

Contraception Management: Updates and Complexities in Contraceptive Care

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We will review the evidence-based use of all IUDs. Specifically, we will discuss evidence-based duration of use of all IUDs which differs from the FDA approval.

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Dr. McNeil is a graduate of Dartmouth College's Geisel School of Medicine in Hanover, New Hampshire. She completed her family medicine residency at Contra Costa Regional Medical Center in Martinez, California, where she served as chief resident. She also completed the UCSF Faculty Development Fellowship. At the Contra Costa Family Medicine Residency, Dr. McNeil leads the reproductive health curriculum, staffs labor and delivery, precepts residents in the family medicine clinic, and attends at the urgent care clinic. She is active in reproductive health advocacy work, serving as the Contra Costa-Alameda delegate to the California Academy of Family Physicians.

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Dr. Simmons earned her medical degree from Tufts University School of Medicine in Boston, Massachusetts. She completed her family medicine residency at the Hospital of the University of Pennsylvania in Philadelphia and a reproductive health and advocacy fellowship at the Reproductive Health Access Project and The Institute for Family Health in New York, New York. As a faculty physician at Harlem Residency in Family Medicine, New York, Dr. Simmons practices full-spectrum family medicine, including obstetrics, with a focus on women's health. She also practices as a per diem clinician for Planned Parenthood. In addition, she holds a leadership position with the AAFP's Reproductive Health Care Member Interest Group and is an active advocate for women's health and reproductive health issues through her state AAFP chapter.

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Learning Objectives

1. Counsel patients regarding the safety and efficacy of new and current contraception methods that are most consistent with their lifestyle and beliefs.
2. Counsel patients with questions and concerns regarding emergency contraception, and determine if OTC or prescription or some other form of prescription emergency contraception if appropriate.
3. Apply evidence-based recommendations and guidelines to contraception management of women with chronic medical conditions.
4. Integrate evidence-based recommendations and guidelines to safely and effectively manage the transition of switching contraceptives.

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