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Research and programs

Resources



News and events

Biftu Mengesha, MD, MAS

*Assistant Professor, Obstetrics, Gynecology, &
Reproductive Sciences*

*Medical Director of Obstetrics, Zuckerberg San Francisco General
Hospital (ZSFG)*

Associate Director, Innovating Education in Reproductive Health

Dr. Mengesha provides clinical care at ZSFG and is a John A. Watson scholar at UCSF. During her Family Planning fellowship, she evaluated women's experiences with pregnancy interval and contraceptive counseling in the perioperative period for women undergoing bariatric surgery. She continues to do investigative work assessing women's perioperative reproductive health experiences during the bariatric surgery process and evaluating OBGYN resident's experiences with racial discrimination and bias during training. She is also the Co-director of Equity within the division of Obstetrics, Gynecology and Reproductive Sciences at ZSFG and is actively engaged in equity and inclusion efforts both in the division's clinical units and within medical education.

Areas of interest:

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Email: biftu.mengesha@ucsf.edu

- Abortion and contraceptive care and counseling
- Contraceptive counseling, access and provision in medically complex patients
- Health and health care disparities
- Medical education
- Inclusion and equity in the clinical and learning environments

[Biftu's publications on PubMed](#)

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Honors and awards:

- John A. Watson Scholar, Dean's Diversity Award, UCSF, 2017
- Outstanding Resident Teaching, Department of Obstetrics, Gynecology, & Reproductive Sciences, UCSF, 2017
- Most Outstanding Fellow as awarded by medical students, Department of Obstetrics, Gynecology, & Reproductive Sciences, UCSF, 2017
- Most Outstanding Fellow as awarded by resident, Department of Obstetrics, Gynecology, & Reproductive Sciences, UCSF, 2016
- Augusta Webster Award, McGaw Medical Center of Northwestern University, 2015
- Golden Apple Student Teaching Award, 1st Place, McGaw Medical Center of Northwestern University, 2015
- John J. Sciarra Excellence in Family Planning Award, McGaw Medical Center of Northwestern University, 2014

Education:

- Northwestern University, Medical Doctorate and Residency in Obstetrics & Gynecology
- UCSF, Master of Science in Clinical Research and Fellowship in Family Planning

Publications:

1. Mengesha BM, Carter JT, Dehlendorf CE, Rodriguez AJ, Steinauer JE. Perioperative pregnancy interval, contraceptive counseling experiences, and contraceptive use in women undergoing bariatric surgery. *Am J Obstet Gynecol.* 2018 Jul;

219(1):81.e1-81.e9. PMID: 29634911.

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2. Kerns JL, Mengesha B, McNamara BC, Cassidy A, Pearlson G, Kuppermann M. Effect of counseling quality on anxiety, grief, and coping after second-trimester abortion for pregnancy complications. *Contraception*. 2018 Jun; 97(6):520-523. PMID: 29477632.

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3. Premkumar A, Brown K, Mengesha B, Jackson AV. Abortion and contemporary hip-hop: a thematic analysis of lyrics from 1990-2015. *Contraception*. 2017 Jul; 96(1):30-35. PMID: 28578149.

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4. Mengesha B. Racial injustice and family planning: an open letter to our community. *Contraception*. 2017 10; 96(4):217-220. PMID: 28578153.

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5. Mengesha B, Griffin L, Nagle A, Kiley J. Assessment of contraceptive needs in women undergoing bariatric surgery. *Contraception*. 2016 07; 94(1):74-7. PMID: 26939526.

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6. Nash K, Feinglass J, Zei C, Lu G, Mengesha B, Lewicky-Gaupp C, Lin A. Robotic-assisted laparoscopic myomectomy versus abdominal myomectomy: a comparative analysis of surgical outcomes and costs. *Arch Gynecol Obstet*. 2012 Feb; 285(2):435-40. PMID: 21779774.

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