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# Paula H. Bednarek, MD

# Obstetrics & Gynecology Portland, OR

Assistant Professor, Obstetrics & Gynecology, Oregon Health and Science University School of Medicine

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Dartmouth-Hitchcock Medical Center Residency



Northwestern University Feinberg School of Medicine MedicalSchool

## Certifications & Licensure



WA State Medical License 2004 - 2020



OR State Medical License

2004 - 2019

American Board of Obstetrics and Gynecology Obstetrics & Gynecology

Awards, Honors, & Recognition

Fellow (FACOG)

American Congress of Obstetricians and Gynecologists

### Clinical Trials

The Effect of Nitroglycerin on the IUD Insertion Experience in

Nulliparous Women: a Pilot Study Start of enrollment: 2011 Dec 01

Bednarek, P.H.

Refining Paracervical Block Techniques for Pain Control in First

Trimester Surgical Abortion Start of enrollment: 2011 Oct 01 Bednarek, P.,Hodge, S.,Stull, L.

The Effect of Intracervical Lidocaine Injection Versus Topical Lidocaine Gel on the Pain Experienced by Patients Undergoing Tenaculum Application to the Cervix at the Time of an Office Gynecologic Procedure

Start of enrollment: 2011 Sep 01 Bednarek, P.,Goldthwaite, L.M.

The Effect of Nitroprusside on the IUD Insertion Experience in

Nulliparous Women: a Pilot Study Start of enrollment: 2010 Dec 01

Bednarek, P.

Immediate Versus Delayed IUD Insertion Following Suction Aspiration Between 5 and 12 Weeks Gestation: a Randomized Trial

Start of enrollment: 2007 May 01

Bednarek, P.H.

### Publications & Presentations

#### PubMed

TelAbortion: evaluation of a direct to patient telemedicine abortion Service in the United States.

Raymond, E., Chong, E., Winikoff, B., Platais, I., Mary, M., Lotarevich, T., Castillo, P. W., Kaneshiro, B., Tschann, M., Fontanilla, T., Baldwin, M., Schnyer, A., Coplon, L., Math... > ; Contraception. 2019 Jun 07

Early first trimester uteroplacental flow and the progressive disintegration of spiral artery plugs: new insights from contrast-enhanced ultrasound and tissue histopat...

Roberts, VHJ., Morgan, T. K., Bednarek, P., Morita, M., Burton, G. J., Lo, J. O., Frias, A. E.>; Hum. Reprod.. 2017 Nov 15

Hydrocodone-acetaminophen for pain control in first-  $\Xi$  6 citations trimester surgical abortion: a randomized controlled trial.

Micks, E. A., Edelman, A. B., Renner, R., Fu, R., Lambert, W. E., Bednarek, P. H., Nichols, M. D., Beckley, E. H., Jensen, J. T.>; Obstetrics and gynecology. 2012 Oct 24

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OHSU Hospital Portland, Oregon

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