

UC San Diego Health



Sheila Mody, MD

Family Planning Specialist

Assistant Professor of Obstetrics, Gynecology, and Reproductive Sciences

Obstetrics & Gynecology (Primary Specialty) | General Gynecology



4.4 out of 5 (46 Ratings, 11 Comments)

Practice Locations



Jacobs Medical Center
UC San Diego Health - La Jolla
9300 Campus Point Drive
La Jolla, CA 92037

La Jolla - 8910 Villa La Jolla
UC San Diego Health - La Jolla
8910 Villa La Jolla
La Jolla 92037

Hillcrest - UC San Diego Medical Center
UC San Diego Health - Hillcrest
200 West Arbor Drive
San Diego, CA 92103

Hillcrest - Medical Offices South
UC San Diego Health - Hillcrest
Medical Offices South
4168 Front Street
San Diego, CA 92103

Contact Numbers

New Patient Registration:

(800) 926-8273

Direct Clinic Line:

(858) 657-8745

About Sheila Mody, MD

Bio

Sheila Mody, MD, MPH is a family planning specialist with a focus in contraceptive counseling for women with complex medical conditions. Her interests include educating patients on the use of long-acting reversible contraception and early pregnancy management.

Dr. Mody has several contraceptive clinical trials. Her primary research is on exploring if electronic medical records can improve contraceptive utilization among women prescribed teratogenic medications. She is also studying contraceptive utilization among women who undergo renal or liver transplants.

Dr. Mody has published several contraceptive papers in peer reviewed journals and presented at many national meetings. She also has contributed to community education by writing articles for UC San Diego Health's blog and the *San Diego Union Tribune*.

Prior to her arrival at UC San Diego, Dr. Mody completed her ob/gyn residency at Beth Israel Deaconess Medical Center, a Harvard teaching hospital and her fellowship in family planning at Northwestern University. She earned her medical degree from the University of Michigan and obtained a master's degree in public health from the University of Michigan School of Public Health.

UC San Diego Health Links

For more information, see [Obstetrics and Gynecology](#), or [Pregnancy and Childbirth](#).

Gender

Female

Education

Fellowship

Northwestern University, School of Medicine, Chicago, IL

Master's Degree

University of Michigan School of Public Health, Ann Arbor, MI

Medical Degree

University of Michigan Medical School, Ann Arbor, MI

Residency

Harvard Medical School, Boston, MA

Board Certifications

American Board of Obstetrics and Gynecology

Treatments and Conditions

Birth Control

Contraception

Family Planning

Intrauterine Device (IUD)

Reviews

Ratings and comments are gathered from Press Ganey patient satisfaction surveys. Ratings are an average of all responses to questions about a provider's care, with 5 stars being the highest.

[Learn more about ratings and satisfaction surveys.](#)

3.8 ★★★★★ Knew my medical history

4.6 ★★★★★ Showed concern for my concerns

4.5 ★★★★★ Amount of time spent with me

4.2 ★★★★★ Likelihood of recommending this provider

4.6 ★★★★★ Explained my condition well

4.6 ★★★★★ Listened carefully to me

4.6 ★★★★★ Gave satisfactory follow up instructions

★★★★★ great experience, clean space, friendly staff, well organized system

6/5/2019

- Verified Patient

★★★★★

I was terrified of the procedure but the care team made it much more approachable. I will absolutely seek their care the next time I have to have this done.

4/22/2019

- Verified Patient

★★★★★

thank you for everything

4/13/2019

- Verified Patient

★★★★★

Great appointment & very caring staff & provider. Very happy!

3/29/2019

- Verified Patient

★★★★★

Overall Dr. Mody was wonderful! I had a great experience with her. The person on the phone did not tell me that the Mirena now can be left inserted for 7 years (instead of 5), so this visit was unnecessary...I was grateful for her flexibility.

3/14/2019

- Verified Patient

★★★★★

really nice doc.

1/31/2019

- Verified Patient

★★★★★

Dr. Mody and staff were great.

1/30/2019

- Verified Patient

★★★★★

I was very nervous about the procedure but Dr. Mody was wonderful! I would highly recommend UCSD, Dr. Mody and all the nurses I encountered!

12/26/2018

- Verified Patient

★★★★★

Great experience, I was very satisfied with the care I received.

11/20/2018

- Verified Patient

★★★★★

very supportive

10/12/2018

- Verified Patient[See more Comments ▼](#)