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Family Planning

Ryan Center

The Ryan Center provides reliable, confidential and comprehensive health care for women seeking pregnancy termination services, contraceptive services and miscarriage care.

Services include:

- Medical pregnancy termination
- Office- and hospital-based surgical pregnancy termination in the first and second trimesters of pregnancy
- Pregnancy termination services for women with pregnancies complicated by medical conditions and fetal abnormalities
- Medical and surgical management of miscarriage
- Pre- and post-procedure counseling and follow-up
- Contraceptive counseling and services, including emergency contraception*




For more information, visit the [Ryan Center website](#).

Gynecology & Reproductive Health Clinic

At the Gynecology & Reproductive Health Clinic, [Sabrina Holmquist, MD](#), provides general gynecologic and reproductive health care services for all women and adolescents. She specializes in contraceptive options for medically complicated women.

Services include:

- Comprehensive contraceptive counseling and options, including:
 - Oral contraceptive pills (“the pill”)
 - The contraceptive patch (Ortho Evra®)
 - The contraceptive vaginal ring (NuvaRing®)
 - Injectable contraception (Depo-Provera®)
 - Intrauterine device (IUD) placement and removal
 - Implanon® insertion and removal
 - Emergency contraception*
- Pre-sterilization counseling, traditional tubal ligation, and office-based Essure® sterilization
- Contraceptive options for high-risk and medically complicated patients, such as those with a history of blood clots, cancer, depression, diabetes, epilepsy, gastric bypass, high blood

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Related Links

[Melissa Gilliam, MD](#)
[Sabrina Holmquist, MD](#)
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Online Library

[Contraception/Birth Control](#)

pressure, HIV/AIDS, lupus and other autoimmune syndromes, migraines, morbid obesity, and stroke

- Peri-menopause contraception services and counseling
- Medical and surgical management of [fibroid tumors](#) and abnormal uterine bleeding
- [Behavioral health services and counseling](#)

For more information, visit the [Gynecology & Reproductive Health Clinic website](#).

*Emergency Contraception

Visit [not-2-late](#) or call the Emergency Contraception Hotline at 1-888-668-2528 for information about emergency contraception.

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