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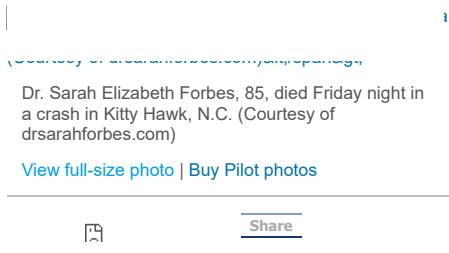
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Prominent Newport News doctor dies in N.C. crash

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By Elisabeth Hulette
The Virginian-Pilot
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CURRITUCK COUNTY, N.C.

A prominent Newport News doctor and Outer Banks land owner died in a car crash Friday.

Dr. Sarah Elizabeth Forbes, 85, was driving south on Route 158 in Currituck County, about 20 miles away from Kitty Hawk, when she struck a tractor driving slowly in the road ahead of her, said Sgt. Jeff Wilson with the North Carolina State Highway

Patrol.

She was driving an H2 Hummer and struck the disc that the tractor was pulling behind it, he said. The four cocker spaniels that were in the car with her were released to animal control. Friends of Forbes picked them up that night. They may have distracted her while she was driving, Wilson said.

The driver of the tractor wasn't hurt.

Forbes was the first female physician to open a private OB/GYN practice in Newport News, and was the owner of the Women's Complete Health Care center, according to her [biographical website](#).

She was a leader in the Boys and Girls Clubs of the Virginia Peninsula, the Virginia Peninsula Academy of Medicine, the Newport News Chapter of the American Cancer Society, and the Peninsula Society for the Prevention of Cruelty to Animals. She also owned a group of rental properties in the Outer Banks.

Debbie Hamilton of Yorktown, a longtime family friend, called Forbes "amazing."

"She was a wonderful person, the most remarkable person I've ever met," Hamilton said. "Very talented, very passionate, a lot of interests and a lot of capabilities."

Karen Santos, who worked for Forbes' rental company, said Forbes had just retired from Women's Complete Health on May 15.

"She was a great humanitarian. She loved her animals, she was always giving to the Boys and Girls Club of Newport News, making donations," Santos said. "She was just a great humanitarian with a huge heart."

Pilot writer Lauren King contributed to this story.

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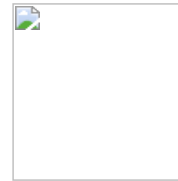
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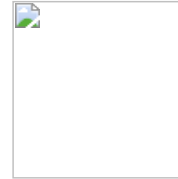
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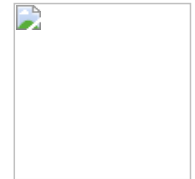
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