



First Trimester Abortion

Between 5 And 14 Weeks, And 6 Days LMP

We offer First Trimester abortion services between 5 and 14 weeks, 6 days (pregnancy calculator) from the first day of the last normal menstrual period. We perform surgical abortion by suction D&C. The average visit to our center is approximately 4-6 hours.

We offer two levels of anesthesia for our surgical procedures:

1. **Local anesthesia**, around the area of the cervix, also known as a cervical block
2. **Twilight (conscious) sedation**, which puts you in a semi-conscious state where you are still breathing on your own and will quickly regain consciousness soon after the procedure is complete.

The choice of anesthesia is yours, and there is no difference in the price. We recommend IV sedation since it gives you more pain relief, and most likely you will not remember the procedure.

As part of the surgical procedure, all patients will receive the medicines Xanax and Cytotec. Xanax is an anti-anxiety medication, which will not only help you relax, but also contributes to the efficacy of the twilight sedation. Further, it reduces the amount of medication needed for anesthesia. We are one of the few centers across the country to use these remarkable drugs to make the entire procedure easier and much safer for our patients.

On the day of your procedure, you will need to register with the receptionist, who will gather information regarding your medical history, your personal information, and take care of insurance or payment. We accept most insurance programs as well as Maryland Medical Assistance.

If you would like to save time the morning of your procedure, please print and fill out the forms below, in full, and present them to the receptionist when you arrive. If you have any questions regarding the content of the form(s), please do not hesitate to call our office prior to your appointment or just simply ask the receptionist when you sign in the morning of your procedure. You must review your patient rights and responsibilities before you come in for your procedure.

Please Review:  [Patients & Responsibilities](#)

Please Complete:  [1ST TRIMESTER ABORTION FORMS](#)

[Click here for our fees](#)

A female staff member, a trained counselor, will bring you to a private examination room.

PLEASE NOTE: Although we truly understand and appreciate the support of the family and friends who accompany you during this difficult and emotional time, out of respect for the privacy of our other patients they will not be allowed to be with you during your pre-op examination and your procedure, and our staff will gladly keep your guest informed of your progress and provide them with an estimated time for discharge. We will also call them if they prefer to leave and come back when you are ready.

We will perform a sonogram to accurately verify the gestational age. A small blood sample will be drawn and tested for the Rh factor. If needed, you will receive a RhoGam injection. Your staff member will review your medical history, discuss your decision to terminate the pregnancy, and offer information on contraception options for the future. During this time, you will have the opportunity to ask any questions. We will discuss post procedure birth control with you and give you a sample of a birth control method. She will then give you the Xanax and Cytotec as discussed above. After your pre-op examination and meeting, you will return to the waiting area until the surgical staff is ready for your procedure.

When it is time for your procedure, you will be escorted into the OR, where our staff will help prepare you for surgery, and the nurse will administer the twilight anesthesia. Once the anesthesia has taken effect, the procedure will be performed by a board eligible/certified gynecologist. The procedure consists of a suction D&C, which is one of the safest and most common procedures in the United States, and only takes a few minutes.

After your procedure, you will be accompanied to the recovery room where we will monitor your post anesthesia recovery for approximately thirty to forty-five (30 – 45) minutes. When you are ready to be discharged, our staff will escort you out to your friend or family member who will take you home.

PATIENT COMMENTS

"I felt safe and assured with my decision when speaking with your staff. Thank you very much for your professionalism and non-judgement."

"From the moment I arrived everyone was so nice and friendly."

"My husband and I are so grateful the counselor and doctor understood us and gave us straight forward answers."

CALL US TODAY
(410) 391-1000



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