

# Aliye Runyan

*December 3rd, 2014*

## Project Title

Preventing Primary C-section Through a Multifactorial Approach: a Hutzel Quality Improvement Project



## Project Overview

The prevention of primary cesarean delivery is a current focus of quality of care initiatives in obstetrics, as its rate has risen without improvement in patient outcomes. Concerns regarding litigation, and the belief that cesarean delivery will mitigate this risk, also play an important role. This conflict encompasses the spectrum of cost of care, overuse of an intervention, and need for a culture change within a hospital system. The goal of this project is to better standardize indications for both induction of labor and primary cesarean delivery, and to promote education of appropriate indications among health care providers at Hutzel Women's Hospital.

## Affiliation

Wayne State University/Detroit Medical Center

## Meet the Team

**Aliye Runyan, MD**, is a first year resident in OB-GYN at Wayne State/Detroit Medical Center. Originally from St. Petersburg, Florida, Aliye most recently

lived in the DC area, where she spent two years as the Education and Research Fellow for the American Medical Student Association. Her role involved creating educational models to address gaps in traditional medical education, including health policy and advocacy, wellness in medical training, and quality improvement initiatives.

From 2010-2011, she was a Howard Hughes Medical Institute –NIH research fellow, studying the role of osmotic transport pathways in uterine fibroid growth. Aliye's career interests include family planning, international public health, reproductive rights, medical humanities and wellness, and medical education. She intends to pursue a career in academic medicine. Aliye enjoys yoga, meditation, reading, and traveling.

**Steve Dudick**

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