



FAMILY PLANNING CENTER

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Division of Family Planning

The Family Planning Center is led by a team of Obstetrician-Gynecologists trained in the subspecialty of Family Planning who are national and international leaders in women's reproductive health. There is no other group of physicians in this region with the same level of training and expertise.

At the UC Davis Family Planning Center, we believe that every woman deserves nonjudgmental, confidential, and compassionate attention to her unique needs throughout her reproductive life. We will help you decide which birth control options are best for you, in light of your lifestyle, family planning goals, and any medical conditions that you may have. We also provide counseling and care for women in need of an elective abortion, treatment for miscarriage or fetal death, and termination due to medical reasons.

The UC Davis Family Planning Center, along with all of the physicians in Obstetrics and Gynecology at UC Davis, are invested in helping every woman regardless of her choices or needs during pregnancy.

[Contraception](#)[Miscarriage](#)[Abortion](#)

Abortion Services

The UC Davis Family Planning Center is invested in helping every woman, regardless of her choice and circumstance. We offer abortion services for women in the 1st and 2nd trimesters. The types of treatment/procedures available to you depend on the maturity of the pregnancy and your medical history and needs.

Medical Abortion:

Applicable for: Pregnancy up to 10 weeks (70 days after your last normal period)

Information: The process involves using pills which cause the pregnancy to be passed from your body. Follow up by phone or office visit is required.

Surgical Abortion:

Applicable for: Pregnancy from 5 weeks (35 days after your last period)

Used for:

- Termination due to Abnormal Pregnancy
- Maternal health conditions
- Elective Abortion

Information: In California, surgical abortions are an option from 5 to 24 weeks of pregnancy. The procedure takes approximately 5-15 minutes to complete and can be performed in our office or at the hospital, depending on your situation. More advanced procedures typically require multiple visits.

Complications:

Complications are rare in the cases of abortion. However, if you have an unexpected situation, you can reach us at the UC Davis Medical Center with access to our specialists 24-hours a day, seven days a week.

Resources & Information:

[Abortion Information \(PDF\)](#)

We C.A.R.E.

Contraception & Sterilization

We aim to empower women to make informed decisions about birth control. We provide all available options and focus on what is unique for each woman.

Abortion & Miscarriage

Women's ability to decide when and if they remain pregnant is one of the most important issues that our team supports.

Resource & Knowledge

Patients and physicians are partners in care ensuring that women understand all of their options, with

the goal of making patients confident and reassured in their choices.

Empathy & Compassion

Our job is not only to provide medical expertise, but also emotional support for our patients and their families.

Research

If you are interested in hearing more about research studies in the Department of Obstetrics and Gynecology please see our [Research Page](#) or click the link below!

I'm Interested!

If you have further questions, contact us at email hs-obgynresearch@ucdavis.edu or call 916-734-6846.

Melissa Cooke Johnsen Family Planning and Reproductive Health Fund



This Fund, established in 2014, supports trainee education and research in family planning, specifically in issues related to contraception and abortion. In addition, the fund subsidizes the annual “Melissa Cooke Johnsen Outstanding Resident in Family Planning.”

Melissa earned her bachelor’s degree from the University of California, Davis. She and her husband, Rob Noel, currently live in Colorado and are active in the local community as women’s rights advocates. Her work in Fortune 500 companies has included roles as chief information officer, chief technology officer, vice president of IT operations, and IT strategic planning director. She has acted as CEO for a Missouri healthcare technology nonprofit and served on nonprofit boards for social justice and health care in Missouri and Colorado. She established two university endowments that support young women in STEM and expanding family planning through the education of medical professionals.

Past Awardees:

2014: Drs. Divya Arunachalam and Kristen Wolfe

2015: Dr. Kathleen Rooney

2016: Dr. Kristen Wolfe

[How to donate to the fund \(PDF\)](#)

Quick Links

- [Mission and Vision](#)
- [Robotic-Assisted Surgery](#)
- [My Chart](#)

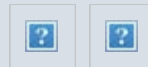
Call for an appointment today

916-734-6900

Staff members are available to assist you Monday through Friday, 8 a.m. to 5 p.m.

Connect with Us

Stay connected with what's happening at the UC Davis Health Department of Obstetrics and Gynecology



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DEPARTMENT OF OBSTETRICS AND GYNECOLOGY



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