

Lyndsey S. Benson M.D.



Accepting new patients

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Specialties

Family planning, Gynecology, Obstetrics

Languages

English


OVERVIEW


LOCATIONS

EDUCATION




Maternal and Infant Care Clinic at UWMC (/locations/maternal-and-infant-care-uwmc)

 1959 NE Pacific St., 3rd Floor, SW 350 Seattle, WA 98195

 [206.598.4070 \(tel:206-598-4070\)](tel:206-598-4070)


Behavioral healthcare, Care coordination, Consultation with high-risk providers, Fetal diagnostic testing


 *Open now: Closes at 7:00 pm*




Hall Health Center (/locations/hall-health-center)

 4060 East Stevens Way Seattle, WA 98195

 [206.685.1011 \(tel:206-685-1011\)](tel:206-685-1011)

 Allergy and immunology, Asthma, Contraception, Diabetes care

 *Open now: Closes at 7:30 pm*



Women's Health Care Center at UWMC-Roosevelt (/locations/womens-health-care-center-uwmc-roosevelt)

📍 4245 Roosevelt Way NE, 4th Floor Seattle, WA 98105

☎ [206.598.5500 \(tel:206-598-5500\)](tel:206-598-5500)

✔ Behavioral healthcare, Breast care, Colposcopy and LEEP, Expert second opinions

🕒 *Open now: Closes at 7:00 pm*



Family Planning Clinic at Roosevelt (/locations/family-planning-uwmc-roosevelt)

📍 4245 Roosevelt Way NE, 4th Floor Seattle, WA 98105

☎ [206.598.5500 \(tel:206-598-5500\)](tel:206-598-5500)

✔ Abortion (medical and surgical), Contraception, Family planning, Miscarriage management (medical and surgical)

🕒 *Open now: Closes at 7:00 pm*



Maternal Infant Center at UWMC (/locations/maternal-infant-center)

📍 1959 NE Pacific St., 6th Floor Pacific Tower Seattle, WA 98195

☎ 206.598.4616 (tel:206-598-4616)

✔ 24-hour anesthesia services, Antepartum care, Birth center tours, Breastfeeding support

🕒 *Open now: Closes at 1:59 am*

CONTENT SPOTLIGHT

What Does a Heart Attack Feel Like? One Doctor's Story
<https://rightsrain.uwmedicine.org/well/stories/heart-attack-women> >

How Long Are You Going to Live? These 3 Fitness Tests Can Tell You.
<https://rightsrain.uwmedicine.org/body/exercise/increase-your-longevity> >

Brain games? Yoga? What slows mild cognitive impairment?
<https://newsroom.uw.edu/postscript/brain-games-yoga-what-slows-mild-cognitive-impairment> >

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