

## Sadja's columns

These are columns called 'Go to Health' on topics of interest for friends and family and the wider world.

Original document found online at the following link. (See bio on right-hand side of page):

<http://sadjascolumns.blogspot.com/>



**Sadja Greenwood** received an MD from Case Western Reserve University and an MPH from the University of California, Berkeley. She was an Assistant Clinical Professor in the Department of Obstetrics, Gynecology and Reproductive Sciences at the University of California Medical School in San Francisco. She worked at Planned Parenthood in San Francisco where she started one of the first Teen Clinics in the United States in 1968, in response to the “summer of love.” She started an abortion clinic at San Francisco Planned Parenthood immediately after the Supreme Court’s 1973 decision in *Roe v. Wade*. She also worked for the International Planned Parenthood Federation in Singapore and in family planning in Latin America, Bangladesh and Africa. She made a teaching film, *Aspiration Abortion Without Cervical Dilation*, in 1973 with her mentor and colleague, Alan Margolis, MD. The film was widely used to teach medical techniques for safe abortion. She is the author of *Menopause, Naturally* (Volcano Press, 1996), which became a popular book for women seeking alternatives to hormone therapy. She published a novel, *Changing the Rules*, in 2013, which is available at bookstores and at Amazon.com.