



Have a question? Call 888-402-LVHN (5846)



**Alison B. Post, MD**  
Internal Medicine, Primary Care



345 Ratings

**Need help scheduling?**  
Call 888-402-LVHN (5846)

Monday - Friday:  
7 a.m. – 8 p.m.

Saturday:  
9 a.m. – 5 p.m.

**Specialties**

**Internal Medicine**  
**Primary Care**

Area of focus

Adult Health, Preventative Medicine

Languages spoken

English

**Dr. Post's Locations**



**LVPG Internal Medicine-3080 Hamilton Blvd**

3080 Hamilton Blvd  
Suite 350  
Allentown, PA 18103-3694  
484-661-4650

[Get Directions in Google Maps](#)

**Conditions Dr. Post Treats**

Anemia

Autoimmune Diseases

Blood Disorders

**Bronchitis**

Cellulitis

Chronic Diseases

Cold

Cough

Edema

**Erectile Dysfunction**

**Fibromyalgia**

Gastrointestinal Diseases

**Gout**

**Headaches**

**Hyperglycemia (Excess Blood Glucose)**

Hyperlipidemia (High Cholesterol)

**Hypertension (High Blood Pressure)**

Hypertensive Heart and Chronic Kidney Disease

**Hypoglycemia (Low Blood Sugar)**

Hypokalemia (Low Potassium in Blood)

Limb Swelling Caused by Fluid Overload

Myalgia (Muscle Pain)

Neuropathy

Osteoarthritis

Osteopenia (Bone Loss)

**Osteoporosis**

Postnasal Drip

Pulmonary Disease

Shingles

Sinusitis

# Services Dr. Post Offers

## Internal Medicine

### Primary Care

#### About Dr. Post

##### Philosophy of care

I went into primary care because I love developing relationships with my patients. I believe in listening to them and including them in their care. I want patients to understand the why and the how of their healthcare so they can make educated decisions that have a positive impact on their lives.

##### Why I entered medicine

My father was a doctor, and I grew up in a medical household. I always had a passion for taking care of people, but my early plans were to go into social work, not medicine. Somewhere along the way, though, I realized how much my father loved what he did. I recognized that becoming a doctor would allow me to make a profound difference in people's lives, and I decided to follow in his footsteps.

##### Community involvement

Being an active participant in my community is vitally important to me. I sit on the board of the B'nai B'rith Housing Corporation in Allentown, a residence for seniors and those with mobility impairments. I also volunteer regularly at my synagogue and serve on many committees. It's all part of supporting people around me who've given me so much.

##### Personal interests

Reading fiction is one of my favorite pastimes. I'm in a book group of women I've known for 20 years. We meet once a month to talk about books—and anything else that inevitably comes up. I also get together regularly with friends to play mah-jongg (a game using tiles that was developed in China). At home, I love spending time with my husband, two teenage kids and my two dogs. I credit the dogs with keeping me in shape; we log a couple of miles every day, rain or shine, hot or cold. My other happy place is any quiet stretch of beach along the Jersey shore. You'll find me there whenever I can get away (sitting under an umbrella with my sunscreen on, of course!).

#### Education

**Undergraduate**

Brandeis University, BA - Sociology, 1989

**Medical Training**

Hahnemann University School of Medicine, MD - Doctor of Medicine, 1996

**Training****Residency 1996**

Internal Medicine, Christiana Care Health System, Newark, DE

**Residency 1997**

Internal Medicine, Christiana Care Health System, Newark, DE

**Residency 1998**

Internal Medicine, Christiana Care Health System, Newark, DE

**Certifications**

American Board of Internal Medicine - Internal Medicine

**Ratings and Reviews****★★★★☆ 345 Ratings — 4.68 out of 5**

Explains (343)	4.72	★★★★☆
Listens (341)	4.71	★★★★☆
Instructions (75)	4.84	★★★★★
Knows Medical History (341)	4.59	★★★★☆
Courtesy, Respect & Concern (81)	4.83	★★★★★
Time Spent with Patient (81)	4.93	★★★★★
Patient Rating of Doctor (334)	4.77	★★★★★
Gave Enough Information (264)	4.59	★★★★☆
Trust Provider (259)	4.68	★★★★☆

**About Our Ratings and Reviews** ∨

## Comments



"Was seen in a timely manner"

Dec 4, 2019



"I was very please to be seen when I really needed to be seen, and had a very positive experience"

Dec 4, 2019



"Dr Post is one of the best doctors that I have seen at the Lehigh valley network."

Dec 2, 2019

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