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Family Planning & Contraception Services

At University of Colorado, we offer personalized care, quality reproductive services and family planning options through contraception counseling, initiation, education and ongoing care.

Family Planning physicians are specialists in Obstetrics and Gynecology (OB/GYN), with a focus on family planning and birth control.

Our services include:

- Annual women's health exams
- Pap smears
- STD testing
- Birth control counseling, management, and education
- Birth control after pregnancy
- Miscarriage management
- Early prenatal care

In-office procedures:

- Depo-Provera shot
- Birth control implants and removal
- IUD insertion and removal
- Sterilization procedures (Essure & tubal ligation)

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Contraception for Young Women & Teens

Contraception for Women Over 40

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Other family planning & women's services

In addition to our family planning and women's health services, we also offer management, counseling, and discussion of options for:

- Adoption
- Management of abnormal and complex pregnancies
- Counselling and treatment for unplanned pregnancies

For patients who have questions about unplanned pregnancy services, we can refer you to the Comprehensive Women's Health Center.

Our family planning providers







Dr. Maryam Guiahi



Dr. Rebecca Cohen



Dr. Stephanie Teal





CU Urogynecology

CU Gynecologic Oncology

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