



FAMILY PLANNING ASSOCIATES MEDICAL GROUP

personal and confidential care for women since 1969

**AAAHC accredited
since 1996**

www.FPAMG.net

To make an appointment, call
(877) - 88 - F P A M G
(3 7 2 6 4)

Newsletter July 2012

A message to fellow providers, referrers, and friends:

In this month's newsletter, we discuss our newest FPA location located in West Covina as well as a couple of informative articles on recent studies in women's health.

"HPV Vaccine Benefits Even Women Who Don't Get the Shots", is an article on a study showing benefits to women who have not received the human papillomavirus vaccine along with those who have been vaccinated. The study suggests that to a certain degree, the protection of the unvaccinated is due to what is known as herd immunity.

Lastly, the article, "The IUD: What Does Your Doc Know That You Don't?" shows IUD use being more commonly used among female gynecologists, despite a recent study showing intrauterine devices ranking number five in choice for contraceptives. The article goes on to explain why gynecologists prefer Intrauterine Devices, the misconceptions of IUD's, and the future of contraception.

As always, I hope you find this newsletter both interesting and informative.

Irving M. Feldkamp IV, MD
President

CONTENT

FPA Introduction

FPA Relocation: West Covina

HPV Vaccine Benefits Even Women Who Don't Get the Shots

The IUD: What Does Your Doc Know That You Don't?

LINKS

FPAMG.net



Family Planning Associates Medical Group Relocation: West Covina

FPA's **Rosemead** location has moved to **West Covina**. This office opened in July of 2012 at 1135 S. Sunset Avenue, Suite # 302, West Covina, CA. This location will be open Monday through Friday, 8:00 AM- 5:00 PM and is now scheduling appointments.

FPA offers patients easy access to quality care through our conveniently located clinics and we are often able to see patients within only a matter of 1-2 days from the time an appointment is requested. If you have any questions about referrals or are in need of an appointment feel free to call (626) 572-8800.



WEST COVINA OFFICE LOCATION

1135 S. Sunset Avenue, Suite # 302

West Covina, CA. 91790

HPV Vaccine Benefits Even Women Who Don't Get the Shots

By Rachael Rettner, My Health News Daily

July 9, 2012 <NBCNEWS.COM>

The human papillomavirus vaccine provides a benefit to women even if they are not vaccinated, via a phenomenon known as herd immunity, a new study suggests. Among the women in the study, there was a decrease in the percentage who were infected with the four HPV strains included in the vaccine (HPV 6, 11, 16, and 18) in the years after the vaccine was introduced, compared with earlier years.

This decrease in HPV prevalence was seen among both vaccinated and unvaccinated women, the researchers said. The findings show that even with relatively low rates of women getting vaccinated, the vaccine produces some degree of herd immunity — protection of unvaccinated people that occurs because a critical portion of the population has been inoculated.

However, while the findings are encouraging, "This is not reason not to get vaccinated," said study researcher Dr. Jessica Kahn, a physician of adolescent medicine at Cincinnati Children's Hospital. Kahn noted that one in four unvaccinated participants in the study were infected with a high-risk strain of HPV. A woman can also protect her partner by getting vaccinated, Kahn said.

Find the full article at http://vitals.nbcnews.com/_news/2012/07/09/12645949-hpv-vaccine-benefits-even-women-who-dont-get-the-shots?lite

The IUD: What Does Your Doc Know That You Don't?

By Maron Shapiro

July 25, 2012 <MSNBC.COM>

Few U.S. women choose intrauterine devices, or IUDs, for contraception — a recent study found they rank No. 5 in use, behind oral contraceptives, tubal ligation, condoms and vasectomies.

But IUD use is much more common among one group of women: gynecologists. According to a poll released by the American College of Obstetricians and Gynecologists (ACOG), use of IUDs by female ob-gyns is three times greater than that of the general public.

If the women who are, presumably, the most knowledgeable about reproductive health are choosing IUDs more often than the rest of us, then what is it our gynecologists know that most women don't?

Why gynecologists love IUDs - IUDs are an excellent birth control option because they are effective, safe and easy to use, said Dr. Sara Pentlicky, a gynecologist and family planning specialist at the University of Pennsylvania.

While some women can't use estrogen-containing birth control because of health issues, "there are very few women who can't use an IUD," Pentlicky said. She estimated that 80 percent of the female doctors in her practice use IUDs for their own contraception.

IUDs have to be inserted by a doctor, but once in place, they are effective immediately and can protect against pregnancy for five to 12 years, depending on the type.

Find out more on why gynecologists love IUDs, the misconceptions of IUDs, and the future of contraception at

http://todayhealth.today.msnbc.msn.com/_news/2012/07/25/12949154-the-iud-what-does-your-doc-know-that-you-dont?lite

OUR MISSION is to provide patient-centered, quality family planning services to the community.
NO COST SERVICES to eligible recipients.
19 CALIFORNIA LOCATIONS
24 HOUR telephone triage center.
AAAH accredited.
COMPLIMENTARY BROCHURES at www.fpamg.net
SAME DAY APPOINTMENTS available.

FAMILY PLANNING SERVICES
PREGNANCY TERMINATION • BIRTH CONTROL • GYNECOLOGY SERVICES

PO Box 10818
San Bernardino, CA 92423
FPAMG.net
877-88-FPAMG (37264)

Personal and confidential care for women since 1969

Family Planning Associates
Medical Group



RESORTED
STANDARD MAIL
US POSTAGE PAID
SAN BERNARDINO, CA
PERMIT NO. 3288