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Taida Jamour Wolfe MD

**Obstetrics & Gynecology
Wilmington, DE**

Female - 10 Years Experience

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About Gynecology and Obstetrics

What is obstetrics and gynecology?

Obstetrics and gynecology focuses on the overall health of the female reproductive system, as well as [healthy pregnancies](#). They also are involved in lactation.

What services does an OB-GYN (obstetrician and gynecologist) offer?

An OB-GYN provides obstetrics and gynecology care for women throughout life, including teen years, menopause, as well as prenatal/perinatal and postpartum care for pregnant women. They complete a four-year

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Medical School Attended:

tufts university school of medicine

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Year of Graduation:

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Dr. wolfe received medical licensing as follows:

Medical License:

Recieved in 2009

State Medical License:

Issued in the state of Michigan

Dr. wolfe accepts insurance from these companies:

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residency that includes surgical as well as medical training. Although trained in both disciplines, these specialists may practice obstetrics and gynecology (using the "OB-GYN" notation), or practice either obstetrics or gynecology exclusively.

When would I visit an OB-GYN, and what services does an OB-GYN provide?

A woman should visit an OB-GYN annually from the time of her first period, or when she is experiencing any discomfort in the form of [pelvic pain](#), irregular periods, [painful or heavy periods](#), pregnancy, or symptoms of menopause. Pelvic pain is a potentially serious symptom that may indicate [endometriosis](#), [ovarian cysts](#), or [uterine fibroids](#).

The main role of an obstetrician and gynecologist is to ensure the female reproductive organs are working properly and are free of disease or abnormalities. This includes menstrual cycle abnormalities that may require medication for proper regulation. An obstetrician and gynecologist can also recommend and prescribe [birth control options](#) (pill, patch, shot, etc). Women ages 21 and older are encouraged to have an annual [Pap smear test](#) to screen for abnormal cells that could indicate an STI ([sexually transmitted infection](#)), cancer or other disease.

According to Linda Burke-Galloway, M.D., author of *The Smart Woman's Guide to a Better Pregnancy*, The American College of Gynecology now recommends that teens do not have a Pap smear test until age 21 due to the high percentage of false positives and risk of overtreatment. Gynecologists highly recommend the administration of a vaccination intended to prevent or reduce the incidence of Human Papilloma Virus (HPV), the virus that causes certain cervical cancers, in females age 9-26 years old. The vaccination has been shown to be both safe and effective.

An OB-GYN will also address premenopausal symptoms and the onset of [menopause](#), which is the absence of a period for 12 months. Premenopausal symptoms include hot flashes, moodiness, insomnia and other discomfort. Gynecologists can also be involved in care of the elderly, who may need medical and/or surgical treatment for conditions related to female organs.

If I am pregnant, when would I see an OB-GYN?

If you suspect or know you are pregnant, it is best to make an appointment with your OB-GYN as soon as possible. Your OB-GYN will determine pregnancy by either a urine or blood test, and estimate the approximate date of conception with a dating ultrasound, if approved by insurance.

According to Burke Galloway, most insurance companies are now restricting ultrasounds to the second trimester (18-20 weeks) to determine both the anatomy of the baby (to make sure the organs are developing properly) and to determine how far along the woman is in her pregnancy. After establishing a due date, your OB-GYN will schedule monthly prenatal care visits to 28 weeks of pregnancy. Visits will then be scheduled every three weeks until 32 weeks, every two weeks until 36 weeks, and then weekly until time of delivery.

Related Articles:

- [Do You Need a Pap Test Every Year?](#)
- [Your Top 10 OB-GYN Questions Answered](#)
- [Practical Remedies for Menopause Misery](#)

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