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Caitlin Bernard, MD

Assistant Professor of Clinical Obstetrics & Gynecology

Bio

Caitlin Bernard, MD is a family planning fellowship-trained obstetrician and gynecologist. Her clinical interests are in contraception, abortion and miscarriage care, in addition to general obstetrics and gynecology. Her research interests include improving access to contraception and understanding how to decrease unintended pregnancy and improve pregnancy outcomes. She has worked in Kenya for the past four years through the AMPATH/IUSM-Kenya partnership. There she is engaged in care, teaching and research programs, including improving access to contraception, early pregnancy care and improving maternal and neonatal outcomes.

Key Publications

Bernard C, Wan L, Peipert JF, Madden T. Comparison of an Additional Early Visit to Routine Postpartum Care on Initiation of Long-Acting Reversible Contraception: A Randomized Trial. *Contraception* [in press]

Bernard C, Pekny CR, Omukagah CO, Bernard CO, Manji I, Pastakia SD, Christoffersen-Deb A. Integration of contraceptive services into anticoagulation management services improves access to long-acting reversible contraception. *Contraception* [in press]

Bernard C, Zhao Q, Peipert JF. Dual method contraceptive use among long-acting reversible contraceptive users. *Eur J Contracept Reprod Health Care*. 2018 Apr;23(2):97-104. doi: 10.1080/13625187.2018.1445850. Epub 2018 Mar 27.

Parks C, Peipert JF. Eliminating health disparities in unintended pregnancy with long-acting reversible contraception. *Am J Obstet Gynecol* 2016;214(6):681-8.

Tsevat DG, Wiesenfeld HC, Parks C, Peipert JF. Sexually transmitted diseases and infertility. (<https://www.ncbi.nlm.nih.gov/pubmed/28007229>) *Am J Obstet Gynecol*. 2017 Jan;216(1):1-9.

Grentzer J, [Parks C](#), & Peipert JF. Contraception and Sterilization. In *Clinical Reproductive Medicine and Surgery: A Practical Guide* (3rd ed). New York, NY: Springer-Verlag.

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