



ObGyn&RS

Residency Program

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About Me

I found my passion for reproductive health while leading workshops on sexuality, gender, power, and safer sex in both Providence, Rhode Island and New York City. I found it meaningful to help folks navigate emotionally charged discussions, to make health information accessible, and to encourage people to advocate for themselves. In medical school, I discovered that the field of OBGYN would allow me to continue this work and more. I loved contributing to teams caring for women in vulnerable moments, developing therapeutic relationships, and engaging in meaningful research with interdisciplinary impact. I am so excited that I get to work with amazing colleagues and patients every day for my whole career.

I chose to continue my training in OBGYN at UCSF because of the institution's commitment to social justice and the faculty-wide focus on the intersection of patient care, advocacy, and research. I feel very fortunate to learn from such dedicated and accomplished residents and faculty.

Outside of medicine, you'll find me spending time with friends and family, running, planning complicated hiking trips, cooking vegetarian feasts, and making strange crafts, often all at the same time!



Blair McNamara, MD

Resident Physician - PGY 2

Blair.Mcnamara@ucsf.edu

If you are a patient, please do not contact a physician by email without his/her prior expressed consent due to confidentiality concerns.

Main Address

UCSF OB/GYN&RS Residency Program
550 16th Street, 7th Floor
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San Francisco, CA 94143-0132

Location	Office Phone	Fax
Mission Bay	(415) 476 - 5192	(415) 476 - 1811
Mount Zion	(415) 353 - 9240	(415) 353 - 9509
San Francisco General Hospital	(415) 206 - 3061	(415) 206 - 3112

Research/Clinical Interests: Family Planning, History Of Medicine, Health Disparities, Gynecologic Oncology

Education/Training

Year	Institution	Degree	Field of Study
current	University of California, San Francisco	Residency	Obstetrics, Gynecology and Reproductive Sciences
2018	Yale School of Medicine, New Haven, CT	MD	Medicine
2012	Brown University, Providence, RI	BS	Human Biology

Research & Professional Experience

Year	
2017- 2018	Researcher - Department of Obstetrics and Gynecology, Section of Gynecology Oncology, Yale University School of Medicine, New Haven, CT
2015- 2018	Researcher - Department of Obstetrics and Gynecology, Section of Family Planning, University of California San Francisco, San Francisco, CA
2014- 2018	Researcher - Department of Obstetrics and Gynecology, Section of Family Planning, Yale University School of Medicine, New Haven, CT
2013- 2014	Clinical Research Coordinator – Departments of Immunology and Gastroenterology, Icahn School of Medicine at Mount Sinai, New York, NY
2012- 2014	Co-Founder and Facilitator - GenSexNYC, New York, NY
2012	Senior Honors Thesis – Increasing Hepatitis C prevalence and associated risk behaviors among incarcerated young adults in Rhode Island, Brown University, Providence, RI
2011- 2012	Fellow – The Center for Prisoner Health and Human Rights, Providence, RI

Achievements & Recognition

Year	Major Honors
2017	Awarded the Society of Family Planning Trainee Research Grant
2015 & 2017	Awarded Yale School of Medicine Research Fellowships
2012	Inducted into Sigma Xi Scientific Research Society
2012	Awarded the Student Investigator Scholarship, NIH/NIDA and Jacob and Valeria Langeloth Foundation
2012	Awarded departmental honors for senior thesis, Brown University Biology Department

Oral Presentations

McNamara B, Fadul N, Bendit J. Confined: Bodies and Selves. Hepatitis C and incarcerated young adults. Oral Presentation at “Theories in Action at Brown University”. Providence, RI, April 2012.

Cutler A, **McNamara B**, Lundsberg L, Kennedy HP, Gariepy A. Putting pregnancy into context: a qualitative analysis of women’s experiences following a pregnancy diagnosis.

Oral Presentation by Cutler A, at “31st ICM Triennial Congress”. Toronto, Canada. June 2017.

Poster Presentations

McNamara B, Manríquez E, Pierson W, Chen L. Treatment of Uterine Carcinosarcoma: A Retrospective Review of 89 Cases. Western Association of Gynecologic Oncologists 2019 Annual Meeting. June 2019.

McNamara B, Joudeh L, Corbetta. Rastelli C, Orlando M, Kerns J . Women's experiences traveling out of state to receive abortion services . National Abortion Federation's 43rd Annual Meeting. May 2019

Dugan, KB , **McNamara B**, Lu L, Litkouhi B, Azodi M, Schwartz PE, Ratner E, Menderes G, Silasi DA. Surgical approach for interval debulking after neoadjuvant chemotherapy for treatment of advanced stage ovarian cancer . Society of Gynecologic Oncology's 50th Annual Meeting. March 2019

McNamara B, Losikoff P, Huguenin L, Rich J, Brockmann B, Gregory SH. Increasing Hepatitis C infection and associated risk behaviors among incarcerated young adults in Rhode Island. Poster Presentation at “5th Academic and Health Policy Conference on Correctional Health”. Atlanta, Georgia, March 2012.

McNamara B, Russo J, Jacobson J, Kerns J. Patient experiences with digoxin injection before dilation and evacuation: a qualitative study. Poster Presentation at “North American Forum on Family Planning”. Denver, Colorado. November 2016.

McNamara B, Warner J. Physician writing on abortion in the Journal of the American Medical Association: 1883-2017. Poster Presentation at "Yale School of Medicine Student Research Day". New Haven, Connecticut. May 2017.

Publications

McNamara BC, Cutler A, Lundsberg L, Kennedy HP, Garipey A. "I'm used to doing it by myself": exploring self-reliance in pregnancy. *BMC Pregnancy Childbirth*. 2018 Oct 5;18(1):393. doi: 10.1186/s12884-018-2022-8. PMID 30290785

McNamara BC, Losikoff PT, Huguenin L, Macalino GE, Rich JD, Gregory SH. Increasing Hepatitis C prevalence and associated risk behaviors among incarcerated young adults. *J Urban Health*. 2014 Apr;91(2):376-82. doi: 10.1007/s11524-013-9807-x. PMID: 23722268

Cutler A, **McNamara BC**, Qasba N, Kennedy HP, Lundsberg L, Gariepy A. "I just don't know": An exploration of women's ambivalence about a new pregnancy. *Womens Health Issues*. 2018 Jan - Feb;28(1):75-81. doi: 10.1016/j.whi.2017.09.009. Epub 2017 Nov 3. PMID: 29108986

McNamara B, Russo J, Jacobson J, Kerns J. Patient experiences with digoxin injection before dilation and evacuation: a qualitative study. *Contraception*. 2018 Jun;97(6):515-519. doi: 10.1016/j.contraception.2018.02.004. Epub 2018 Mar 26. PMID: 29477630

Kerns JL, Mengesha B, **McNamara BC**, Cassidy A, Pearlson G, Kuppermann M. Effect of counseling quality on anxiety, grief, and coping after second-trimester abortion for pregnancy complications. *Contraception*. 2018 Jun;97(6):520-523. doi: 10.1016/j.contraception.2018.02.007. Epub 2018 Mar 26. PMID: 29477632

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