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"Forty years later, for me, the miracle of birth never ceases to amaze and I enjoy the lifelong relationships I have formed with many of my patients."

Steven R. Berkman, M.D., FACOG, FACS is both an inspired and inspiring obstetrician/gynecologist. "I never had anything else in my mind other than to become a physician," says Dr. Berkman. "I didn't come from a family of

physicians but this is just what I always knew I wanted to do. Forty years later, for me, the miracle of birth never ceases to amaze and I enjoy the lifelong relationships I have formed with many of my patients."

"Patients put their faith in you, their trust," says Dr. Berkman. "They tell you their most intimate details. You are delivering their babies. You are helping to guide their health through the post-menopausal stage as they go through an important life transition. My rapport with patients can be lifelong."

Dr. Berkman, an Old Bridge resident, completed his medical education at Emory University, SUNY Downstate Medical Center and SUH-Kings County Hospital.

Always an educator, Dr. Berkman is currently an Assistant Professor in the Department of Obstetrics, Gynecology and Reproductive Sciences at the University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School and an Adjunct Professor at Seton Hall University. He has also taught at HoHoKus School of Business and Medical Sciences and SUNY Downstate Medical Center.

"As a physician, I love sharing the knowledge I've accumulated over forty years," says Dr. Berkman. "I also never stop learning. Medical education shouldn't just stop when you graduate from medical school. I am constantly learning new skills, new techniques, and new knowledge. There's always something new on the horizon." Dr. Berkman serves as a mentor and guest lecturer to many medical students.

Just how many babies Dr. Berkman has delivered remains unknown. "I stopped counting years ago but it must be up there in the thousands. I am an obstetrical grandfather," says Dr. Berkman. "I have delivered babies of babies I've delivered. I have seen my patients through marriages, divorces and widowhood. Many stay with me through their transition years after menopause." Dr. Berkman has been on staff at Raritan Bay Medical Center since 2005.

Dr. Berkman counts himself as one of the luckiest men alive. "Call me at 3:00 a.m.," says Dr. Berkman, "and I am happy to go to work."

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