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Career Networking Event

On April 4, medical students and alumnae came together in the Armstrong Medical Education Building for an evening of networking and mentorship during the spring Career Networking Event. The theme for the event was "Women in Medicine."

Thank you to the following alumnae for donating their time and knowledge for this event.

- [Gail Berkenblit, Ph.D., M.D. '98](#)
- [Carole Fakhry, M.D. '03, M.P.H. '06](#)
- [Michelle Fox, M.D. '97, M.P.H., FACOG](#)
- [Elisabeth B. Marsh, A&S '03, M.D. '07](#)
- [Redonda Miller, M.D. '92, M.B.A. '04](#)
- [Diane Orlinsky, M.D. '93](#)
- [Michele Shermak, M.D. '92](#)
- [Lee Snyder, M.D. '99](#)
- [Sarah Tighe, M.D. '07](#)
- [Megan Tschudy, M.D. '06](#)
- [Kathryn Wagner, M.D./Ph.D. '94](#)



This event was sponsored by the School of Medicine Development and Alumni Relations Office, The Johns Hopkins Medical and Surgical Association and The Johns Hopkins University Alumni Association.

If you're a local alumnus interested in participating in future Career Networking Events, please contact Jenni Hunt at JHMalumni@jhmi.edu.

View past [Career Networking Events](#).



"Women in Medicine" Alumnae Bios



Gail V. Berkenblit

Dr. Gail Berkenblit is currently Assistant Professor of Medicine at the Johns Hopkins University School of Medicine. Dr. Berkenblit received her undergraduate degree from MIT in 1990. She began her medical training in the Health Sciences and Technology joint program between Harvard and MIT. She completed her Ph.D. in the division of Cell and Developmental Biology at Harvard, discovering the role of homeobox genes in uterine development and embryo implantation. She completed medical school and residency training in internal medicine at Johns Hopkins. Dr. Berkenblit joined the faculty as a clinician educator in the division of general internal medicine. She is actively involved in the Osler residency training program and is an Associate Program Director in charge of the ambulatory clinical experience. Dr. Berkenblit's research interests focus on training physicians in HIV testing and care. Dr. Berkenblit has an active clinical practice in general Internal medicine and also in the Moore Clinic providing HIV care. She has been the educational chair

for a CDC grant promoting HIV testing among PCPs and has recently been named the Chairman of the Society for General Internal Medicine's AIDS Task Force. Dr. Berkenblit is married to an orthopedic surgeon and has one daughter, age five.

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Carole Fakhry

Speciality: Otolaryngology

Residency, Otolaryngology, JHH
Assistant Professor of Otolaryngology, JHU
Research in HPV-associated head and neck squamous cell cancer

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Michelle Fox

Michelle C. Fox, M.D., M.P.H., FACOG, is committed to providing excellent comprehensive care for women of all ages. She maintains a general practice in obstetrics and gynecology, and offers medical and surgical management for a variety of women's health care needs.

In addition to patient care, Dr. Fox is active in both teaching and clinical research. She has participated in several research trials and published papers involving advances in contraception, miscarriage and family planning. She is committed to teaching patients, students and practicing clinicians about contraception and family planning options.

Dr. Fox earned a medical degree at The Johns Hopkins University School of Medicine. She completed residency training in obstetrics and gynecology at Beth Israel Deaconess Medical Center (Harvard Medical School), followed by a fellowship in family planning at Magee-Women's Hospital (University of Pittsburgh). Dr. Fox also earned a master's degree in public health at the University of Pittsburgh.

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Elisabeth B. Marsh

Elisabeth B. Marsh, M.D., is a cerebrovascular fellow (PGY 5) in the Johns Hopkins University Department of Neurology. She received her undergraduate degree from the Johns Hopkins University and medical degree from the Johns Hopkins University School of Medicine. During her neurology residency, also at Johns Hopkins, she received extensive training in the diagnosis and management of acute stroke patients. Her research interests include reorganization and recovery following stroke and she has been a member of a laboratory studying aphasia and hemispatial neglect following stroke for the last eight years. In 2010, she received an R25 Research Training Grant through the NIH/NINDS and has spent the last two years investigating the factors that predict likelihood of intracranial hemorrhage in patients with acute stroke who are placed on anticoagulation. She will be joining the Johns Hopkins Neurology Department as an assistant professor in the fall of 2012 and is currently using the preliminary data from her R25 to apply for a K23 Award through the NIH/NINDS.

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Redonda Miller

Dr. Redonda Miller is Vice President for Medical Affairs at the Johns Hopkins Hospital. She leads the functions of the medical staff and serves as the hospital's chief medical officer. She provides leadership for programs, including Medical Staff Administration, Pharmacy, Medical Records, Hospital Epidemiology and Infection Control, Pastoral Care, and Patient Safety. As the hospital's patient safety officer, Dr. Miller spearheads efforts to advance patient safety and coordinates the activities of the departmental physician advisors in collaboration with the hospital's chiefs of service in support of safety, service, and quality improvement initiatives across the hospital. Dr. Miller is an Associate Professor of Medicine in the Department of Medicine at the Johns Hopkins University School of Medicine.

Dr. Miller received her medical degree from the Johns Hopkins University School of Medicine with election to Alpha Omega Alpha and took her internship and residency on the Osler Medical Service at Johns Hopkins. Before joining the faculty, she was appointed as an Assistant Chief of Service (chief resident). Dr. Miller completed her M.B.A. at Johns Hopkins in 2004, and prior to becoming Vice President for Medical Affairs, she served as Vice Chair for Clinical Operations for the Department of Medicine. In this role, she helped oversee all aspects of clinical care for departmental faculty members. Her work included projects in safety and quality improvement, billing compliance, and various clinical initiatives.

Dr. Miller has focused her academic career on medical education and women's health. She lectures widely and writes on mid-life women's health topics, including osteoporosis and menopause. Dr. Miller directs the Johns Hopkins Internal Medicine Board Review Course and is a founding editor of the Johns Hopkins Internal Medicine Board Review book and DVD Lecture Series. She has published more than 35 book chapters and manuscripts. Dr. Miller is a fellow of the American College of Physicians, and she actively participates in the national Society of General Internal Medicine, having served on the National Meeting Program Committee, as Chair of the Development Committee and, most recently, as national Treasurer.

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Diane Orlinsky

Dr. Diane Orlinsky is an Assistant Professor of Internal Medicine at The Johns Hopkins University School of Medicine. She received her undergraduate degree from Columbia College and her medical degree from The Johns Hopkins University School of Medicine. She completed residency training in both internal medicine and dermatology at The Johns Hopkins Hospital. Currently, Dr. Orlinsky is in private practice with Dr. Eva Simmons-O'Brien, a Johns Hopkins Hospital faculty member, in Towson, Maryland. Dr. Orlinsky is a Fellow of the American Academy of Dermatology, and is a member of the American Society for Dermatologic Surgery, the Women's Dermatologic Society, and the Alpha Omega Alpha Honor Society. She has served as the Alpha Omega Alpha Councilor for Johns Hopkins Medical School, and is currently Secretary of the Board of The Johns Hopkins Medical and Surgical Alumni Association as well as a Vice-Chair for Maryland's chapter of the Derm Foundation. She currently lives in Baltimore City with her husband and four children.

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Michele Shermak

A native of Baltimore, Dr. Shermak was the first to finish a combined residency program in general and plastic surgery at The Johns Hopkins Hospital. She is a Fellow of the American College of Surgeons, Board Certified in Plastic Surgery and an active member in the American Society of Plastic Surgery (ASPS) and the American Society of Aesthetic Plastic

Surgery (ASAPS). Dr. Shermak represents the American Board of Plastic Surgery, examining candidates for board certification.

Dr. Shermak has become nationally known for her work with breast and body lifting procedures and work with post-pregnancy and massive weight loss patients. She presents at national and international meetings, and has authored many publications in the field of plastic and reconstructive surgery, defining her as a leader in the plastic surgery world. This year marked the culmination of all of this work with the launch of Dr. Shermak's surgical atlas focusing on breast and body contouring surgery, published by McGraw Hill in New York.

After a tenure of 22 years at Johns Hopkins since beginning medical school, Dr. Shermak transitioned into private practice in Lutherville, Md. She remains on part-time faculty and maintains her academic affiliation with Johns Hopkins School of Medicine to continue on with her interests in teaching and research.

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Lee Snyder

After graduating with an undergraduate degree from The Wharton School of the University of Pennsylvania, Dr. Lee Snyder moved to Baltimore to attend the Johns Hopkins School of Medicine. She remained at Hopkins for a residency in ophthalmology and a fellowship in cornea and external disease at the Wilmer Eye Institute. Dr. Snyder currently practices at Crossroads Eye Physicians in Owings Mills, Maryland, where she enjoys providing a high level of individualized care in a patient-centered environment and mentoring medical students and residents as a part-time faculty member at Hopkins.

While a medical student and resident, Dr. Snyder held leadership roles within Med Chi, the Maryland State Medical Society, and she has remained active in organized medicine. She is the treasurer of the Maryland Society of Eye Physicians and Surgeons, and has co-chaired their annual scientific meeting for the past two years. She is a member of the American Academy of Ophthalmology and a Fellow of the American College of Surgeons. When she is not caring for her own patients, she enjoys operating with her father, also an ophthalmologist, as well as spending time with her young son and her husband, a urologist in private practice.

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Sarah Tighe

Sarah K. Tighe, M.D. is a clinical and research fellow within the Division of Geriatric Psychiatry and Neuropsychiatry at the Johns Hopkins University School of Medicine Department of Psychiatry and Behavioral Sciences. Dr. Tighe graduated with a B.A. in Chemistry from Vassar College and received General and Departmental Honors. She received her medical degree from the Johns Hopkins University School of Medicine where she was elected to Alpha Omega Alpha and named the W. Barry Wood Medical Research Scholar. In 2011, she completed her psychiatry residency at Johns Hopkins and served as Chief Resident during her final year of training. After residency, Dr. Tighe entered a combined clinical and research fellowship at Johns Hopkins. As a fellow, she participates in the NIA-funded T32 grant in Age-Related Cognitive Disorders. She is receiving additional clinical training in neuropsychiatry, with a focus on geriatric neuropsychiatry. Following fellowship, she will be eligible for the Behavioral Neurology and Neuropsychiatry certification through the United Council for Neurological Subspecialties. Dr. Tighe's primary research interest is to study the pathophysiology of depression in patients with late-life cognitive disorders using complementary neuroimaging and neuropathology techniques. She has applied for a Junior Investigator's grant from the National Alzheimer's Coordinating Center to support her research efforts. She plans to use her data collected in residency and fellowship to apply for a K-Award from the NIH. Dr. Tighe's long-term goal is to become an academic clinician-scientist within the field of geriatric neuropsychiatry.

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Megan M. Tschudy

Megan M. Tschudy, M.D., is a General Academic Pediatric Fellow at the Johns Hopkins University School of Medicine. Dr. Tschudy graduated from Amherst College with Distinction in Neuroscience and Alpha Omega Alpha (AOA) from the Johns Hopkins School of Medicine where she received the Harrison Award for Outstanding Proficiency and Potential in Pediatrics. She subsequently completed a residency in Pediatrics and served as Pediatric Chief Resident at Johns Hopkins. She will complete her Master's in Public Health (MPH) concentrating in health disparities at the Johns Hopkins Bloomberg School of Public Health in May 2012.

Dr. Tschudy is the co-editor of the Harriet Lane Handbook, 19th Edition which is one of the most widely used pediatric handbooks nationally and internationally. Her research interests include implementing and evaluating innovative medical education curricula, home visitation, improving the quality of the family-centered medical home, and decreasing child health disparities. She is the recipient of an NIH Loan Repayment Program (LRP) in Disparities Research and a 2012 Bright Futures Academic Pediatric Association (APA) Young Investigator Award. She is actively involved in medical student and pediatric resident education and works clinically as a teaching attending in an urban academic primary care pediatric clinic serving a low-income, racially diverse population. Dr. Tschudy is an active member of the Academic Pediatric Association (APA) and serves on the APA Executive Research Committee.

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Kathryn Wagner

Kathryn Wagner obtained her undergraduate degree from Yale University, graduating summa cum laude with honors in Biology. She was accepted into the NIH-funded, Medical Scientist Training Program and obtained her M.D. and Ph.D. at Johns Hopkins. Her thesis work in the laboratory of Richard Haganir, Ph.D. included the original cloning and characterization of the dystrophin-associated protein, dystrobrevin. She then completed her residency in neurology and neuromuscular fellowship at Johns Hopkins. She went on to complete a clinical neurogenetics fellowship with Kenneth Fischbeck, M.D. at the National Institutes of Health with whom she conducted the first clinical trial attempting to suppress nonsense mutations in Duchenne muscular dystrophy patients. In 2000, Dr. Wagner joined the faculty at Johns Hopkins where she is currently an Associate Professor in the Departments of Neurology and Neuroscience.

Dr. Wagner is devoted to the care of those with muscle disease. She is currently the Director of the Center for Genetic Muscle Disorders at the Kennedy Krieger Institute which includes a multidisciplinary clinic addressing the multiple medical, environmental and social issues affecting these individuals.

Dr. Wagner's laboratory and clinical research focuses on developing methods to promote muscle regeneration for the patients she serves. Her approach has been to attempt to understand and modulate the various interacting factors that govern muscle cell processes such as activation, proliferation and differentiation. A major emphasis has been on modulating myostatin, a potent regulator of muscle growth. Along with Se-Jin Lee, M.D., Ph.D., she has shown that myostatin inhibition improves several of the features of the dystrophic mouse models and that loss of myostatin in humans is associated with increased muscle mass. More recently, Dr. Wagner's laboratory has shown that inhibition of myostatin stimulates muscle stem cells, dramatically improving muscle regeneration and blocks proliferation of fibroblasts, reducing scar tissue formation. This work has rapidly translated into the development of novel potential therapeutic agents for muscular dystrophy which are now in clinical trials. Dr. Wagner conducts clinical trials in Duchenne, Facioscapulohumeral, Becker and Limb Girdle Muscular Dystrophies. The goal of her research program is to bring additional novel therapeutic agents to clinical trials to promote regeneration in chronic muscle disease. She is a scientific advisor to the FSH Society Inc., Parent Project Muscular Dystrophy, TREAT-NMD Advisory Committee for Therapeutics and the Musculoskeletal Committee chair-elect of the American Society of Gene and Cell Therapy.

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Previous Career Networking Events

- [December 7, 2011](#), featuring alumni in private practice