Care Fellowship, Boise, Idaho); Sarah Gerrish, MD (Eagle, Idaho); Amy Drumm, MD (OB Fellowship, Seattle, Washington); Jeanette Walker, MD (Locum Tenens, Hawaii); Lance Hansen, MD

Fellowship, Albuquerque, New Mexico); Katie Schneider, MD (Locum Tenens, Alaska and Idaho); Jane Davis, MD (Show Low, Arizona); Colleen Zimmerman, MD (Spokane, Washington).

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## FRACTURED - Available Now!

For more information on Fractured and Dr. Epperly:  
• [www.fracturedhealthcare.com](http://www.fracturedhealthcare.com)  
• Search "Ted Epperly, MD" on Facebook



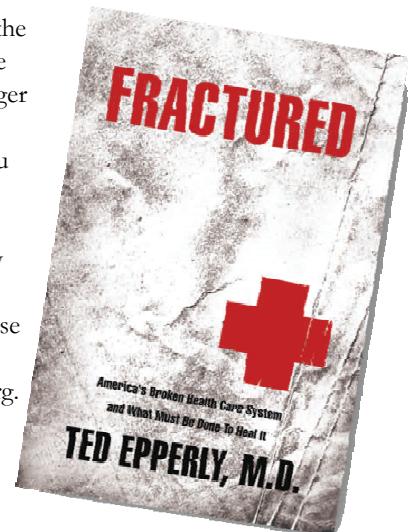
Dr. Epperly's book, on the American health care system, **Fractured: America's Broken Health Care System and What We Must Do to Heal It** was released on May 15 and is doing well nationally.

I have worked with Dr. Epperly since 2002 on issues related to health care reform. Both of us share a passion to expand access to low income individuals while maintaining a high quality, low cost health care system for all. This book

is his effort to help educate the general public and encourage the discussion moving in larger public venues across the United States. Any effort you can make to help ignite the discussion would be appreciated. If you have any suggestions on speaking venues for Dr. Epperly, please contact Michelle Robin at [michelle.robin@fmridaho.org](mailto:michelle.robin@fmridaho.org).

**Dr. Julie Robinson**

Director of Community Affairs



## Rural Spotlight - by Sarah Staller, MD (R3)



*Dr. Staller and baby at a well child check*

I chose Cottonwood for my rural rotation because it has become legendary amongst the residents for its a full spectrum family medicine opportunities. Driving down onto the prairie from White Bird Grade, I couldn't believe the beauty of the patch worked fields and timber forests. The tiny hospital manages to serve a remarkable number of patients from Cottonwood's huge catchment area of over 10,000 people. The whole hospital, and maybe even the whole

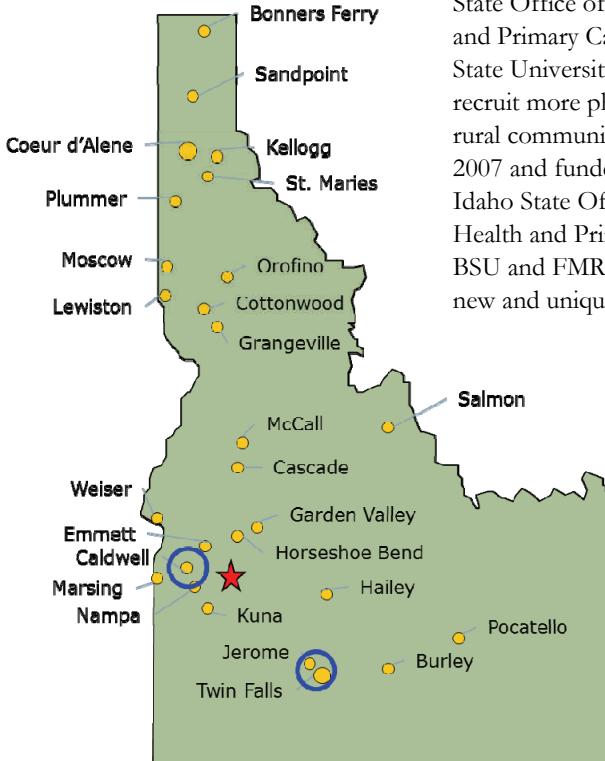
town, knew that I was coming, likely because my picture was featured in the local paper.

The local doctors, four of whom are graduates of FMRI, are town heroes. They manage everything from C-sections to diabetes to coaching the high school football team. They are incredibly generous with their time, both with their patients and with us residents. I hit the ground running. I managed fractures, colonoscopies, vaginal deliveries, strokes, heart

attacks, lacerations, and the list goes on...Running from the ER to clinic to the delivery room put my time management and critical thinking skills to the test.

Going to Cottonwood helped me develop a vision for my future practice. It also reminded me of all the reasons why I went into family medicine. I feel very lucky to have such incredible mentors, and I'm proud to be among their ranks.

## Community Apgar Program



The Community Apgar Project is an example of how FMRI has successfully partnered with the Idaho State Office of Rural Health and Primary Care and Boise State University on efforts to recruit more physicians to rural communities. Started in 2007 and funded by the Idaho State Office of Rural Health and Primary Care, BSU and FMRI developed a new and unique tool that

identifies and weighs factors important to communities in recruiting and retaining family physicians. The 50-factor Community Apgar Questionnaire contains questions about geography, economics, scope of practice, medical support, and hospital and community support. It allows communities to prioritize recruitment strategies and retain a more highly satisfied medical staff. In addition to the individual community benefit, the project allows analysis of state and national trends in rural physician recruitment, bringing it all home to physician training. FMRI has received grant funding to support the Community Apgar Project in both critical access hospitals and community health centers in a total of six states to date.

**"The Community Apgar Program is intended to get at the heart of... what a community can do to recruit the type of physician that is going to work out and stay long-term."**

**David Schmitz, MD**  
Associate Director of  
Rural Family Medicine

## Serving our Community and Beyond

FMRI participated in the **IPCA's Day at the Capitol** on Thursday, January 19, 2012 with several visits to legislators educating them about the value of Community Health Centers.

Thursday, February 2nd, 2012 FMRI co-hosted **IAFP's Annual Legislative Reception** held this year at Beside Bardenay. It was the perfect venue for the evening's program and meaningful one-on-one time with 25+ legislators that attended. There

was an award presentation for FMRI alumna Caitlin Gustafson recognizing her for receiving the Pfizer Teacher of the Year Award from the AAFP.

**Dental Homes for Refugee Children** was funded for a second year at \$7,000 by the United Way of Treasure Valley. This is a collaborative project with Central District Health Department where a dental hygienist works one day a week at our Emerald Clinic with

refugee families.

FMRI sponsored a table at **Mayor John Evans State of the City** at the Riverside Hotel in Garden City on Tuesday, May 22, 2012.

Alex Reed, PsyD and Tom Ahlrichs, LCSW assembled an FMRI team for the **Terry Reilly Annual Bob LeBow Bike Tour** on June 9, 2012 to benefit the Terry Reilly Zero Pay Fund.

FMRI supported **World Refugee Day** on Saturday,

June 23, 2012 at the Grove Plaza with a \$250 level sponsorship.

Dr. Perry Brown and Dr. Elizabeth Rulon were involved in cutting edge research for a new **Cystic Fibrosis (CF) Drug**. Both FMRI physicians were investigators in the Phase II and III trials for this drug which demonstrated staggering efficacy, results were submitted for FDA approval, with the FDA announcing approval on January 31, 2012.

## Residents Deliver Refugee Babies at Saint Alphonsus



Beginning July 2012, FMRI residents will begin working with the group refugee maternity care program at Saint Alphonsus.

We expect that residents participating in this program will acquire 10-12 continuity patient deliveries during their six months in the program. We

also anticipate that our residents will learn a huge amount about caring for refugee women and will become familiar with an innovative program of care that they may be able to implement when they ultimately begin practicing throughout Idaho.

**This maternity care will be provided by the team of Certified Nurse Midwives at Saint Alphonsus.**

## Save the Date - May 4, 2013

Make sure to mark your calendar for the next Alumni and Friends Gala Dinner on Saturday, May 4, 2013 at the Boise State University, Stueckle Sky Center.

Special Guest **Barbara Morgan**, NASA Teacher in Space, Distinguished Educator

in Residence at Boise State University. FMRI would like to thank our Premier Sponsor St. Luke's Health System.





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OF IDAHO

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RETURN SERVICE REQUESTED



### In this issue...

- **Meet the new residents**
- **Say goodbye to our graduates**
- **Dr. Epperly's Book**



[www.fmridaho.org](http://www.fmridaho.org)



## Sand-in-the-City Raised \$70K

The Alumni and Friends, Sand-in-the-City Hawaiian Party on Friday, April 20, 2012 was a great success! We exceeded our goal of raising \$50K! There were 220+ people in attendance including many residents, faculty, and board members (Dr. Steve Brown, Dr. Linda Clark, Mike Hammer, Kathy Holley, Pearl Simon, and Dr. Sam Summers).

Sponsorships totaled \$76,300 from 27 community supporters of FMRI.

The four Big Kahunas at \$10K each included Blue Cross of Idaho Foundation for Health,

Fisher's, Saint Alphonsus Health System, and St. Luke's Health System.

Five new sponsors included D.L. Evans Bank, Idaho Medical Association, Pacific Northwest University of Health Sciences, Stability Networks, and U.S. Bank.

We'll be gearing up soon for the next Alumni and Friends Gala Dinner at the BSU Stueckle Sky Center with special guest, Barbara Morgan, NASA Teacher in Space.

Please make sure to mark your calendars for this special evening, Saturday, May 4, 2013.

