



SONOMA COUNTY INDIAN HEALTH PROJECT



Sonoma County Indian Health Project Medical Provider Team

Getting to know your Medical Providers
Phone: (707) 521-4500



Mark Goodwin, MD Medical Director

Dr. Goodwin has been a Family Medicine Physician dedicated to serving the Native American community for the past 15 years. Dr. Goodwin was born and raised in New York and attended Columbia University as an undergraduate. He obtained his medical training at the State University of New York, Downstate Medical Center, where he shared the experience with his wife who is also a physician. Dr. Goodwin has worked as a staff physician and Medical Director with the Karuk and Pit River Tribal Health programs since moving to Northern California in 2002. He is committed to Patient Centered Medical Care with collaborative team-based approach and is inspired by the SCIHP staff and medical community. Dr. Goodwin's personal interests revolve around food, sports and music. He loves to cook and is an adventurous eater of all types of cuisine. He was a two-sport collegiate athlete and later, as the father of three boys, coached basketball and football at the middle school and high school levels. One of his teams won the State Championship! He enjoys music & playing the guitar.



Don Carlos Steele, MD

Dr. Steele is a board-certified Family Medicine Physician who has special interest and expertise in obstetric care, home visits and outreach. He obtained his medical training at Dartmouth Medical School. Dr. Steele joined Sonoma County Indian Health Project family straight out of residency in 1993. He has been a critical part of the Provider Team with his expertise in obstetric care and his commitment to home visits for Kashia Band of Pomo Indians on the Stewarts Point Rancheria. Dr. Steele enjoys living an active life outside of his clinical duties. He and his family enjoy quality time together, which includes capoeira, visiting the beach for walks, surfing, skiing, running, biking, and dance. His hobbies include making music and musical instruments, art, and ham radio.

Meredith Coble, DO

Dr. Coble is a board-certified Doctor of Osteopathy, she obtained her medical training at Touro College of Osteopathic Medicine. Dr. Coble joined Sonoma County Indian Health Project family right after residency in 2008. She has been a critical part of the Provider Team with her special training in the musculoskeletal system. What Dr. Coble loves most about working at Indian Health is the slower pace and the ability to spend more time with her patients. In her free time, Dr. Coble loves to crochet and sew.

Lambert N. Daniel, MD

Dr. Daniel is a board-certified Internal Medicine and Medical Oncology physician but confines his current practice to outpatient adult primary care Internal Medicine. Dr. Daniel received his B.S. degree in Biology from MIT and obtained his medical training from the Medical University of South Carolina. After Medical School, and multiple residencies, he trained as a Medical Oncologist at Yale and spent six years on the faculty of the National Cancer Institute doing basic cancer research. Dr. Daniel has more than twenty years of experience in primary care medicine, of which, almost all has been within Indian Health Service. He loves to play bluegrass and old-time music on the mandolin, bass fiddle and guitar..

David E. Almond, MD

Dr. Almond is a board-certified Family Medicine Physician. He obtained his medical training at the University of California San Francisco. Afterwards, he spent two years as a volunteer doctor in Central America and finishing his residency at the University of New Mexico where he worked for the Navajo and Mescalero Apache tribes. Before joining Sonoma County Indian Health Project in 2016, Dr. Almond worked for Consolidated Tribal Health for four years. Dr. Almond enjoys making wheel-thrown ceramics, gardening, raising chickens, playing folk guitar, and spending time with his family.

Shannon Williams, FNP

Shannon Williams is a board-certified Family Nurse Practitioner who has special interest and expertise in herbal medicine. Shannon apprenticed with two herbalists: Beth Riedel who studied at the local Forestville Herb School, and Matthew Wood who studied herbal medicine with the Ojibwe people of Wisconsin. Shannon studied psychology and culture (medicine) anthropology at San Jose State University and Shannon obtained her Master of Science in Nursing, Family Nurse Practitioner (FNP) degree through Sonoma State University. Shannon joined Sonoma County Indian Health Project family in 2017. She has been a critical part of the Provider Team. In her spare time, she likes to read and spend as much time possible dancing, visiting the ocean and redwood forest.

Ellen Kruusmagi, MD

Dr. Kruusmagi is a board-certified Family Medicine physician who obtained her medical training from University of California, Irvine. Dr. Kruusmagi received her B.S. in Biological Science from the University of California, Davis and a A.S. in Biological & Physical Science from the College of Marin in Kentfield, CA. Dr. Kruusmagi understands and cares about the Native community. Dr. Kruusmagi joined Sonoma County Indian Health Project family in 1991 and served as a medical director for 18 years. Dr Kruusmagi continues to be a critical part of the Provider Team. She enjoys riding her scooter and every year she competes in the DIPSEA race which is known for its terrain on mountains and hills. She is also a big dog lover.

Jennifer Betts, MD

Jennifer Betts, MD is a board-certified Family Medicine Physician, who has been delivering babies for 15 years. She received her medical training from Uniformed Services University of Health Services and completed her residency at Alaska Family Practice. Dr. Betts joined Sonoma County Indian Health Project family in 2012 but has worked in Indian country her entire career. She has been a critical part of the Provider Team with her clinical expertise in preventative medicine; women's health/pregnancy care and working with children adolescents. When she is not at work, she enjoys spending time with her family and traveling.

Donald Boone, PA

Donald Boone, PA is a well-qualified Chiropractor and Physician Assistant with a specialty in physical medicine. Dr. Boone obtained his medical training at University of California, Davis. Dr. Boone joined Sonoma County Indian Health Project in 2004. He has been a critical part of the Provider Team. His patient goals are to improve physical function and raise awareness of habitual patterns of movement, which may cause or contribute to pain and dysfunction and the impact of everyday choices on health and well-being. Dr. Boones hobbies include playing ping pong, body surfing and playing the flute.

Alexander Korin, MD

Dr. Korin is a board-certified Family Medicine physician who obtained her medical training from University of California, Davis, School of Medicine and completed her residency at the San Bernadino County Medical Center. She has been in practice for 21+ years and specializes in caring for people of all ages, at all stages of life. Dr. Korin joined the Sonoma County Indian Health Project family in 2001 and has been a critical part of the Provider Team. On her off time, she enjoys music, dancing, singing, playing piano, attending concerts and spending time with family.

John D. Hollander, DPM

Dr. Hollander is a board-certified foot & ankle surgeon who specializes in diabetic wounds and has had the privilege to lecture nationally & locally on diabetic education. He obtained his medical training at the California College of Podiatry Medicine. Dr. Hollander is a fellow of the

American College of Foot and Ankle Surgeons. He has sat on the Board of Diabetics Society and was one of the consulting doctors to the Oakland Raiders. Dr Hollander joined Sonoma County Indian Health Project family in 1992 & has been a critical part of the Provider Team with his expertise in diabetic foot care and treatment, resulting in several saved limbs. In his free time Dr. Hollander enjoys fishing, boating & race cars.

Michael Harrington, MD FACR

Dr. Harrington is a board-certified Internal Medicine Physician who specializes in Rheumatology. He obtained his medical training at the University of Colorado and the University of California, Davis. Dr. Harrington is a Founding Fellow of the American College of Rheumatology and an active member of the Queen of the Valley Hospital in Napa, CA. Dr. Harrington joined Sonoma County Indian Health Project family in 2013. He has been a critical part of the Provider Team.

Matthew Pride MD

Dr. Pride is a board-certified Obstetrics and Gynecology Physician, who specializes in abnormal uterine bleeding, fibroids, incontinence, infertility, menopausal disorders, sexual dysfunction, and stress incontinence. He obtained his medical training at University of Washington, Seattle. In addition to his work at Sonoma County Indian Health Project Dr. Pride is also affiliated with Sutter Medical Group. Dr. Pride joined the Sonoma County Indian Health Project family in 2007. He has been a critical part of the Provider Team by providing evidence-based, practical, patient centered, comprehensive women's health care. Dr. Pride enjoys time with his family, and a variety of outdoor activities.

Duncan Parker, MD

Dr. Duncan is a board-certified Family Medicine Physician who specializes in Family Medicine. Dr. Duncan obtained his medical training at the University of California-Irvine School of Medicine and completed his residency at Sutter Medical Center. Dr. Duncan also practices at Women's Health Specialists in Redding, CA. He joined the Sonoma County Indian Health Project family in 2013 as the On-call

Physician and has been a critical part of the Provider Team. In addition to English, Dr. Duncan is fluent in the Vietnamese and Spanish language. On his off time, he enjoys spending time with his family.

Ashley Weinert MD

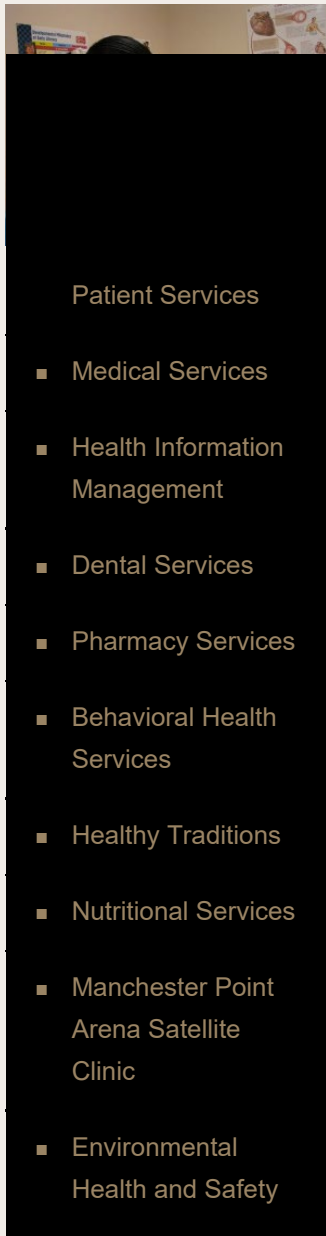
Dr. Weinert is a board-certified Obstetrics and Gynecology Physician, who specializes in abnormal uterine bleeding, fibroids, incontinence, infertility, menopausal disorders, sexual dysfunction, and stress incontinence. She obtained her medical training at the University of California, San Francisco. In addition to her work at Sonoma County Indian Health Project, Dr Weinert is also affiliated with the Sutter Medical Group. She was elected as the 2012 Sutter Medical Group of the Redwoods Physician of the Year. Dr. Weinert joined Sonoma County Indian Health Project family in 1996. She has been a critical part of the Provider Team by striving to make women's experience during pregnancy as non-interventionist and safe as possible. When she is not at work, Dr. Weinert enjoys spending time with her family biking, skiing or watching theater.

Margaret Hill, FNP

Margaret started studying to become a nurse at the early age of 17 at San Francisco State. Her focus is on Women's Health; Prenatal Care and Lactation. Margaret has been a Nurse for 39 years and Women's Health Nurse Practitioner for 34 years. She joined Sonoma County Indian Health Project in 2012. She has spent her Nursing career taking care of her prenatal patients and making them feel comfortable. On her off time, Margaret enjoys spending time with family.

Sam Cardenas, Physical Therapist

Sam graduated from the University of Southern California in Physical Therapy. Sam's work experience includes Orthopedics, Sports Medicine, Neurological, Occupational Medicine and post-operative rehabilitation. He has a thirst for continued learning. Sam has wanted to work at SCIHP for several years to add Physical Therapy Services in order to add to its already stellar health services. Sam continues to swim, play in a men's baseball league and enjoys life to the fullest.



SCHIP Events

[View full calendar](#)

[Native's Talent Show](#)

[Memorial Gathering](#)

[Yoga for Wellbeing](#)

SCIHP - Santa Rosa: Main Clinic

144 Stony Point Road

Santa Rosa, CA 95401

Main Number: 707-521-4545

Hours of Operation

**SCIHP - Manchester/Point Arena:
Satellite Clinic**

More Information Coming Soon

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