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I am a board-certified physician specializing in obstetrics and gynecology. I have professional interests in gynecologic surgical procedures, urinary incontinence, pelvic organ prolapse and robotic surgery.

Listen to me on The WELLcast: The mysteries of polycystic ovary syndrome

Read my Healthy Set Go articles: Ten truths about polycystic ovary syndrome

Hometown: Viborg, South Dakota

Best part of my work: is interacting with patients.

How I spend my free time: I spend my free time with my husband, Kurt and our two boys Miles (5 yrs), Mason (3 yrs) and our dogs Breve and Mocha.

What patients say about me: Patients tell me I am real, down to earth and that I make them feel comfortable.

Practice philosophy: I believe people are and should be the ultimate decision makers regarding their health and health care. The role of the physician is to provide information and make recommendations so the patient can make an informed decision within the context of their own community, culture and beliefs.

Recipient of the 2014 Allina Health Commitment to Excellence Award.

### **Board-Certified Specialties**

- Obstetrics
- · Obstetrics and Gynecology (OB/GYN)

## **Professional Interests**

- · Gynecologic surgical procedures
- Urinary incontinence
- Pelvic organ prolapse
- Robotic surgery

#### Gender

Female

### **Related Links**

· Beginnings: Pregnancy, Birth and Beyond

- Pregnancy care
- Obstetrics and gynecology (OB/GYN)

# Years of Experience

11

#### **Educational Institutions**

· University of South Dakota School of Medicine and Health Sciences

### Residencies

· University of Minnesota

### Memberships

- American College of Obstetrics and Gynecology
- · Minnesota Medical Association
- · Society of Laparoendoscopic Surgeons

### **Insurance Accepted**

- Aetna
- · America's PPO
- · BCBS of MN
- · Cigna Health
- · First Health/Coventry
- · Great-West Healthcare
- HealthPartners
- Humana
- Medica
- · Medicaid/Medicare
- · Metropolitan Health Plan
- · Partnership Health Plan
- · Patient Choice
- PPO USA
- · Preferred One
- PrimeWest
- SelectCare/LaborCare
- · South Country Health Alliance
- UCare MN
- · United Behavioral
- · United Health Care
- · WEA Wisconsin
- · Wisconsin Physician Services

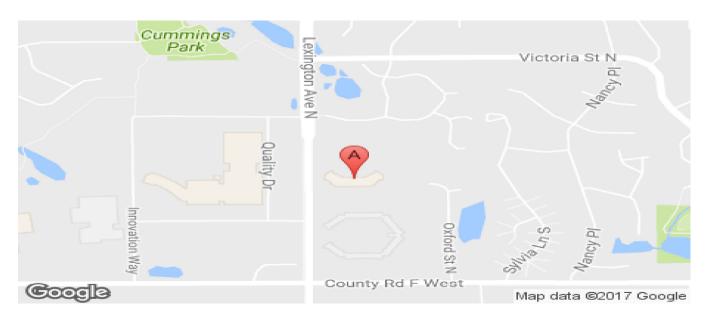
# Locations

# (A) Allina Health Shoreview Clinic

651-483-5461 4194 N Lexington Ave Shoreview, MN 55126 Get Directions View Location

# **Hospital Affiliations**

- The Mother Baby Center at United and Children's Minnesota
- United Hospital



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