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Rathika Nimalendran, MD

RESIDENT PHYSICIAN

Personal Statement

Hello! I'm Rathika and I grew up in Gainesville, Florida! (Go Gators!) After growing up in the south, I decided to freeze and attended college at Wellesley College. After graduating, I spent a year studying parasites (Chagas' disease and cysticercosis) in Lima, Peru and another year working with *C. elegans* (a tiny worm) at the University of Florida before starting medical school at Columbia University College of Physicians and Surgeons.

I became interested in Family Medicine after spending a summer interning at Clinica de Familia La Romana (CFLR), a family, HIV, and sex worker clinic in the Dominican Republic. I then spent a year as an international research fellow at CFLR developing a study to determine the impact of expedited viral load test analysis on the ability for HIV-positive women to have vaginal deliveries!

In my off-work time, I love hanging out and hiking with my husband, reading novels, baking, and watching my cats act ridiculous.

Areas of Interest

Women's reproductive health, underserved care-LGBT, minority, refugee/migrant, and prisoner health

Services

Family Medicine

Education and Training

Resident, University of North Carolina Family Medicine Residency Program, June 2015 – May 2018

MD, Columbia University College of Physicians and Surgeons, United States, 08/2010 – 06/2015

BA, Wellesley College, Wellesley, MA, Neuroscience and Music, 09/2004 – 05/2008



Department of Family Medicine

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UNC Department of Family Medicine

Administrative phone: (984) 974-4888

Clinic & Department Address

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