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Division of General Internal Medicine

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Melanie A. Gold, DO

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Education

AB, Smith College, 1984

DO, New York College of Osteopathic Medicine, 1988

Training

Osteopathic Rotating Internship, Delaware Valley medical Center, 1989

1989

Pediatric Residency, University of Maryland Medical System, 1992 Adolescent Medicine Felloship, Montefiore Medical Center, 1995

Area of Specialization/Research Interest

Use of the Transtheoretical Model and Motivational Interviewing to prevent teen pregnancy/STDs

Advance provision of emergency contraception

Impact of Depo-Provera on Bone mineral density Long term impact of hypnotherapy on youth

Tobacco cessation in youth

Depression in youth

Profile

Dr. Melanie A. Gold is a Clnical Associate Professor in the Department of Pediatrics, Division of Adolescent Medicine at the University of Pittsburgh School of Medicine and in the Department of Behavioral and Community Health Sciences at the Graduate School of Public Health. She is also a staff physician and the Coordinator of Research at the University of Pittsburgh Student Health Service. She is a certified specialist in Pediatrics with sub-specialty certification in Adolescent Medicine by the American Board of Pediatrics. She served on the Executive Committee of the American Academy of Pediatrics Section on Adolescent Health for 6 years and was a Consultant to the U.S. Department of Health and Human Services' Office of Population Affairs for 9 years. Her research interests lie in the areas of adolescent sexuality and contraceptive behaviors and the use of Motivational Interviewing for health behavior change.

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