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Reproductive Life Planning

Resource Type: Webinar Recording

Content Category: Family Planning and Reproductive Health

Intended Audience: Clinical Providers, Counselors, Health Educators, Nurses

Additional Resource

Questions?

Contact the Oakland office at 510.835.3700

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Link to Webinar

Click on the link below to view the webinar. It will open in a new window and you will have the choice to download the webinar file to your computer or play it in your web browser.

[» Play the webinar](#) (1 hr 39 min)

This webinar was recorded on December 8, 2011

About This Webinar

The Centers for Disease Control and Prevention (CDC) recommends that preconception care and reproductive life planning be incorporated into each medical visit for men and women of reproductive age. A Reproductive Life Plan (RLP) is a set of

personal goals about having or not having children, with steps to achieve those goals.

This webcast will discuss strategies to help your clients think through a RLP. Both clinical and counseling points will be covered, including example questions that can be asked during a visit.

Learning Objectives

By the end of this session, participants will be able to:

- Discuss strategies to help clients create a Reproductive Life Plan
- Define questions to assist patients in making a Reproductive Life Plan

Audience

- Clinicians, nurses, counselors, and health educators

Presenter

Patty Cason, MS, FNP-BC, is a family nurse practitioner with a speciality in gynecology. She has practiced for 29 years in a wide variety of clinical settings. She has an appointment as Assistant Clinical Professor and Lecturer at the University of California at Los Angeles (UCLA) School of Nursing. She currently works at Planned Parenthood Los Angeles and in a private practice at UCLA.

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