



Biftu Mengesha, MD, MAS



Title(s) Assistant Professor, Ob/Gyn, Reproductive Sciences
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Education and Training

University of Colorado, Boulder, CO	B.A.	05/2007	Biochemistry
Northwestern University, Feinberg School of Medicine, Chicago IL	M.D.	05/2011	Medicine
McGaw Medical Center of Northwestern University, Chicago IL	Residency	06/2015	Obstetrics & Gynecology
University of California, San Francisco, San Francisco, CA	Fellowship	06/2017	Family Planning
University of California, San Francisco, San Francisco, CA	MAS	06/2017	Clinical Research

Awards and Honors

Northwestern University, Feinberg School of Medicine	2007	Frederick G. Barr Scholar Endowed medical student scholarship
Northwestern University, Feinberg School of Medicine	2010	Beatrice Tucker Award For outstanding contributions to women's health
McGaw Medical Center of Northwestern University	2012	Excellence in Student Teaching Award
McGaw Medical Center of Northwestern University	2013	Golden Apple Student Teaching Award, 2nd Place
McGaw Medical Center of Northwestern University	2014	John. J. Sciarra Excellence in Family Planning Award

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Overview

Biftu has been a clinician-educator in the Zuckerberg San Francisco General Hospital Division of the Department of Obstetrics, Gynecology and Reproductive Sciences since 2017. She works clinically in Labor and Delivery, Gynecology and Family Planning at ZSFG. She is currently the Medical Director of Inpatient Obstetrics, the Assistant Residency Program Director and the Associate Director for Innovating Education in Reproductive Health. Her interests in medical education center around abortion and contraceptive training, incorporating equity and inclusion into the learning environment, curricular development as well as trainee and program evaluation. She led a video series on provision of long-acting reversible contraceptives for clinicians jointly sponsored by Innovating Education and the American College

Biftu's Networks

Concepts

Derived automatically from this person's publications.

- Social Justice
- Racism
- Family Planning Services
- Reproductive Health
- Bariatric Surgery

>> See all (39) concept(s)

Co-Authors

People in Profiles who have published with this person.

- Steinauer, Jody UCSF
- Dehlendorf, Christine UCSF
- Carter, Jonathan UCSF
- Kerns, Jennifer UCSF
- Kuppermann, Miriam UCSF

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Similar People

People who share similar concepts with this person.

- Dehlendorf, Christine UCSF
- Schwarz, Eleanor UC Davis
- Nguyen, Ninh UCI
- Steinauer, Jody UCSF
- Harper, Cynthia UCSF

>> See all (60) people

Same Department

- Harper, Cynthia
- Korn, Abner
- Salmeen, Kirsten
- Upadhyay, Ushma

>> Search Department

of Obstetrics and Gynecology. Biftu is also the co-creator of an ongoing OBGYN grand rounds series titled "Microaggressions M&M" where issues of equity and inclusion within the Department of OBGYN are reviewed department-wide. She is a lead developer of an online, justice-informed curriculum titled Structures and Self: Advancing Equity and Justice in Sexual and Reproductive Health Care with Innovating Education. She additionally is developing a curriculum on racial literacy in family planning for family planning fellows and faculty. In her role as Assistant Residency Program Director, she is involved in curriculum development and development of novel trainee evaluation methods for OBGYN residents.

Interests

Abortion and contraceptive care and training, complex contraception, health disparities, obesity, bariatric surgery and reproductive health, medical education, equity and inclusion in the clinical and learning environment

Publications

Publications listed below are automatically derived from MEDLINE/PubMed and other sources, which might result in incorrect or missing publications. Researchers can [login](#) to make corrections and additions, or [contact us for help](#).

List All | [Timeline](#)

- Mengesha BM, Carter JT, Dehlendorf CE, Rodriguez AJ, Steinauer JE. Perioperative pregnancy interval, contraceptive counseling experiences, and contraceptive use in women undergoing bariatric surgery. *Am J Obstet Gynecol*. 2018 Jul; 219(1):81.e1-81.e9. PMID: 29634911.
View in: [PubMed](#)  4
- Kerns JL, Mengesha B, McNamara BC, Cassidy A, Pearlson G, Kuppermann M. Effect of counseling quality on anxiety, grief, and coping after second-trimester abortion for pregnancy complications. *Contraception*. 2018 Jun; 97(6):520-523. PMID: 29477632.
View in: [PubMed](#)  1
- Premkumar A, Brown K, Mengesha B, Jackson AV. Abortion and contemporary hip-hop: a thematic analysis of lyrics from 1990-2015. *Contraception*. 2017 Jul; 96(1):30-35. PMID: 28578149.
View in: [PubMed](#)  7
- Mengesha B. Racial injustice and family planning: an open letter to our community. *Contraception*. 2017 10; 96(4):217-220. PMID: 28578153.
View in: [PubMed](#)  6
- Mengesha B, Griffin L, Nagle A, Kiley J. Assessment of contraceptive needs in women undergoing bariatric surgery. *Contraception*. 2016 07; 94(1):74-7. PMID: 26939526.
View in: [PubMed](#)  1
- Nash K, Feinglass J, Zei C, Lu G, Mengesha B, Lewicky-Gaupp C, Lin A. Robotic-assisted laparoscopic myomectomy versus abdominal myomectomy: a comparative analysis of surgical outcomes and costs. *Arch Gynecol Obstet*. 2012 Feb; 285(2):435-40. PMID: 21779774.
View in: [PubMed](#)

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