



Kohar Der Simonian, MD

Family Medicine

Maine Medical

PARTNERS

A department of Maine Medical Center

Primary Care Provider, Hospitalist

Biography

I think being a physician is an incredibly humbling and fulfilling job. As a full spectrum family medicine doctor, I get to form relationships and treat patients from birth (literally, as I do obstetrics) to death. That is the cliché of family medicine, but that is precisely what draws me to this field. I am a big proponent of preventative medicine, and spend time in my visits with patients encouraging lifestyle changes that will benefit their physical and mental health. I believe in making sure patients understand their bodies and their conditions, and by being responsive to their concerns.

I especially love caring for teens, adolescents and young adults, and aim to provide patients with knowledge that empowers them to take control of their reproductive health and futures. Training the next generation of physicians is also very important to me, which is why I am proud to be affiliated with the family medicine residency training program and with Maine Medical Center.

Languages

English

Education & Credentials

Board Certifications

Family Medicine, 2009

Fellowships

Mount Sinai Beth Israel/Institute for Urban Family Health, Reproductive Health, 2010

Residencies

UCSF - Family Practice Residency Program, Family Medicine, 2009

Medical Education

University of Vermont College of Medicine, MD, 2006

Affiliations

Maine Medical Center since 2015

Maine Medical Partners since 2015

MaineHealth Accountable Care Organization since 2015

Where I Provide Care

Primary Office

Maine Medical Partners Falmouth Family Medicine

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Hospitals

Maine Medical Center - Portland