

## Superior Women's Health Care

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150 Tarrytown Road, Manchester, NH 03103

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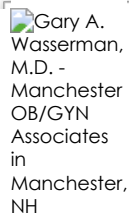
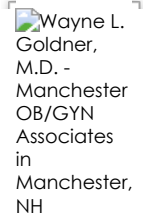


## Our Staff

### Wayne L. Goldner, M.D.

Dr. Goldner received his Bachelor of Science in Biology, Summa Cum Laude, at Brooklyn College of the City University in New York. He then completed his Medical Degree at the University of Pennsylvania in Philadelphia. Dr. Goldner served his 4-year residency at Bay State Medical Center in Springfield, Massachusetts.

He joined Dr. Robert Lord in July, 1982 and has continued to practice exclusively at Manchester Obstetrical Associates since that time. He provides comprehensive services in obstetrics, gynecology, infertility, high risk obstetrics, menopause and family planning. Dr. Goldner is board certified by the American Board of Obstetrics and Gynecology and is a Fellow of the American College of Obstetricians and Gynecologists.



### Gary A. Wasserman, M.D.

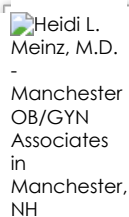
Dr. Gary Wasserman received his Bachelor of Arts in Psychology and his Medical Degree from the State University of New York. He completed his residency at Baystate Medical Center in Springfield, Massachusetts. Dr. Wasserman is board certified and is a Fellow of the American college of Obstetricians and Gynecologists. He is also a member of the Resolve, Inc., and American Association of Gynecologic Laparoscopy.

Dr. Gary Wasserman has been named Top Doctor for 2005 and 2007 in the NH Magazine. He has an interest in gynecology, with special emphasis on pelvic surgery, infertility, and endometriosis. He also has an interest in pelvic reconstruction and urogynecology. He is certified by the Accreditation Council for Gynecologic Endoscopy in both advanced laparoscopy and hysteroscopy.

### Jennifer M. Donofrio, M.D.

Dr. Donofrio received her Bachelor of Science in Biology from the College of William and Mary in Williamsburg, Virginia. She attended the Medical College of Virginia in Richmond where she received her Doctorate in Medicine. Her residency training in obstetrics and gynecology was done at Carilion Roanoke Community Hospital, Roanoke, Virginia.

She has extensive experience in high-risk obstetrics and all aspects of gynecological surgery including laparoscopy and pelvic prolapse repair. She is performing Essure sterilization, NovaSure endometrial ablation and in office cryo-ablation for management of heavy menses. She has an enthusiastic interest in well women care. She has provided gynecological services for the Manchester Teen Health Clinic since 1999.



### Heidi L. Meinz, M.D.


Dr. Meinz received her Bachelor of Science in Biochemistry at Harvard University. She then completed her medical degree at Vanderbilt University in Nashville, Tennessee. Her residency training was done at Women and Infants Hospital (Brown University) in Providence. She offers a full spectrum of obstetric care from preconception planning to high risk pregnancy management.


Other areas of interest include infertility evaluation and treatment, in office surgical management of heavy periods, and management of abnormal Pap smears and cervical dysplasia. In addition, she is experienced in all aspects of gynecology including minimally invasive surgery and out-patient surgical treatment of urinary incontinence. She lives in Bedford with her husband and 3 children.

### Brenna Stapp, DO

Dr. Stapp graduated from Ithaca College in New York with an honors degree in Biology and a minor in Spanish. She then completed her medical education at the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine. She went on to serve her four years of residency in OB/GYN at the University of Connecticut in Farmington, CT. She is a member of the American College of Obstetricians and Gynecologists, as well as of the American Association of

Gynecologic Laparoscopists. Her medical interests include minimally invasive gynecologic surgery including, robotically assisted hysterectomy. She is dedicated to providing women continuity of care throughout the various stages of their lives, from adolescence through menopause. Outside the hospital, she loves running, crocheting, travelling with her husband and spending time with her family.

 Brenna Stapp, DO. - Manchester OB/GYN Associates in Manchester, NH


 Jillian Dulac - Manchester OB/GYN Associates in Manchester, NH

### Jillian Dulac

Dr. Dulac graduated from The College of the Holy Cross in Worcester, MA, with a Bachelor of Arts degree in Biology with a concentration in Biological Psychology. She went on to complete her Medical Degree at Dartmouth College in Hanover, NH. Dr. Dulac received her residency training at the University of Connecticut in Farmington, CT and is a member of the American College of Obstetricians and Gynecologists. She provides obstetrics and gynecological care for women of all ages and enjoys forming lasting relationships as her patients' needs evolve. Dr. Dulac's interests include all aspects of obstetrics from preconception planning to high risk obstetrics, as well as minimally-invasive laparoscopic and robotic gynecologic surgery. Outside of work she loves to travel, ski, and spend time with her family.

### Brenda M. Sanborn, C.N.M.

Brenda received her Master of Science in Nursing and her Midwifery education at Georgetown University in Washington, D.C. She is certified by the American College of Nurse Midwives and by the State of New Hampshire as an Advanced Registered Nurse Practitioner. Ms. Sanborn enjoys providing care to women of all ages. She has a special interest in perimenopausal care and holistic approaches to healthcare.

 Brenda M. Sanborn, C.N.M. - Manchester OB/GYN Associates in Manchester, NH


 Angela Diorio R.N.C., M.S.N., A.R.N.P. - Manchester OB/GYN Associates in Manchester, NH


### Angela Diorio, R.N.C., M.S.N., A.R.N.P.

Angie received her RN Diploma in 1977 at Whidden Memorial Hospital, Everett, Mass. In 1994 she obtained her Bachelor of Science in Nursing at the University of New Hampshire. She received her Master of Science in Nursing and Nurse Practitioner education at the Massachusetts General Hospital Institute of Health Professions in 1996. She is certified as an Adult Primary Care and Women's Health Care Nurse Practitioner and a member of the New Hampshire Nurse Practitioner Association and The Association of Women's Health, Obstetric and Neonatal Nurses. Angie has a special interest in adolescents, obstetrics, PMS, menopausal issues with a major focus on women's health prevention and education.

### Ann Chalifour, A.R.N.P.

Ann received her Bachelor of Science in Nursing in 1981 at the University of New Hampshire. In 1997 she received her Master's Degree and Nurse Practitioner education at Boston College in Chestnut Hill, Mass. She is certified as a women's health nurse practitioner and is a member of the NH Nurse Practitioners Association. Ann enjoys providing health care to women throughout the lifespan. She holds a special interest in adolescent to perimenopausal care. She especially enjoys health education and promotion.

 Ann Chalifour, A.R.N.P. - Manchester OB/GYN Associates in Manchester, NH

 Nancy S. Clark, A.R.N.P. - Manchester OB/GYN Associates in Manchester, NH

### Nancy S. Clark, A.R.N.P.

Nancy received her Bachelor of Science in Nursing degree from St. Anselm College. She received her Master of Science in Nursing with a concentration in Maternal/Child Health from Boston College. She holds a Certificate of Advanced Graduate Study from the University of New Hampshire in Adult Primary Care. Nancy is certified as both an Adult and Women's Health nurse practitioner. Her special interests include adolescent health issues, obstetrics and infertility.

### Tracey J. Gahara, R.N.C., L.C.

Tracey received her Associate Degree in Nursing at the New Hampshire Technical School in Manchester, New Hampshire in 1993. She is a registered nurse certified in Women's Ambulatory health with a specialty in obstetrics and gynecology. She has additional training with urodynamics and biofeedback for stress urinary incontinence. Tracey is also a certified lactation consultant with an interest in prenatal counseling.

 Tracey J. Gahara, R.N.C., L.C. - Manchester OB/GYN Associates in Manchester, NH

 Alison Palmer, APRN - Manchester OB/GYN Associates in Manchester, NH

### Alison Palmer, APRN

Alison has worked much of her career in high risk obstetric settings, and has her certification as a women's health nurse practitioner. She received her undergraduate and graduate nursing degrees from Boston College. As the perinatal mental health nurse coordinator at Elliot Hospital she established and operates the organization's Postpartum Emotional Support Program and Perinatal Mood Disorder Taskforce. As a member of AWHONN and the NH State Coordinator for Postpartum Support International, Alison's clinical focus is to improve awareness of perinatal mental health initiatives and relative evidenced-based practice among nurses, obstetric, and pediatric health providers in the community. She has been funded by grants awarded from the Endowment for Health to develop and implement a standard of care for perinatal mood disorders within the Elliot Health System. Her clinical subspecialty skills in reproductive mental health complement her

comprehensive approach to caring for women in general health promotion, gynecological disorders, pregnancy, postpartum, infertility, perinatal loss, and the transition to menopause.

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