

My Choice Medical Center is the only private abortion practice in Los Angeles that is certified by the National Abortion Federation (NAF).

BOOK APPOINTMENT (TEL:866-397-3070)

What makes us unique?

We take pride in our reputation for being a medical facility that treats each patient with distinctive individualized care, dignity and respect. Because of this, many of our patients come to us as referrals from friends, family, doctors, hospitals, and community clinics.

- Experienced OB/GYN with over a decade experience
- Private, Comfortable and Clean facility with private rooms
- VIP Concierge Services available upon request
- Companions welcome during your visit
- Minimal to no waiting time
- One set fee. No hidden Costs.
- Same Day, Weekend, and Evening appointments Available
- Private free parking behind our facility
- Free Wi-Fi

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FAQ's

MAKING AN APPOINTMENT REGARDING ABORTION

Is it necessary to make an appointment or can I walk in?

How soon can I get an appointment?

Is everything about my appointment confidential?

Does my choice medical center accept insurance?

How much does it cost?

What happens if I need to cancel or I change my mind?

Do I have to tell you my real name?

Does my partner have to know I am having an abortion?

If I am under 18, do I need my parent's permission to have an abortion?

Medical Abortion

[How It Works?](#)

[Why Choose it?](#)

[The Risks](#)

[Surgical Abortion](#)

What is medical abortion and how does it work?

The Medical Abortion is an option to end an early pregnancy (up to 49 days after the first day of a woman, last menstrual cycle) in three steps:

1

The medication Mifepristone (also known as RU-486) which works by blocking the hormone progesterone without which the lining of the uterus breaks down and pregnancy cannot continue. This pill is given to you by either the doctor or one of our nurse practitioners, during your first clinical visit.

Some patients begin bleeding shortly after taking this pill, others do not. Whenever you do start bleeding you will start taking the antibiotics that we send you home with. We will call you that same evening to see how you are doing, ask if you have any questions or concerns, and remind you that YOU ARE NOT ALONE.

2

48 hours after taking the first pill it will be time for you to take the second medication, Cytotec. Set some time aside for you and surround yourself with whatever helps you to feel comfortable. You will have four of these pills which you will need to tuck inside of your cheeks, two on each side. You will need to let them dissolve for 20-30 minutes.

This medication will cause cramping of the uterus to expel its contents. Some women experience bleeding lighter than a period and don't notice cramps. Other women have bleeding that is much heavier than their normal period and have cramps that they find INTENSE during the expulsion phase. It is important for me to know that everything within this range is normal. Bleeding and cramps should diminish once everything is expelled. Significant cramping usually will last no longer than 24 hours. You may take up to 800 mg of Motrin every four to six hours to aid with cramping and heavy bleeding.



3

Time for your follow up visit. We will need to see you in order to make sure your abortion is complete and that you are well. We will draw blood to make sure that your hormone levels have decreased and also do a pelvic ultrasound to give you the final "A-OK."

Latest News

//11-blog/57-



24 Hour Individual Attention

Our experienced and compassionate Doctor with his medical team will support you before, during, and after the service of your choice.

CALL US TODAY (TEL:866-397-3070)

Contact Us

Our success over the past decade is based on referrals from satisfied patients who received individualized, dignified, compassionate care.

Email



Type your message...

SEND MESSAGE

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VAN NUYS LOCATION

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Van Nuys, CA, 91405

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(tel:866-397-3070)


LOS ANGELES LOCATION

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