



Obstetricians & Gynecologists > NH > Manchester Obstetricians & Gynecologists > Dr. Heidi Mainz, MD

✓ Accepting new patients



## Dr. Heidi Mainz, MD

Obstetrics & Gynecology • Female • Age 48

★★★★★ 2 Reviews



### Manchester OB/GYN Associates

150 Tarrytown Rd Manchester, NH 03103

✓ Accepting new patients

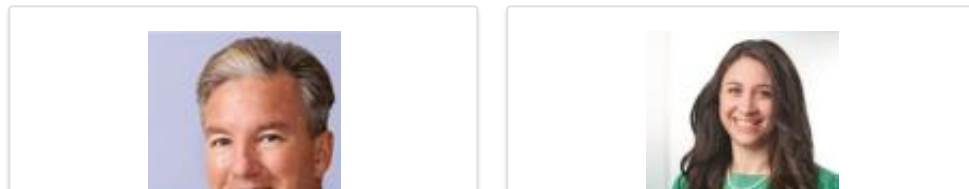
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Dr. Heidi Mainz, MD is an obstetrics & gynecology specialist in Manchester, NH and has been practicing for 19 years. She graduated from Vanderbilt U Sch Med in 1997 and specializes in obstetrics & gynecology.

Overview   Reviews 2   About Me   Locations   Hospitals

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## Dr. Mainz's Reviews

### Likelihood to recommend Dr. Mainz

5.0



Based on 2 reviews

5 Stars (2)

4 Stars (0)

3 Stars (0)

2 Stars (0)

1 Star (0)

### Leave a review

How likely are you to recommend Dr. Mainz?

Tap to rate



(Select your rating)

Average Reported Wait Time



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Explains condition(s) well



Answers questions



Time well spent

**Office & Staff Performance**



Scheduling



Office environment



Staff friendliness

**What People Say About Dr. Heidi Mainz, MD**



↩Reply



Dr. Mainz is an excellent doctor. She is competent, kind, knowledgeable, honest, the best bedside manner and spends a lot of time with her patients. I have been with her for over a dozen years. I highly recommend her to anyone. I wish more doctors were like her.

Was this helpful?



Debbie in NH – Jul 03, 2018

✖Post a ResponseAre you Dr. Heidi Mainz, MD?

Yes

No

**Leave a review**

How was your experience with Dr. Mainz?



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## About Me

### Biography

Dr. Heidi Meinz, MD is an obstetrics & gynecology specialist in Manchester, NH and has been practicing for 19 years. She graduated from Vanderbilt U Sch Med in 1997 and specializes in obstetrics & gynecology.

### Specialties

Obstetrics & Gynecology

### Board Certifications

Obstetrics & Gynecology

[Learn why a board certification matters](#)

### Education

2001

Women Infants Hosp, Brown U  
Residency Hospital

1997

Vanderbilt U Sch Med  
Medical School

1993

Harvard Medical School  
Undergraduate School

### Awards



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Search for your insurance provider

Dr. Meinz accepts

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Dr. Meinz accepts the following insurance:

**Aetna**

Aetna HMO

Choice Plus POS II

**Blue Cross Blue Shield**

Blue Card PPO

**Blue Cross Blue Shield of Louisiana**

BlueConnect HMO

**Blue Cross Blue Shield of Massachusetts**

Preferred Blue PPO

**Cigna**

Cigna HMO

Cigna PPO

Open Access Plus

**First Health (Coventry Health Care)**

First Health (Coventry Health Care) PPO

**Harvard Pilgrim Health Care**

Harvard Pilgrim Health Care PPO

**MultiPlan**

MultiPlan PPO

PHCS Network PPO

**Tufts Health Plan**

Tufts PPO



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Healthgrades does not collect malpractice claims information for New Hampshire

No disciplinary actions found for the years we collect data

No board actions found for the years we collect data

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### Experience Check

Check Dr. Mainz's experience treating your condition or procedure

Dr. Mainz's Top Procedures and Conditions

Treatment Frequency



Human Papillomavirus DNA Testing  
very high



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Menstrual Disorders (incl. Dysmenorrhea)  
very high

very high

**TREATMENT FREQUENCY**

Dr. Mainz treats Menstrual Disorders (incl. Dysmenorrhea) more than 98% of her peers

Dr. Mainz treats this condition more than 98% of her peers

Rating Includes other areas of care:

- Abnormal Menstruation
- Excessive Menstrual Bleeding
- Menstrual Cramps
- Premenstrual Dysphoric Disorders
- Premenstrual Syndrome

[Hide other areas of care](#)



Sexually Transmitted Infections Screening  
very high



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very high

**TREATMENT FREQUENCY**

Dr. Mainz performs Sexually Transmitted Infections Screening more than 95% of her peers

Dr. Mainz performs this procedure more than 95% of her peers

**[Learn more about experience ratings](#)**

Dr. Mainz's conditions and procedures:

- Abdominal Disorders
- Abscess or Cyst Drainage or Aspiration
- Abscess or Fluid Incision and Drainage
- All Headaches (incl. Migraine)
- Asymptomatic Post-Menopausal Status
- Atrophic Vaginitis
- Bacterial Sepsis
- Bleeding Disorders
- Blood Disorders
- Blood Disorders in Pregnancy
- Bone Disorders
- Brain Disorders

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Cervical Cancer  
Cervical Polyps  
Cervicitis  
Chronic Pelvic Pain  
Coagulation Defects in Pregnancy and Postpartum  
Colpopexy  
Colporrhaphy  
Colposcopy  
C-Section  
Destruction or Excision of Lesion of Cervix (incl. LEEP)  
Destruction or Excision of Vaginal Lesions  
Dilation and Curettage  
Encounters for Normal Pregnancies  
Endocervical Curettage  
Endometriosis  
Female Infertility  
Fetal Cardiac Monitoring  
Fluid Contrast Ultrasound  
Genitourinary Tract Infections in Pregnancy  
Gestational Diabetes  
Gonorrhea Screening  
Gynecologic Cancer  
Hemorrhoids  
High Risk Pregnancy  
HPV (Human Papillomavirus)  
Human Papillomavirus DNA Testing  
Hyperlipidemia  
Hypertension  
Hypertension Complicating Pregnancy, Childbirth and Postpartum  
Hysterectomy - Laparoscopic  
Hysterectomy - Open  
Hysteroscopy  
Intrauterine Growth Restriction  
Laparoscopic Surgical Procedure  
Mastodynia  
Maternal Anemia

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Noninflammatory Cervical Disorders  
Osteopenia  
Osteoporosis  
Osteoporosis Screening  
Ovarian Cancer  
Ovarian Cysts  
Pap Smear  
Pap Smear Abnormalities  
Perimenopause  
Polycystic Ovarian Syndrome  
Postpartum Depression  
Preeclampsia  
Pregestational Diabetes Mellitus  
Pregnancy Test  
Pregnancy Ultrasound  
Pregnancy-Related Disorders  
Rectovaginal Fistula  
Removal of Reproductive Organs (Hysterectomy, Oophorectomy, Salpingectomy, Salpingo-  
Oophorectomy, Resection of Peritoneal Malignancy)  
Sexual Dysfunction  
Sexually Transmitted Diseases (STDs)  
Sexually Transmitted Infections Screening  
Smoking Cessation Counseling  
Symptomatic Menopause  
Syphilis Infections  
Thrombosis  
Thyroid Screening  
Trichomoniasis Screening  
Urinary Disorders  
Urinary-Genital Tract Fistula, Female  
Uterine Cancer  
Uterine Diseases  
Uterine Fibroids  
Uterine Prolapse  
Vaginal and Pelvic Prolapse  
Vaginal Cancer

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Vulvectomy  
Yeast Infections

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## Locations

### Manchester OB/GYN Associates

Manchester OB/GYN Associates  
150 Tarrytown Rd Manchester, NH 03103



[Call](#)

[Fax](#)

[Directions](#)

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## Affiliated Hospitals

Check the quality of care at hospitals where Dr. Meinz treats patients.

[Learn more](#)

### Elliot Hospital

Manchester, NH

**67%** Patient experience rating 2% lower than the national average

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[See all Obstetricians & Gynecologists in Manchester, NH](#)



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**Providers by Specialty**

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