



EP 10: LGBTQ Mini-Series: Family Planning with Dr. Meera Shah and Natalie Hinchcliffe

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Meet the Guests



Dr. Meera Shah

Dr. Shah completed medical school at George Washington University in Washington D.C. and then family medicine residency at Mount Sinai/Beth Israel Medical Center and the Institute for Family Health in New York City. She has an MS in Nutrition from Columbia University and is currently completing an MPH at Columbia University as well. Since graduating from residency, Meera has been working at Callen- Lorde Community Health Center, which is a federally qualified health center in lower Manhattan that primarily serves the LGBT community. She enjoys working in community health and providing care to those living with HIV and to those who identify on the gender spectrum. She is also trained in colposcopy and high-resolution anoscopy services and she launched a Long Acting Reversible Contraception Program at Callen- Lorde. She is also an advocate for increasing abortion access in underserved areas. Meera is a frequent contributor to *Bedsider* and has been interviewed by *The Independent*, *Teen Vogue*, *Buzzfeed*, *Think Progress* and *Voices of America*. She is also actively involved with the Physicians for Reproductive Health and enjoys being a vocal advocate for sexual and reproductive health access for all people.

Dr. Natalie Hinchcliffe

Natalie Hinchcliffe, DO, received her Women's Studies degree from the University of Florida while perusing her premedical studies. At Des Moines University in Iowa, where she completed her Doctor of Osteopathic Medicine, she was the president of Medical Students for Choice and the Gay Straight Alliance.

During her time training in Iowa and the rural Midwest she became fully aware of the effect of stigma on the healthcare experiences of those in the LGBTQ community, and

those seeking abortion services. As a result, she began training in abortion care, HIV, and gender affirmation hormone care during her third year of medical school through elective rotations. She applied only to family medicine programs that allowed her to continue her focus on comprehensive sexual health. During residency at Mount Sinai Beth Israel, Natalie strengthened her skills as an advocate for her patients. At her residency clinic, a Federally Qualified Health Center in NYC, she saw firsthand benefits of the affordable care act. Patients were able to get insurance, and thus healthcare, some of them for the first time in their lives.

Dr. Hinchcliffe left New York to provide comprehensive sexual health and education as family medicine faculty in Ohio. She completed the Leadership Training Academy Fellowship in Reproductive Health Advocacy with Physicians for Reproductive Health. In Ohio, she educates residents and medical students, and provides HIV, LGBTQ, abortion care, and general primary care. She shares her passion for comprehensive sexual health, fighting stigma in medicine, and evidence based patient centered with through lobby work, representing resolutions and pushing for policy change at the state and national level, contributing to online blogs, participating in interviews, presenting at national educational conferences, and various speaking engagements. Dr. Hinchcliffe encourages others to address stigmatized areas in medicine for the benefit of patient care.



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