

Original document found online at: <https://www.obgyn.pitt.edu/fellowships/family-planning-fellowship-programs/family-planning-2-years>

## Department of OBGYN

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# Family Planning (2 Years)

## Curriculum

The two-year fellowship is designed to include training in family planning clinical care, experience in gynecologic surgery and related family planning procedures, participation in the design and performance of clinical trials, and international field work. During the two years, the fellow will complete course work at the [Graduate School of Public Health](#) at the University of Pittsburgh to satisfy the requirements of a Master's Degree in Public Health.

## Family Planning Clinical Care

The fellow will be specially trained in counseling women about a variety of contraceptive methods, including all of the long-acting reversible contraceptives (LARCs). Contraceptive implant insertion and removal and IUD insertion and removal will be emphasized. Additionally, the fellow will gain expertise treating side effects and problems with hormonal contraception. Although these skills may have been learned during residency, a concentrated experience in a variety of clinical settings will enable the fellow to become proficient with unusual or complicated cases.

The fellow will receive specialized training and become very experienced performing first trimester abortions including manual vacuum aspiration and medical abortions. In addition, the fellow will have similarly specialized and intensive experience with second trimester abortion by dilation and evacuation (D&E).

## Center for Contraception and Family Planning

The [Center for Contraception and Family Planning](#) at Magee-Womens Hospital of UPMC serves women whose concerns range from dissatisfaction with birth control to medical or social factors that complicate their contraceptive options. The goal is to balance each woman's medical history with her desire or need to avoid or delay pregnancy. The fellow will gain expertise in caring for women and teens with complex medical histories, including management of hormonal and non-hormonal contraception, placement and removal of intrauterine devices (IUDs) and implantable contraceptives, and surgical sterilization.

## Contraceptive Research

The [Center for Family Planning Research](#), part of the [Magee-Womens Research Institute](#), was established in 1994 and has become one of the leading family planning research centers in the United States. Clinical trials involving medical abortion, hormonal contraceptives, new barrier methods of contraception, emergency contraception, new contraceptive technologies, microbicides, and social issues related to contraceptive practice are just some of the projects that have been performed to date. The fellow will be an active participant in ongoing clinical and translational research studies as well as be expected to design and conduct her/his own research study. The fellow will also gain experience in grant writing, budgeting, contracts, and other administrative aspects of clinical research.

## International Experience

The fellow will be expected to spend time working in the developing world on advances in contraception and access to care. This international experience is designed to further the fellow's understanding of issues related to the impact of high fertility rates and poor access to reproductive health services for contraception and pregnancy care. Funding will be arranged and the amount of time required will be negotiated.

## Graduate Degree

The fellow will be strongly encouraged to obtain a MPH degree through the [Graduate School of Public Health](#) at the University of Pittsburgh. The course work can involve a multidisciplinary approach or a departmental curriculum. The options of departmental work include biostatistics, epidemiology, and health care administration.

## Application

Interviews are typically held in August and September of each year. Interested candidates should submit an application on-line through the [Family Planning Fellowship website](#).

For more information, please contact:

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Department of

# Obstetrics, Gynecology, and Reproductive Sciences

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