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Ann Marie Rahall MD

Female - 23 Years Experience

Gynecologist, Obstetrics & Gynecology

Honolulu, HI

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Specialty

Dr. Rahall specializes in the following:

Gynecologist

Sub-specialties: Obstetrics & Gynecology

Description

A gynecologist specializes in the female reproductive system (uterus, ovaries and vagina). Gynecologists are trained to treat and diagnose diseases of the reproductive system (such as cervical cancer), offer advice on birth control, evaluate menstrual-cycle and menopause issues, and perform surgeries (including hysterectomies). Women who are 18 (or earlier, if sexually active) regularly see a gynecologist for a physical exam of the uterus, vagina and pelvis, and may also see these specialists if they experience any issues in this areas. Many gynecologists are also trained as obstetricians (OBs), overseeing care of pregnant women, delivering babies and providing expertise in dealing with reproductive issues.

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Shannon Chang Eaton MD

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Honolulu, HI 96814



Jorman E Sato MD

329 LUSITANA ST STE 402
Honolulu, HI 96813

Lynette Miyoshi Furukawa MD

321 N KUAKINI ST STE 613
Honolulu, HI 96817

H Lorrin Lau MD

1010 S KING ST STE 304
Honolulu, HI 96814

Ian Paul Gehrich MD

JARRETT WHITE RD
Tripler Army Medical Center, HI 96859

Gynecology Articles

Doctor-Recommended Tips for a Healthy Heart

10 Symptoms Women Shouldnt Ignore

Medical Myths That Can Kill You

10 Foods That Help Fight Cancer

Patrick Swayzes Cancer Are Women At Risk

About Gynecologists

What is gynecology?

Gynecology focuses on the overall health of the female reproductive system. An obstetrics and gynecologist (OB-GYN) also focuses on healthy pregnancies and lactation.

Who are gynecologists, and what sort of training do

they have?

A gynecologist provides reproductive health care for women throughout life, including teen years and menopause. OB-GYNs also provide prenatal/perinatal and postpartum care for pregnant women. These specialists complete a four-year residency that includes surgical as well as medical training. Although trained in both disciplines, OB-GYNs may practice obstetrics and gynecology (using the "OB-GYN" notation), or practice either obstetrics or gynecology exclusively.

When would I visit a gynecologist, and what services does a gynecologist provide?

A woman should visit a gynecologist annually for a gynecological exam from the time of her first period, or when she is experiencing any discomfort in the form of pelvic pain, irregular periods, painful or heavy periods or symptoms of menopause, and sometimes pregnancy, although pregnant women should see an OB-GYN or obstetrics specialist. Pelvic pain is a potentially serious symptom that may indicate, infection, pregnancy, endometriosis, ovarian cysts or uterine fibroids.



The main role of a gynecologist is to ensure that the female reproductive organs are working properly and are free of disease or abnormalities. This includes menstrual cycle abnormalities that may require medication for proper regulation. A gynecologist can also recommend and prescribe birth control options (pill, patch, shot, etc.). Women ages 21 and older are encouraged to have an annual Pap smear test to screen for abnormal cells that could indicate a sexually transmitted infection (STI), cancer or other disease. According to Linda Burke-Galloway, M.D., author of *The Smart Woman's Guide to a Better Pregnancy*, The American College of Gynecology now recommends that teens do not have a Pap smear test part of their gynecological exam until age 21 due to the high percentage false positives and risk of overtreatment.

Gynecologists highly recommend the administration of a vaccination intended to prevent or reduce the incidence of Human Papilloma Virus (HPV), the virus that causes certain cervical cancers, in girls and women ages 9-26 years old. The vaccination has been shown to be both safe and effective.

A gynecologist will also address premenopausal symptoms and the onset of menopause, which is the absence of a period for 12 months. Premenopausal symptoms include hot flashes, moodiness, insomnia and other discomfort. Gynecologists can also be involved in care of the elderly who may need medical and or surgical treatment for conditions related to female organs.

Related Articles:

[Do You Need a Pap Test Every Year?](#)

[Your Top 10 OB-GYN Questions Answered](#)

[How to Stop Menopause Misery](#)



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