





# letter from the executive director and president

Dear colleagues,

On behalf of the Board of Directors and staff, we are pleased to send you the 2012 annual report for the Society of Family Planning (SFP) and the SFP Research Fund. Marking our eighth year of operation, 2012 was a particularly active year for SFP.

In 2012, we issued our sixth annual competitive request for proposals, released for the first time through the SFP Research Fund. We allocated more than \$1.93 million for large and small research grants, career development awards, and a multi-site study. This last study made the year particularly exciting. The study involves seven sites and will create new research evidence on cervical preparation prior to dilatation and evacuation. In addition, for the second year, we managed the allocation of grant funds for the Fellowship In Family Planning research projects, totaling approximately \$1.6 million. Please see pages 3–6 in this report for more information on these many studies; each has the potential to add valuable research to the field of family planning.

This past October, we convened SFP's seventh annual meeting. The 2012 *North American Forum on Family Planning* was co-produced with our colleagues at Planned Parenthood Federation of America. SFP functioned as the lead partner for the scientific abstracts program, where 20 oral presentations and 103 posters were selected and published in our official journal, *Contraception*. In addition, SFP sponsored a well-attended career development seminar on research methods designed specifically for SFP junior fellows. We also held our annual fellowship business meeting, where 2010 grantees presented their results, and the annual SFP awards presentations and luncheon (*more information on page 9*).



*Susan Higginbotham, SFP executive director, and Melissa Gilliam, SFP president.*

# letter from the executive director and president

Our membership also continued to grow. By the end of calendar year 2012, we had 363 fellows, including 143 full fellows, 212 junior fellows, and 8 candidate fellows. It is wonderful to see that SFP is home to researchers from a variety of specialties, including obstetrics and gynecology, internal medicine, pediatrics/adolescent medicine, and family medicine. Our ranks also boast PhDs from a wide number of disciplines, including nursing, demography, sociology, and other social science fields.

Lastly, we want to express our sincere appreciation to all of our fellows and colleagues who volunteered in 2012, whether you reviewed scientific abstracts, grant applications, or served on a Board committee. Thank you for your participation, your wisdom, and your expertise. We are grateful for your involvement in SFP, for all that you do to advance the literature and the field, and for your support of the Society's unique mission.

Warm regards,



Susan Higginbotham, M.Ed  
Executive Director



Melissa Gilliam, MD, MPH  
President, Board of Directors

*“I just want to say how much I appreciate all the support and help SFP has given my research, and me personally. It has made literally a world of difference to be able to do this work here.”*

—Bayla Ostrach,  
doctoral candidate

The SFP Research Fund's grant program is intended to generate knowledge in the field of family planning through scientific research and strengthen family planning policies, services and programs. Proposals cover a wide range of research areas—from improvements in underlying conceptual or biomedical knowledge that advance fundamental understanding in the field of family planning, to knowledge of improved programs or policies that will provide family planning more safely, effectively, efficiently, and to wider groups of people in need.



*Deborah Bartz received a 2012 SFP Research Fund large grant—and received the Outstanding Researcher Award as well.*

## **SMALL/PILOT GRANT—\$15,000 MAXIMUM AWARD**

**Dalia Brahmi, Ipas—\$15,000**

Pharmacy recruitment of misoprostol users in Mexico: A feasibility study

**Amy Bryant, University of North Carolina–Chapel Hill—\$15,000**

Etonogestrel-releasing subdermal contraceptive implant for adolescents in the postpartum period: A randomized controlled trial

**Christine Dehlendorf, University of California San Francisco—\$15,000**

Social communication about contraception: A pilot study

**Bayla Ostrach, Network for Reproductive Options—\$15,000**

Legalized abortion in Catalunya, Spain: Women's experiences with accessing care

## **LARGE GRANTS—\$120,000 MAXIMUM AWARD**

**Deborah Bartz, The Brigham and Women's Hospital, Inc.—\$119,937**

Abortion attitudes and understanding among U.S. medical students who have applied to an obstetrics and gynecology residency: A qualitative study on potential future abortion provision

**Kelly Blanchard, Ibis Reproductive Health—\$119,993**

Women's and providers' experiences of second-trimester abortion in the Heartland

*(Continued on next page)*

Anne Burke, Johns Hopkins University Bayview Medical Center—\$120,000

Impact of gastric bypass surgery on the pharmacokinetics of oral contraceptive hormones

Angela Dempsey, Medical University of South Carolina—\$119,986

The influence of trust in the health care system on postpartum contraceptive choice

Amanda Dennis, Ibis Reproductive Health—\$75,000

A mixed-methods investigation of the contraceptive needs of teens with epilepsy

Heidi Jones, CUNY School of Public Health, Hunter College—\$116,289

Third cross-sectional survey of abortion providers in the United States and Canada

Rachel Jones, Guttmacher Institute—\$73,562

The long and winding road: Distance traveled and crossing state lines for abortion services

Patricia Lohr, bpas—\$112,309

Effect of intracardiac potassium chloride for feticide before dilatation and evacuation on procedure duration and outcomes

Melissa Natavio, University of Southern California—\$120,000

Pharmacokinetics of the levonorgestrel-only emergency contraception regimen in normal-weight, obese and extremely obese users: A pilot study

Tina Raine-Bennett, Kaiser Permanente Northern California, Division of Research—\$86,890

Reproductive outcomes of women who obtain emergency contraception without a clinic visit in an integrated health care system

## **MULTI-SITE GRANT: CERVICAL PREPARATION FOR DILATION AND EVACUATION**

Alisa Goldberg, Planned Parenthood League of Massachusetts—\$404,478

Cervical ripening before dilation and evacuation: A multicenter randomized trial comparing laminaria alone to laminaria plus adjunctive misoprostol or adjunctive mifepristone

*“This grant enabled me to conduct a more robust research project and has been significantly beneficial for my academic career. Thanks to SFP!”*

*—Angela Dempsey,  
MD, MPH*



2012 SFP Research Fund Junior Investigator Award recipient  
Lori Freedman, PhD.

The SFP Research Fund recognizes the importance of supporting researchers throughout their careers. These career development grants are designed to provide research support and protected time for junior investigators and mentors; and offer medical students, residents and graduate-level students a chance to gain hands-on experience.

## **CAREER DEVELOPMENT: JUNIOR INVESTIGATOR AWARD**

Julie Chor—\$107,242

Abortion doula impact on 1st trimester abortion pain

Lori Freedman, University of California, San Francisco, Bixby Center for Global Reproductive Health—ANSIRH—\$114,494

The bioethics of reproductive health care in Catholic-affiliated hospitals and clinics

## **CAREER DEVELOPMENT: MID-CAREER/MENTOR AWARD**

Alison Edelman, Oregon Health & Science University—\$40,000

From bench to bedside:

Mentoring residents and fellows in translational family planning research

Gretchen Stuart, University of North Carolina—Chapel Hill—\$40,000

A research and mentorship program in long acting reversible contraception (LARC): North Carolina, Malawi, and Zambia

David Turok, University of Utah—\$40,000

SFP mid-career/mentor award for family planning grant application

*(Continued on next page)*

## CAREER DEVELOPMENT: TRAINEE/STUDENT AWARD

Abigail Aiken, University of Texas at Austin—\$5,000

The factors underlying the 82nd Texas legislature's decision to restrict access to family planning in Texas

Anna Altschuler, University of Washington Department of Obstetrics & Gynecology—\$5,000

Formation of abortion attitudes

Lisa An, Yale University School of Medicine—\$3,350

Do women tell their contraceptive care providers about when they have abortions?

Charlene Collier, Yale University School of Medicine—\$5,000

Long-acting reversible contraceptive use among urban, low-income women

Kira Levy, UC Berkeley–UCSF Joint Medical Program—\$5,000

Bringing the social context into the exam room:

An investigation of the discussion of women's social influences on contraceptive use

Angela Shaddeau, University of Colorado School of Medicine, Anschutz Medical Campus—\$5,000

Effect of an empathy intervention on student performance of options counseling

Alex Soriano, University of Pittsburgh School of Medicine—\$3,750

Family planning knowledge, attitudes and practices among Bhutanese refugee women

*(funded by SFP, not SFP Research Fund)*

Rachel Stacey, Medical University of South Carolina—\$3,750

Impact of trust in the health care system on use of long-acting reversible contraception

*(funded by SFP, not SFP Research Fund)*

Meghan Taylor, University of Colorado Hospital—\$5,000

Does the perception of noncontraceptive benefits lead to higher rates of contraceptive continuation for adolescents and young adult women?

*“The Junior Investigator Grant was critical to my development and to Ibis’ work on Hyde and health care reform. It really could not have come at a better time. I applaud SFP for developing this particular grant opportunity.”*

*—Amanda Dennis, DrPh*



# 2012 Annual Meeting

SFP'S ANNUAL MEETING was held—as it has been for the past two years—in association with the new *North American Forum on Family Planning*, which SFP launched in 2011 with Planned Parenthood Federation of America. With nearly 550 attendees, excellent content, and a strong scientific program, the 2012 *Forum* was a resounding success. The meeting, held in Denver, began with the pre-conference SFP Career Development Seminar and annual business meeting.

The topic of the Career Development Seminar was “How research can inform policies, procedures, guidelines, and/or best practices and the linkages between clinical and social science research.” Seminar faculty included Drs. Eleanor Drey, Lawrence Finer, Patricia Lohr, and Tracy Weitz.

The SFP Business meeting featured brief presentations by sixteen of the 2010 grantees and covered a wide range of research areas—from abortion counseling to the effect of nitroprusside on IUD insertion experience in nulliparous women.



*Drs. Patricia Lohr, Eleanor Drey, Lawrence Finer, and Tracy Weitz (not shown) were the faculty for SFP's 2012 Career Development Seminar.*

*“I love this conference for the quality of the information and the commitment displayed to quality service and public health.”*

*“Great conference with very good balance between networking opportunities and professional/scientific updates.”*

**SCIENTIFIC ABSTRACTS REVIEW:** Because of SFP’s collective expertise around research in family planning, we managed the scientific abstracts submission, review and publications at the annual meeting, relying upon our volunteer fellows as reviewers. Ultimately, 20 abstracts were selected for oral presentations, while 104 were presented as posters. SFP junior fellow Deborah Bartz, MD, MPH, received the Outstanding Researcher Award for her study comparing Buccal misoprostol with Dilapan-S before surgical abortion. The Outstanding Researcher in Training Award went to SFP junior fellow Blair Darney, PhD, for her abstract *Oportunidades conditional cash transfer program: Impact on adolescent pregnancy*.



SFP Board President-Elect Carolyn Westhoff, MD, MSc, presenting the Outstanding Researcher in Training Award to SFP junior fellow Blair Darney, PhD.

*“Receiving an SFP award helped to jumpstart my research in postpartum contraception for adolescents, and enabled us to educate residents, faculty, and outside providers on LARC. Building this awareness is another key element to increasing their use.”*

—Amy Bryant, MD, MSCR



**AWARDS:** At the SFP Awards Luncheon and Awards Presentations on October 29, SFP presented our two annual awards, the SFP Lifetime Achievement Award and the Allan Rosenfield Award for Lifetime Contributions to International Family Planning to Anna Glasier, MD, and Rebecca Gomperts, MD, MPP, respectively. Dr. Glasier, honorary professor at the London School of Hygiene and Tropical Medicine and the University of Edinburgh, is a world expert on emergency contraception, and her work was instrumental in its deregulation. Dr. Gomperts is the founder of Women on Waves—and subsequently Women on Web—which, since 1999, have made safe, legal abortion available to women in countries where it is illegal.

The two awardees gave excellent talks about their work and the status of emergency contraception and access to medication abortion.



*Drs. Rebecca Gomperts, top, and Anna Glasier speaking at the SFP Awards Luncheon.*



*Dr. Rebecca Gomperts, left, and Dr. Anna Glasier, right, receiving their awards from SFP Board Member James Trussell, PhD, SFP Executive Director Susan Higginbotham, MEd, and SFP Board Member Beverly Winikoff.*

**S**FP CLINICAL GUIDELINES are prepared by the individual members of SFP and are reviewed, modified, and approved by the SFP Board of Directors. The Clinical Guidelines reflect a thorough review of published literature and emerging clinical and scientific advances as of the date issued, and are subject to change. The Clinical Guidelines provide treatment recommendations and should not be construed as prescribing exclusive courses of treatment or procedures relating to any clinical matter. All guidelines are posted on the SFP website after they have been published in our peer-reviewed journal, *Contraception, an international reproductive health journal*.

Ten Clinical Guidelines had been published through the end of 2012. The last four of those, published in 2011 and 2012, included:

#### First-trimester abortion in women with medical conditions

*Contraception* 86: 6(2012), pp. 622-30. Guideline #20122

#### Cancer and contraception

*Contraception* 86:3(2012), pp. 191-198. Guideline #20121

#### Labor induction abortion in the second trimester

*Contraception* 84:1(2011), pp. 4-18. Guideline #20111

#### Prevention of infection after induced abortion

*Contraception* 83:4(2011), pp. 295-309. Guideline #20102

*“A well-crafted guideline promotes quality by reducing health-care variations, improving diagnostic accuracy, promoting effective therapy, and discouraging ineffective—or potentially harmful—interventions.”*

Ornstein S, Nietert PJ, Jenkins RG, Wessell AM, Nemeth LS, Rose HL. Improving the translation of research into primary care practice: results of a national quality improvement demonstration project. *Jt Comm J Qual Patient Saf* 2008;34:379–90.

# SFP fellowship demographics and growth in 2012



*SFP fellows Carolyn Sufrin, Alison Edelman, and Paul Fine at the 2012 SFP Annual Business Meeting.*

**F**ROM SFP'S INCEPTION IN 2005, until the end of calendar year 2012, we accepted 363 fellows. Membership in SFP is open to any qualified individual in the United States or abroad who is in good professional standing and has an interest in family planning demonstrated through post-doctoral training, a substantial clinical or laboratory practice, or academic presentations and publications within this field. This includes persons who perform clinical, basic science, epidemiologic, social science, demographic, statistical, or related types of studies. The essential criterion for selection is continuing identification with the field of family planning.

Although the SFP founding members were the directors of the fellowships in family planning, and thus, primarily obstetrician/gynecologists, we continue to become more inclusive as an academic society by recruiting and accepting physician researchers who are trained in internal medicine, family medicine, pediatrics/adolescent medicine, and public health. We also have a growing and active constituency of PhDs, including social scientists, epidemiologists, demographers, and nurse researchers.

Further, our junior fellows continue to meet eligibility requirements and apply for full fellowship. As SFP continues to recruit and accept researchers from varying disciplines and backgrounds, we strive to create a diverse and collaborative environment for all those dedicated to a career in family planning research.

*On behalf of the board of directors and staff, we want to thank our fellows for becoming a part of our academic society and for the incredible wealth of experience and leadership you provide to the field of family planning research.*

# 2012 audited financials (December 31, 2012)

## STATEMENT OF FINANCIAL POSITION

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### SOCIETY OF FAMILY PLANNING

#### CURRENT ASSETS:

Cash and cash equivalents .....	\$472,060
Accounts receivable, <i>net of allowance</i> for doubtful accounts of \$993.....	71,483
Security deposit .....	<u>1,081</u>
	\$544,624

#### LIABILITIES

Accounts payable and other liabilities .....	\$1,329
Grants payable .....	227,701
Due to related party .....	<u>17,158</u>
<i>Total liabilities</i> .....	246,188

#### NET ASSETS

Unrestricted .....	<u>298,436</u>
	\$544,624

### SFP RESEARCH FUND

#### CURRENT ASSETS:

Cash and cash equivalents .....	\$418,098
Restricted cash .....	795,100
Other receivable .....	8,079
Prepaid expenses .....	1,835
Investment .....	302,609
Due from related party.....	17,158

*Total current assets* .....

Furniture and equipment, net .....

2,700  
\$1,545,579

#### LIABILITIES

Accounts payable and accrued expenses .....	\$33,865
Grants payable .....	<u>414,697</u>
<i>Total liabilities</i> .....	448,562

#### NET ASSETS

Unrestricted .....	(692)
Temporarily restricted.....	<u>1,097,709</u>

1,097,017

\$1,545,579



**STATEMENT OF FUNCTIONAL EXPENSES**

**SFP RESEARCH FUND**

	<u>PROGRAM SERVICES</u>	<u>GENERAL AND ADMINISTRATIVE</u>	<u>TOTAL</u>
Grants .....	\$ 3,246,527	\$ 11,876	\$ 3,258,403
Communications and website .....	6,906	39,627	46,533
Postage and printing .....	91	1,568	1,659
Professional fees .....	1,007	19,020	20,027
Publication .....	230	3,960	4,190
Honorarium .....	10,900	—	10,900
Miscellaneous .....	1,921	6,999	8,920
Conference .....	3,070	—	3,070
Supplies .....	363	3,987	4,350
Occupancy .....	1,875	17,535	19,410
Payroll and related expenses .....	16,912	284,202	301,114
Travel .....	<u>1,001</u>	<u>9,784</u>	<u>10,785</u>
	<b>\$ 3,290,803</b>	<b>\$ 398,558</b>	<b>\$ 3,689,361</b>

## BOARD OF DIRECTORS

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Tessa Madden, MD, MPH  
*School of Medicine, Washington University in Saint Louis*

Maureen Paul, MD, MPH  
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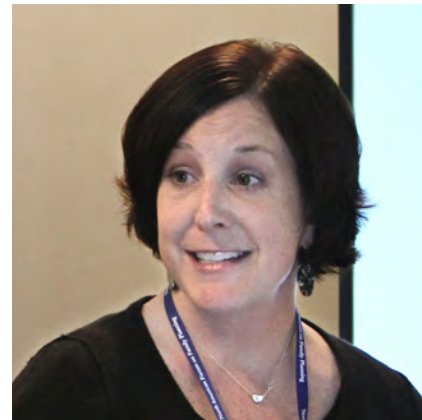
James Trussell, PhD  
*Office of Population Research, Princeton University*

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*Top, from left to right: Melissa Gilliam, SFP President; Eve Espey, Treasurer; at-large board members Tracy Weitz. Bottom: Immediate Past President Mark Nichols, Beverly Winikoff, and Michelle Isley.*

## STAFF

Susan Higginbotham, MEd  
*Executive Director*

Marlo Polonsky, MPH  
*Grants Officer*

Sarom Sot  
*Administrative Coordinator*

Lauren Bruce, MPH  
*Program Coordinator*



*Left to right: Susan Higginbotham, SFP Executive Director; Marlo Polansky, Grants Officer; Sarom Sot, Administrative Coordinator; Lauren Bruce, Program Coordinator.*



*2012 large research grant  
awardee Tina Raine-Bennet*

*“Receiving an SFP grant has allowed me to conduct novel research within a relatively understudied clinical setting—an integrated health care system—to gain better insight into emergency contraceptive use and unmet reproductive health care needs of insured women. I am grateful for SFP’s support and look forward to contributing to the knowledge base and supporting reproductive health needs of women through this research.”*

*—Tina Raine-Bennett, MD, MPH*

## A SPECIAL THANK-YOU

In December 2012, Dr. Daniel R. Mishell, Jr., MD, officially retired after 42 years as editor-in-chief of *Contraception: An International Reproductive Health Journal*, SFP's official journal. On behalf of our fellows and colleagues, and all who rely on *Contraception* for the most up-to-date evidence and clinical guidance, we are sincerely grateful for his leadership and vision over the years.



*Dr. Daniel R. Mishell, Jr., MD*



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