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/ Author: Dara Kass, MD



## Dara Kass, MD

. @darakass

Dara Kass, MD is the founder of FemInEM. An emergency medicine physician and advocate for the advancement of women in medicine, she is passionate about creating a community where women in EM can act as champions for one another. She is a graduate of SUNY Downstate Medical School and Kings County Hospital's residency program. Previously the director of undergraduate medical education at NYU, she now serves as an Assistant Clinical Professor of Emergency Medicine at Columbia University Medical Center in NYC where she is also the Director for Equity and Inclusion for the Emergency Department. Under her leadership, FemInEM strives to achieve gender equity in emergency medicine and provide professional development, resources, and support for

women who have been called to a life in EM. In addition to her work as an advocate and physician, she is mother to [REDACTED]. She lives with her children and her husband, [REDACTED], in Brooklyn, New York.



## Building Your Raft of Bitches



Dara Kass, MD

My original FIX18 was going to be about resilience. I figured a talk about rejection, resilience and pushing through fear would be a great way to start the conference. It was going to be great: emotional, honest, heartwarming and hopefully funny....

NOVEMBER 5   
LEAD  1

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**Yes, there is a pay gap.** Female physicians do not work as hard and do not see as many patients as male physicians. This is because they choose to, or they simply don't want to be rushed, or they don't want to work the long hours. Most of the time, their priority is something else ... family, social, whatever.

Nothing needs to be "done" about this unless female physicians actually want to work harder and put in the hours. If not, they should be paid less. That is fair.

## Does Every Opinion Matter?: Antiquated Views on Women, the Persistent Gender Compensation Gap, and The Conversations that Will Lead to Meaningful Progress



Esther Choo, MD, MPH



Jane van Dis, MD

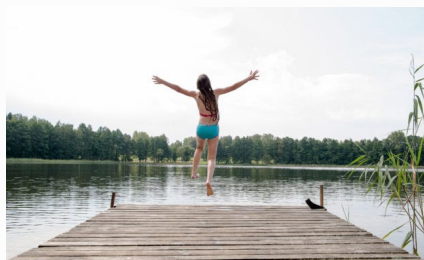


Dara Kass, MD


The pay gap between men and women has been a subject of interest recently, particularly in 2018 reports by Doximity and Medscape. Notably, the gap favors men, is not explained by obvious factors such as hours worked or choice of...

□ SEPTEMBER 1 □  
GROW □ 2

□ □  
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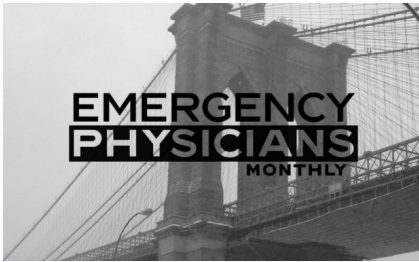
## Camp Doctor – The Most Rewarding Physician Job I’ve Ever Had

 Dara Kass, MD

Even after all this time, the phone calls aren’t always easy to make. “Hi, Mrs. Smith, this is Dr. Kass at camp, don’t worry, everything is OK.” I usually get that out in one breath, then immediately transition to concrete...

□ OCTOBER 10 □  
WORK □ COMMENT

□ □  
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## Drs. Tintinalli, Kass and Wolfe Respond to 'Parenthood and Medicine, Each in its Season'



Judith Tintinalli, MD, MS



Dara Kass, MD



Jeannette Wolfe, MD

Editor's Note: Last week Emergency Physicians Monthly published the response of three female emergency physicians to the Emergency Medicine News letter to the editor "Parenthood and Medicine, Each in Its Season." We felt it was worth sharing here as well. Last...

AUGUST 29   
LEAD  COMMENT

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## The First 100 Days



Dara Kass, MD

When FemInEM launched in September 2015 we knew we were going to touch on some sensitive topics. Gender equity, medicine, profession roles, parenthood, equal pay – we looked forward to tackling these issues as a community. We thought an easily...

APRIL 25     LEAD  
 1

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Welcome to

## FIX2017: The FemInEM Idea Exchange



Dara Kass, MD

Get ready for The FemInEM Idea Exchange, October 4-6, 2017 in NY. We wanted to share some basic details so you could get excited! The Conference We built this agenda to reflect the best conference experiences we have ever had. Our attention spans...

- APRIL 1
- WORK
- COMMENT

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"I WISH EVERYONE IN AMERICA WOULD READ THIS BOOK." —GLOUKA STEINEM

# LIFE'S WORK

A MORAL ARGUMENT FOR CHOICE

DR. WILLIE PARKER

Book Review:

## Life's Work A Moral Argument for Choice by Dr. Willie Parker



Dara Kass, MD

Gloria Steinem is right, everyone should read Dr. Willie Parker's new book "Life's Work: A Moral Argument for Choice." From mothers to fathers, physicians to pastors, it frames a conversation that is both timely and important. The book, a quick...

FEBRUARY 16   
TALK  COMMENT

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## FemInEVERYTHING? Can We Say That Women Doctors are Just Better for



## Everyone?



Dara Kass, MD

Recently, my friend had a patient. The guy, patient with history of autoimmune disease came in with pain, anxiety and tachycardia. She walked in and felt the psychosomatic overlay. What was her intervention? Meds? Psych? Nope... She closed the door,...

□ DECEMBER 19 □  
TALK □ 6

□ □  
[READ MORE](#) □

1

2

3

[RECENTLY ON FEMINEM](#)

Diversity in  
Travel: What a  
Doctor Looks  
Like

Living Apart  
Together

On the Front  
Lines of Climate  
Change

TIMES UP

## Healthcare: The Clock Is Ticking

### #TAG CLOUD

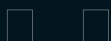
#awards #balance #book club  
#childcare #controversy  
#discrimination #diversity  
#education #EMS  
#entrepreneur #equal pay #events  
#fellowship #finance  
#gender #gender  
bias #global EM #health  
policy #leadership  
#maternity #maternity leave  
#medical education  
#mentorship #negotiation  
#niche #parenting #partner  
violence #perspective #PMG  
#pregnancy  
#professional  
development  
#professionalism  
#promotion #Public  
health #RoshReview #schedule  
#scholarship #shift breaks #shift work  
#social media  
#sponsored  
#teaching #telemedicine  
#wellness #work  
life balance

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