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Physician Profile

Arnold L. Sperling, M.D.

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Physician Information

Except for the License information, this information has been reported by Dr. Sperling.

License Number	41186	Accepting New Patients	Yes
License Status	Active	Accepts Medicaid	No
License Issue Date	7/1/1977	Translation Services Available	None Reported
License Expiration Date	3/5/2019	Insurance Plans Accepted	Aetna, Blue Cross Blue Shield, Harvard Pilgrim Health Care, John Hancock Insurance, Numerous Plans Accepted, Tufts
Primary Work Setting	Clinic	Hospital Affiliations	Newton-Wellesley Hospital
Business Address	241 Boston Post Road Wayland, MA 01778 United States of America	NPI Number	1124030986
Business Telephone	(508) 358-5707		

Both The Joint Commission and the National Committee on Quality Assurance consider the Massachusetts Board of Registration to be a primary source provider for license status information.

Education & Training

The Education and Training information was verified as of the License Issue Date above.

Medical School	University of Kentucky College of Medicine
Graduation Date	6/30/1976
Post Graduate Training	Harvard School of Public Health, :Preventive Medicine (7/1/1975 - 6/30/1976) Tufts Medical Center, (7/1/1977 - 7/31/1979) Beth Israel Hospital/Harvard, (8/1/1979 - 12/31/1980)

Specialty

This information has been reported by Dr. Sperling.

Area of Specialty	Aerospace Medicine, Obstetrics and Gynecology
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Board Certifications

This information has been reported by Dr. Sperling.

American Board of Medical Specialties (ABMS)

Board Name	General Certification	Subspecialty
Obstetrics & Gynecology	Obstetrics and Gynecology	

Honors and Awards

This information has been reported by Dr. Sperling.

Outstanding Teacher - Tufts
Outstanding Senior Student
Honor Research Assistant - Harvard
Senior Flight Surgeon - National Guard
Senior Aviation Medical Examiner - Faa
Honor Graduate - Us Army
Master Flight Surgeon- National Guard(1998)

Professional Publications

This information has been reported by Dr. Sperling.

Laparoscopic Salpingectomy With Conventional Instrumentation
 Laparoscopic Uterine Suspension
 Talus-An Alternative To Vaginal Hysterectomy
 Prostaglandin Vs. Cervical Dilators For First Trimester Abortion.
 The Lost Intrauterine Device.
 Office Gynecologic Surgery -K. Isaacson, ed.

Malpractice Information

Some studies have shown that there is no significant correlation between malpractice history and a physician's competence. At the same time, the Board believes that consumers should have access to malpractice information. In these profiles, the Board has given you information about both the malpractice history of the physicians currently practicing in the physician's specialty and the individual physician's history of payments. The Board has placed payment amounts into three statistical categories: below average, average, and above average, based on the payments made by physicians currently practicing in the physician's specialty. To make the best health care decisions, you should view this information in perspective. You could miss an opportunity for high quality care by selecting a physician based solely on malpractice history.

When considering malpractice data, please keep in mind:

- Malpractice histories tend to vary by specialty. Some specialties are more likely than others to be the subject of litigation.
- This report reflects malpractice payments made in Massachusetts reported to the Board by Massachusetts medical malpractice insurers. You should take into account how long the physician has been in practice when considering the number of payments made.
- The incident causing the malpractice claim may have happened years before a payment is finally made. Sometimes, it takes a long time for a malpractice lawsuit to move through the legal system.
- Some physicians work primarily with high risk patients. These physicians may have malpractice histories that are higher than average because they specialize in cases or patients who are at very high risk for problems.
- Settlement of a claim may occur for a variety of reasons which do not necessarily reflect negatively on the professional competence or conduct of the physician. A payment in settlement of a medical malpractice action or claim should not be construed as creating a presumption that medical malpractice has occurred.

The payment average(s) below reflect payments made by physicians currently practicing in the specialty. You may wish to discuss information provided in this report, and malpractice generally, with your physician.

The categorization of malpractice payments reflects how that payment compares with payments made in that specialty by physicians with an active license, not physicians licensed at the time the payment was made.

Details for Payments in Obstetrics and Gynecology Specialty

Date	Category of Payment
11/6/1997	Below Average
8/11/1992	Average
12/9/1988	Average

1188 physicians currently hold an active license with a reported specialty of Obstetrics and Gynecology.
296 physicians have malpractice payments in the specialty of Obstetrics and Gynecology.

Disciplinary and/or Massachusetts Criminal Actions

Massachusetts Criminal Convictions, Pleas and Admissions

The Board has no record of felony or serious misdemeanor convictions regarding Dr. Sperling.

Health Care Facility Discipline

This section contains several categories of disciplinary actions reported to the Board by Massachusetts health care facilities which are specifically required by law to be released in the physician's profile.

Facility

Facility Type	Cambridge Health Alliance - Cambridge Campus
Basis or Allegation	Hospital
Action	Surgery on wrong body part or wrong patient
	Restriction of right or privilege
Begin Date	End Date
8/18/1993	

Massachusetts Board Discipline

Dr. Sperling has not been disciplined by the Board.

Out of State Board Discipline

The Board has no record of out of state discipline regarding Dr. Sperling.

Instructions for obtaining public information about a physician are available at our [public information page](#). Questions about a physician's Profile may be submitted to ma.profiles@state.ma.us. You may also contact the Massachusetts Board of Registration in Medicine, 200 Harvard Mill Square, Suite 330, Wakefield, MA 01880. Phone 781-876-8200 for public information about a physician or questions about a physician's Profile. Detailed information about Massachusetts Board disciplinary actions on physicians may be found at our [Disciplinary and Other Board Action](#) page.

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