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## ***Our OB GYN Doctors***

### **Proudly Serving the Salem, Manchester, & Windham, NH Areas**

#### **Wayne L. Goldner, M.D.**

Dr. Goldner received his Bachelor of Science in Biology, Summa Cum Laude, at Brooklyn College of the City University in New York. In 1978 he earned his Medical Degree at the University of Pennsylvania in Philadelphia and went on to complete his four year residency in Obstetrics and Gynecology at Bay State Medical Center in Springfield, Mass. In July, 1982 he joined Dr. Robert Lord and has continued to practice exclusively at Manchester Ob/Gyn Associates since that time. He provides comprehensive services in gynecology, infertility, menopause and family planning. His interests include in office care of heavy menses, cervical dysplasia, vulva and sexual disorders and the provision of abortion services.



Goldner.jpg

Dr. Goldner is Board Certified by the American Board of Obstetrics and Gynecology, is a Fellow of the American College of Obstetricians and Gynecologists and a member of the National Abortion Federation. Outside of work he spends time with his wife and family, is vocal on the protection of reproductive rights and enjoys many hobbies including scuba diving, biking, hiking, snowshoeing, traveling and playing the piano.

#### **Jennifer M. Donofrio, M.D.**

Dr. Donofrio received her Bachelor of Science in Biology from the College of William and Mary in Williamsburg, Virginia. She received her medical degree from the Medical College of Virginia in Richmond. Her residency training was completed at the Carilion Roanoke Community Hospital in Roanoke, VA. She enjoys providing full range of women's health care from well women care to infertility and high risk obstetrics. Her surgical interests include minimally invasive laparoscopic procedures and vaginal surgery including repair of urinary incontinence and pelvic support. She offers in office Essure tubal occlusion and Novasure endometrial ablation.



Donofrio.jpg

Most recently she received additional training to bring medical facial aesthetic procedures to our office including the use of Botox/Dysport, as well as, facial fillers to improve the signs of aging and enhance her patients' natural beauty.

Her personal interests include telemark skiing, cycling and cooking. She enjoys exposing her 2 daughters to the joys of living in New Hampshire.

## Gary A. Wasserman, M.D.



Wasserman.jpg

Dr. Gary Wasserman received his Bachelor of Arts in Psychology and his Medical Degree from the State University of New York. He completed his residency at Baystate Medical Center in Springfield, Mass. Dr. Wasserman is Board Certified and is a Fellow of the American college of Obstetricians and Gynecologists. He is also a member of the Resolve, Inc. and American Association of Gynecologic Laparoscopy. He has been named Top Doctor for 2005, 2007-2009, and 2012-2013 in the NH Magazine. He has an interest in gynecology, with special emphasis on pelvic surgery, infertility, and endometriosis. He also has an interest in pelvic reconstruction and uro-gynecology. He is certified by the Accreditation Council for Gynecologic Endoscopy in both advanced laparoscopy and hysteroscopy.



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## Heidi L. Mainz, M.D.

Dr. Mainz received her Bachelor of Science in Biochemistry at Harvard University. She then completed her medical degree at Vanderbilt University in Nashville, TN. Dr. Mainz' residency training was done at Women and Infants Hospital (Brown University) in Providence. She offers a full spectrum of obstetric care from preconception planning to high risk pregnancy management. Other areas of interest include infertility evaluation and treatment, in office surgical management of heavy periods, and management of abnormal Pap smears and cervical dysplasia. In addition, she is experienced in all aspects of gynecology including minimally invasive surgery and out-patient surgical treatment of urinary incontinence. She lives in Bedford with her husband and 3 children.

## Brenna Stapp, D.O.



Stapp.jpg

Dr. Stapp graduated from Ithaca College in New York with an honors degree in Biology and a minor in Spanish. She then completed her medical education at the University of Medicine and Dentistry of New Jersey School of Osteopathic Medicine. She went on to serve her four years of residency in OB/GYN at the University of Connecticut in Farmington, CT. She is a member of the American College of Obstetricians and Gynecologists, as well as of the American Association of Gynecologic Laparoscopists. Her medical interests include minimally invasive gynecologic surgery including, robotically assisted hysterectomy. She is dedicated to providing women continuity of care throughout the various stages of their lives, from adolescence through menopause. Outside the hospital, she loves running, crocheting, travelling with her husband and spending time with her family.

## **Jillian Dulac, M.D.**

Dr. Dulac graduated from The College of the Holy Cross in Worcester, MA, with a Bachelor of Arts degree in Biology with a concentration in Biological Psychology. She went on to complete her Medical Degree at Dartmouth College in Hanover, NH. Dr. Dulac received her residency training at the University of Connecticut in Farmington, CT and is a member of the American College of Obstetricians and Gynecologists. She provides obstetrics and gynecological care for women of all ages and enjoys forming lasting relationships as her patients' needs evolve. Dr. Dulac's interests include all aspects of obstetrics from preconception planning to high risk obstetrics, as well as minimally-invasive laparoscopic and robotic gynecologic surgery. Outside of work she loves to travel, ski, and spend time with her family.

## **Joshua Nathan, M.D.**

Dr. Nathan received his bachelor's degree in history from the University of Arizona in 2000. He graduated from medical school at George Washington University in Washington, D.C. He then traveled to Seattle, Washington for his residency in Obstetrics & Gynecology at the University of Washington in 2008. He is a board certified by the American College of Obstetrics and Gynecology (ACOG) and worked from 2008 through January 2016 in a busy full scope OB/GYN practice in the Seattle area.



Nathan.jpg

He enjoys offering a full spectrum pregnancy care. He is interested in minimally invasive gynecologic surgeries including vaginal and laparoscopic hysterectomy, treatments for urinary incontinence and pelvic organ prolapse. Dr. Nathan is trained in office-based surgical procedures such as endometrial ablation and sterilization with Essure. While he offers a full spectrum of surgical treatments, he also enjoys the opportunity to explore non-surgical options for various medical conditions whenever possible. He has an interest in preventative medicine with a focus in obtaining and maintaining a healthy lifestyle during pregnancy and in the pre- and post-menopausal years. He encourages his patients to empower themselves with education about their medical concerns to allow for collaborative care planning.

Dr. Nathan's personal interests include spending time with his wife and 2 children as well as hiking, camping, skiing, cooking, and playing the mandolin.